



# *The* **SPECTRUM**

“Achieve the wisdom of knowledge of Truth  
as this will enable you to wisely follow the Laws of The Creation.”

— A Non-Profit Educational Corporation Dedicated To Bringing You The Truth —

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NEWS REVIEW

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# Breakthrough Science Confirms

## The *HeartMath* Message:

# Your Heart Has A Mind Of Its Own!

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8/1/01 RICK MARTIN

“There is no such thing as a miracle which violates Natural Law. There are only occurrences which violate our limited knowledge of Natural Law.”

— St. Augustine

“Moving beyond what we've been able to prove through science, our theory is that the heart links us to a higher intelligence through an intuitive domain where spirit and humanness merge. This intuitive domain is something much larger than the perceptual capability of the human race has yet been able to grasp. But we can develop that perceptual capacity as we learn to do what sages and philosophers have asked us to do for ages: listen to and follow the wisdom of the heart.”

— Howard Martin, *The HeartMath Solution*

“I know in my heart it's true.” You've heard that said many times.

But have you ever considered that the heart has the ability to deliver messages throughout the entire body? Have you ever considered that the heart has the capacity to think for itself? Far-out? Impossible? As it turns out, scientific experiments over the last several decades are confirming all of these things—and much more! And the research organization called the Institute of HeartMath is at the very center of this cutting-edge discovery effort.

(Please see: *Your Heart Has A Mind Of Its Own!* p.29)

**WEB ADDRESS: [www.TheSpectrumNews.org](http://www.TheSpectrumNews.org)**

# The Ticking Time-Bomb For A Better World

As the month of August began, the always entertaining news broadcasts slipped out a little tidbit that was supposed to have the opposite spin from what effect it actually did have on many people. They said that recent statistics show nearly 1,000,000 of the 50 million school-age children are being home-schooled these days.

That's a lot of children who are developing much stronger mental abilities than are their school-system counterparts. Some of you may have noticed, for example, that routinely the top performers in national spelling contests are from home-schooled environments.

Critics have been quick to point out that social interaction and development are lacking for home-schooled children. And, as well, most home-schooling teachers (often Moms) aren't "qualified" to deal with the wide array of subject matter required for a solid educational foundation. Sound like sour grapes?

Well, some of our most demanding universities have taken the "risk" of admitting home-schooled students and watching closely what happens. What they're finding is that the home-schooled students are more independent and motivated and creative, and more likely to pass up the beer party down the hall for the guest lecture on UFOs going on that same evening in the physics department auditorium.

This is not to say that these home-schooled students are socially stand-offish. Rather, they have a keener sense of values and a desire for more mature interactions than their counterparts from the school systems who tend to worry too much about peer-group pressures, and thus more commonly exhibit an exploitable herd mentality.

My reason for bringing up this subject has a lot more to do with our front-page story, in concert with Hatonn's and Soltec's messages herein, than it has to do with the merits of home-schooling itself. After all, it's not that the school systems *couldn't* accomplish the same goal; it's just that the actual (though largely hidden) goal of the school systems is to foster easy control of the populace rather than independent thinking.

Those million or so home-schooled children and young adults are dangerously ticking "time-bombs" from the point of view of the so-called "elite" who effort to keep the public sheeple corralled under numbing mind-control. These children ask questions. They go digging with determination for their own answers. They usually don't take anything at face value since they see through the phoney façade of so much of our modern world's contrived antics.

And that's a serious enough problem to worry the control freaks, whose challenge is compounded by all the bright and fiercely independent "Indigo Children" (remember our March 2000 front-page story?) pouring into the world at this time. They're "system busters". No wonder the controllers are trying so

diligently to ram Prozac, Ritalin, and other nasty psychotropic drugs down the throats of these youngsters every day while they're a captive audience in the school systems.

But—what happens when all of these young people start to *really* tap into their formidable heart-energy abilities? Now the controllers have a very serious problem!

Think about how large the numbers get when you add-up the combined Creative Energy contributions from a bunch of home-schooled and "Indigo" children, plus so many others "young at heart" who are awakening to their innate God-Force powers that result from an alignment of "heart" and "head" energies. Wouldn't you say that's a ticking time-bomb from the point of view of those dark ones who have worked so long and hard to make planet Earth their personal kingdom of slavery?!

There is good reason we have featured Gregg Braden in the June 2001 issue of *The SPECTRUM*, and then followed-up that foundation with the HeartMath project this month. The crooks in high places have gone to great lengths, through many avenues of mind control, to gradually deteriorate our use of heart energy. They know quite well the power of the common man, should he awaken!

If I may get technical for a minute, it's not that the heart energy, by itself, is as powerful as some believe. We need heart AND head. For an analogy, consider your left and right stereo speakers. When either one is off, you have a flat-sounding presentation, possibly missing half of the total audio information from the recording source. But turn that dead speaker back on, so left and right channels are working in concert—and pow! All of a sudden there is created the awesome three-dimensional "stereophonic" sound stage.

The same is true (though on a much more magnificent scale) when the heart energy is reawakened that has been systematically "turned down" (or off) by the continual mind-control programming orchestrated by the crooks in high places. You need only compare television programs or movies today with those from back just as far as the early 1960s to observe the heart-numbing agenda of the dark controllers in full effect these days.

It's when the heart energy is turned back on, and works *in concert* with a strong head energy, that the sparks *really* begin to fly! As a large enough number of us begin operating again in full "stereophonic" mode, there can be no sinister overpowering of the good that can be manifested in this physical dimension!

*The SPECTRUM* is a catalyst for that awesome transformation. It persists, against great odds, as a vehicle for Truth that has the power to awaken many a "sleeping giant" among ones who care enough to work toward a better world. Thank you who are helping us to financially stay afloat and thus serve Truth.

— Dr. Edwin M. Young, Editor-In-Chief



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The Highest (First) Command of The Law of The Creation states: "Achieve the wisdom of knowledge of Truth, as this will enable you to wisely follow the Laws of The Creation." In other words, go forth and gain as much knowledge and experience as you can.

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# The News Desk

**8/11/01 DR. AL OVERHOLT**

(alo@tminet.com)

**THE TRUTH ABOUT UFOs:  
ARE YOU READY FOR  
THE REVOLUTION?!?**

From the INTERNET, <illusions@beyond-the-illusion.com>, 8/7/01: [quoting]

By Grant Cameron, <http://www.ecologynews.com>

“Greater love hath no man than this, that a man lay down his life for his friends.” (*John 15:13*)

“This is where I felt I had to go, and we’ll see what happens.” — Lara Johnstone

“Are you ready for the revolution?” Says Lara Johnstone, a California woman who began a Hunger Strike for Disclosure on July 28th.

Just over 25 years ago, American forces left Vietnam for the last time. Part of the reason for the withdrawal was the advancing North Vietnamese forces advancing on the South Vietnamese capitol. The main reason for the withdrawal, however, was that the American people had turned on the idea of the war, and wanted it ended. Demonstrations in the streets of America, and acts of civil disobedience, had made the idea of continuing the war intolerable.

**In a country that believes it is “Government of the people, by the people” it now appears that some people have begun to rise up on the UFO issue. These people believe that, like the Vietnam War, it is not a strong scientific or logical argument that will turn the tide. They believe that, like Vietnam, the issue is political in nature, and political pressure is the main weapon for turning the tide.**

One such woman who has taken a stand on the UFO issue is a 35-year-old woman from Oakland, California.

The story began on July 22, 2001, when Dr. Steven Greer arrived in San Francisco to make a presentation of his traveling Disclosure Project ([www.disclosureproject.org](http://www.disclosureproject.org)). The event was held at the huge Masonic Auditorium. Among the 2,000 people in the audience was a woman by the name of Lara Johnstone.

Lara was a bit skeptical of the whole extraterrestrial thing. She had no background in Ufology. She had never had a sighting. A friend sent her an e-mail about the local Disclosure Event. Lara visited the Disclosure website on the Internet. After reading the objective, she decided to attend. “I never before really believed”, Lara wrote to President George Bush, “in ‘verifiable evidence’ of extraterrestrial visits.”

The Disclosure event turned out to be a “reality check” for Laura. During the event the two hour Disclosure Testimony Tape was shown. This tape, produced by the Disclosure Project, was highlights of over 100 hours of testimony that had been collected from interviews with dozens of U.S. Government, industrial, and military witnesses to UFO and extraterrestrial events and secret “black-ops” projects.

Following the presentation of the video-tape there was a presentation by Disclosure director Dr. Steven M. Greer and local San Francisco Project witnesses Carol Rosin (spokesperson for Dr. Werner Von Braun) and Daniel Sheehan (legal counsel for the Disclosure Project). The Disclosure Testimony video was a collection of testimony clips from military and government people talking about the reality of the UFO situation. It was made up of two hours of the 100+ hours of testimony with key witnesses that the Disclosure Project had on file.

The testimony that Lara witnessed that evening was more than she could take. She purchased the Disclosure book that Greer was selling at the event, which gave testimony from yet more witnesses telling the true story of what had happened regarding UFOs since 1947. Lara decided action was necessary.

She chose a form of protest that she was familiar with—a hunger strike. In late 2000 Lara had used this protest method successfully against the state of California. In an e-mail to Charles Huffer, Lara described her first hunger strike protest:

“I went on a hunger strike against the CA Department of Corrections and Gov. Gray Davis. After 25 days, they bowed, admitted—in writing—what I had alleged, and what they had ‘said’, but not in writing.

“Before the press conference, the department head of all of CA’s prisons came up to me and went ballistic. He started screaming: ‘Who do you think you are?’ and ‘How dare you!’ and on and on. He did not like being called-up by the South African media, asked to answer very difficult questions regarding how he runs his prisons!”

Following the Disclosure event, Lara quickly researched the UFO subject in preparation for sending a letter to President Bush on the subject. As a part of this effort, she contacted Charles Huffer, an Arkansas UFO researcher, who on July 28, 2000, had the opportunity to question President-elect Bush while he was on the campaign trail for President.

During this encounter, Huffer asked Bush: “Half the public believes that UFOs are real. Would you finally tell us what the hell is going on?” Bush replied: “Sure I will.”

A few minutes later Huffer ran into Bush again and the president-elect stated: “It will be the first thing that he will do.” He pointed at Dick Cheney, who was just walking up. “He’ll get right on it.”

Lara used the Huffer encounter with Bush to time the beginning of her hunger strike. The hunger strike would begin exactly one year to the day Bush promised he would work to tell the people about UFOs. She wrote that in her July 26, 2001 letter of protest to President Bush:

“One year later, on July 28, 2001, you are now the President and I again ask you: ‘Are you willing to finally tell the American people and the whole world the truth about unidentified flying objects?’ Hundreds of high-level U.S. government officials are standing courageous and willing to tell the truth, which can change our world. Will you give them the opportunity? Can we begin healing our world? Can we end this endeavor of greed, corruption, fear, and destruction? Can we find a way to take a stand, step by step? If we continue this way, we’ll only end up where we are going. It doesn’t have to be this way. We have a choice.”

As a South African, Lara Johnstone also addressed her letter of protest to President Thabo Mbeki of South Africa, as well as President George Bush. She outlined her request:

“President Bush and President Mbeki, I am writing to share with you and all the other leaders around the world my extreme concern. My concern is so great that I have decided to go on a hunger strike, starting July 28, 2001, to death if need be, in order to express my humble request.

“My request is that the U.S. and other governments:

“1. Hold open, comprehensive, secrecy-free hearings to take military/agency witness testimony on events and evidence relating to an extraterrestrial presence on and around Earth.

“2. To hold open hearings on advanced energy and propulsion systems, relating to extraterrestrial phenomena that, when publicly released, will provide solutions to global environmental challenges.

“3. To enact legislation which will ban all space-based weapons, and to enact and implement international treaties and legal standards prohibiting the weaponization of space.

“4. To enact comprehensive legislation to research, develop and explore space peacefully and cooperatively with all cultures on Earth and in space.”

In an interview with Lara Johnstone, I asked her about her plans for the hunger strike. She stated: “I’m on my way to D.C. I was going to do a bus trip across the country. I am hoping to be in Washington by the 28th of August, which would make the hunger strike at one month, but I’m flexible on that. I have this feeling that I must not plan too much—that things are going to work right. Things are going to happen, and I

should just be open and trusting.

It started on the 28th of July, to August 28th will be a month, and then interestingly enough the 28th of September will be two months and that is the start of the anti-globalization demonstrations.

Lara has received the expected reactions from people to her hunger strike. Some have said that she is "totally nuts". One person told her: "You don't want to just take on the whole world—now you want to save the aliens too."

To this Lara responded: "I said it's not about that. It's about all of us knowing what's going on. Are we just here to buy, buy, buy, being little consumers, or are we here for a bigger purpose? To grow and to love. For me it's about the truth. With the secrecy, we're spreading more fear, and more fear, and it's separation."

Lara is preparing a website where people can access the letters she has sent out, and stay updated on what responses she has received. She is preparing a letter for all members of Congress, and is sending out letters to names she received of people inside the UFO community who might be able to help her.

Robert H. Williams, a man who lost his job at Clinton Community College in Rochester, New York for his UFO beliefs, has been kind enough to help Lara in her time of need. On his personal website, Robert is hosting a section with copies of all the initial correspondence between Lara and Charles Huffer, and the letter to the President. To view this material go to Mr. Williams' home page <<http://members.tripod.com/rhw007>> and then to the section on "WHO".

As President George Bush vacations on his Texas ranch, Lara is in the process of writing her second letter to him. There has been no word from the White House, and no major support or backing by the UFO community. Then again, it is still early in the hunger strike, Day 10 as this is being written.

Lara is still confident. As Lara says: "We'll see what happens." Lara is available for questions or offers of support at 510-823-8109.

—Grant Cameron

[End quoting]

Most older readers will probably remember how Mahatma Gandhi caused Britain to give India her independence with his hunger strikes and non-violent protests. Hopefully someone who caused the California government to bow to her rightful prison demands can pull this one off also—and will, with our support and backing.

Dr. Steven Greer was the first-hour guest, again, on Art Bell's late-night talk-radio program on the evening of August 1. He had quite a few interesting update items about the progress of his Disclosure project to share with Art's listeners. One of the most powerful statements came from a candid conversation with an "unnamed" member of Congress, who said to Dr. Greer in the course of their private discussion something

like: "You know, of course, this country and the entire world is run by a small group of powerful people behind the scenes; we're only window dressing."

While this is not news to most SPECTRUM readers, it was a shocking revelation to many of Art's listeners who, like Art, have trouble believing such could be the case. Dr. Greer has amassed a large-and-growing number of professionals, some retired from places like NASA, who are sick and tired of the secrets and lies and other shenanigans that have been pushed upon the American public. They wish to clear their consciences through telling their astonishing truths about the long-hidden subject of UFOs. Be sure to visit Dr. Greer's website for much good information, as well as the opportunity to participate in this grassroots revolution for Truth!

#### GRAY DAVIS HIDING CONDIT ON CATALINA ISLAND

From the INTERNET,  
<AABCC@yahoogroups.com>, 8/8/01:  
[quoting]

With Carl Limbacher and NewsMax.com Staff, for the story behind the story.

Embattled Congressman Gary Condit has been discovered hiding out at taxpayer's expense in luxurious digs on California's Catalina Island—accommodations secured by his close political ally, Gov. Gray Davis, New York's WABC Radio reported Tuesday morning.

"Gray Davis has given him a favor" revealed WABC's John Batchelor in an exclusive report to the *Curtis & Kuby Show*.

"The state of California, through the University of Southern California, owns an inn. On Catalina Island...[chewing gum magnate] William Wrigley, Jr. and his wife Aida built a vast home on a place they called Mt. Aida; it was named for her. It's now a bed and breakfast and a conference center owned by U.S.C. and the Santa Catalina Island Conservancy. Well, that's where Condit is."

Condit retreated to his home state over the weekend, reportedly to spend private time with his grown children.

The California getaway was supposed to be an effort to repair the damage done to Condit's family over the last two months, when the investigation into the disappearance of his girlfriend, Chandra Levy, exposed a secret life that, according to some reports, featured up to 27 different women.

Batchelor did not say whether Condit's wife Carolyn was with him on Catalina.

Gov. Davis, who turned to the then-popular Congressman Condit in 1998 to help launch his gubernatorial career, returned the favor by putting Condit's grown children, Chad and Cadee, on his staff.

In February 2000, Davis also hired Ms. Levy, who interned in his legal affairs office before accepting a Washington, D.C. internship

with the Federal Bureau of Prisons. It's not clear whether Rep. Condit, who was a frequent visitor to Davis' office in Sacramento, was romantically involved with Levy at the time, though his one-time driver, bodyguard Vince Flammini, has raised that possibility in interviews.

The WABC report is the first evidence that Gov. Davis has taken an active role in helping Condit survive the political maelstrom that threatens to sink his career.

"Gray Davis controls the [Wrigley] place" Batchelor said. "Condit is staying there so Gray Davis can say: 'The congressman needs privacy. He's there with his two grown children, who are on my staff. He's there with his press aides.'"

While on his taxpayer-funded getaway, Condit is staying in a room now known as "The Grand Suite" which rents for \$625 per night, has a bedroom, full bath, and harbor views.

"Your tax dollars are going to hide Gary Condit from the truth," Batchelor observed. [End quoting]

If the California taxpayers get a whiff of this (should any of the California press be daring enough to carry this story), Condit might as well start circulating his resumé quickly since his constituents have made it clear they've had enough.

And while we're on the subject of taxpayers getting fed-up with the brazen thievery of their elected politicians, here's something that should make your blood boil with a desire for change:

#### SENATORS, CONGRESSMEN, AND SOCIAL SECURITY

From the INTERNET, 8/8/01: [quoting]

Our Senators/Congressmen do not pay into Social Security, and therefore they do not collect from it. Social Security benefits were not suitable for them. They felt they should have a special plan. Many years ago they voted-in their benefit plan. In more recent years, no Congressperson has felt the need to change it. After all, it is a great plan.

For all practical purposes, their plan works like this: When they retire, no matter how long they have been in office, they continue to draw their same pay until they die, except it may be increased from time to time by the cost-of-living adjustments.

For example, former Senator Bill Bradley (New Jersey) and his wife may be expected to draw \$7,900,000 over an average life span, with Mrs. Bradley drawing \$275,000 during the last year of her life. Their cost for this excellent plan is 0, nada, zilch. This little perk they voted-in for themselves is free to them. You and I pick up the tab for this plan.

Our Tax Dollars At Work!

With Social Security, which you and I pay into every payday for our own retirement, with

an equal amount matched by our employer, we can expect to get an average of \$1,000 per month.

Or, we would have to collect our benefits for 68 years and 1 month to equal the Bradleys' benefits. Imagine, for a moment, that you could structure a retirement plan so desirable, a retirement plan that worked so well, that Railroad Employees, Postal Workers, and others who were not in the plan would clamor to be included. This is how good Social Security could be, if only one small change was made.

**That change would be to jerk the Golden Fleece Retirement Plan out from under the Senators/Congressmen. Put them into the Social Security plan with the rest of us. WATCH HOW FAST THEY FIX IT!**

If enough people receive this, maybe a seed will be planted, and maybe good changes will evolve.

Don't forget: Our girl, Hillary Rodham Clinton, thanks to the infinite wisdom of New York State voters, now comes under this Congressional Retirement Plan. Talking about the Clintons, it's common knowledge that, in order for her to establish NYS residency, they purchased a million dollar+ house in upscale Chappaqua, NY. Makes sense. Now they are entitled to Secret Service protection for life. Still makes sense.

Here is where it becomes interesting: A residency had to be built in order to house the Secret Service agents. The Clintons now charge the Secret Service rent for the use of said residence, and that rent is just about equal to their mortgage payment—meaning that we, the taxpayers, are paying the Clintons' mortgage and it's all perfectly legal.

You gotta luv it! Is everybody happy?

How many people can YOU share this with? [End quoting]

As was pointed out so well above, how long do you think it would take to fix Social Security if we demanded our elected politicians be put in the same plan as the rest of us?! What are we waiting for?

#### IRS: THE LAW THAT NEVER WAS

#### GOVERNMENT TO ADDRESS LEGITIMATE CLAIMS ABOUT ILLEGITIMATE INCOME TAX

From the INTERNET, Paper Clip  
<star\_dusters@yahoo.com>, 8/4/01: [quoting]

—Press Release—

We The People Foundation For Constitutional Education, Inc., 2458 Ridge Road, Queensbury, NY 12804; telephone: (518) 656-3578; fax: (518) 656-9724  
<www.givemeliberty.org>

CONTACT: Mike Bodine (518) 656-3578

DOJ and the U.S. Congress Officially Commit to Send IRS Tax and Legal Experts to Appear on Capitol Hill. Public Hearing to be

Conducted by Rep. Roscoe Bartlett and Rep. Henry Hyde to Answer Citizens' Challenges of IRS Jurisdiction and Illegal Enforcement of U.S. Tax Law.

Washington D.C.—We The People Foundation For Constitutional Education, Inc. announce that the Department of Justice and the U.S. Congress have committed, in writing, to appear with IRS representatives in a recorded, public meeting to officially answer to charges challenging the legal jurisdiction of the IRS and the enforcement of U.S. income tax laws against U.S. citizens.

Department of Justice U.S. Assistant Attorney General Dan Bryant and Congressman Roscoe Bartlett (MD) signed the written agreement Friday that commits the government to send their top tax and legal experts to a two-day September hearing to be conducted on Capitol Hill. These actions are in response to a proper petition for redress of grievances brought by Robert Schulz, Chairman of the Foundation. Schulz ended his 3-week hunger fast mid-afternoon today after having secured official commitment from representatives of the U.S. Government that his formal petition will be answered.

Schulz has been in Washington since July 4th on a hunger fast until death, if needed, to force the government to respond to his legal Remonstrance, a petition for redress of grievances. These grievances include challenges of IRS jurisdiction, routine and gross violations of due process by the IRS, the refusal of the IRS to cite the specific law that requires employers or employees to withhold taxes and the fraudulent ratification of the 16th (Income Tax) Amendment.

DOJ's Bryant is quoted: "The American people are entitled to answers. It is in our nation's interest that we participate and answer these questions."

While largely ignored by the media and other government officials, Rep. Bartlett has stood alone on the Hill (until recently) in public defense of Schulz's absolute Constitutional right to petition for redress and be answered by the government. On Tuesday, Bartlett initiated a formal Congressional Inquiry to the IRS demanding official government responses for Schulz.

Today, DOJ's Dan Bryant agreed to Rep. Bartlett's requirements that the "congressional

## Electricity ...

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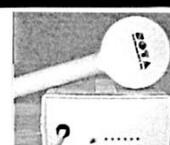
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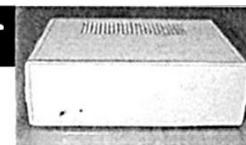


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briefing-like hearings" be conducted in public and be recorded and broadcast live. The meetings will have appropriate procedural controls and security. It is expected Rep. Henry Hyde (IL), former Chairman of the House Judiciary Committee, will gavel the sessions.

Schulz was "elated that government officials have finally responded as they are required by both the 1st Amendment to the Constitution and their oaths of office."

The agreement, penned on Congressional letterhead, was signed at the Department of Justice headquarters. Bryant assured both Rep. Bartlett and Schulz there is "virtually no chance of being overridden on this matter". Bartlett promised Schulz: "I assure you. The IRS will be there at those meetings".

Schulz continued: "I have met with these gentlemen face-to-face and have looked in their eyes. I am satisfied they are men of honor [???? Believe it when you see it!]. We have cemented our agreement with a handshake. The fast ends today. After decades of obfuscation, avoidance, creative restructuring, and "simplification" of the 9,500-page tax code, the truth is about to be revealed. The Sovereign Citizens have exercised their right to petition.

It is no coincidence that President Bush revealed in this week's *New York Times* that the government has begun to publicly discuss alternative tax systems, including disposal of the

entire tax code. The Internet and talk radio have facilitated detailed research, documentation, and discussion of these charges across the nation.

If our income tax system is publicly confirmed to be without force of law upon the people, and is truly as “voluntary” as the IRS so often advertises, it is highly likely that the government may move quickly to implement a replacement tax such as a national sales tax. **THE PEOPLE MUST REMAIN VIGILANT THAT ONE ILLEGAL TAX IS NOT REPLACED BY ANOTHER** [*emphasis mine*].

The taxing powers granted to the federal government by our *Constitution* are explicit, limited, and must be complied with. Since 1787, the mechanism for an orderly and peaceful transition to a legal tax system has resided in *Article 1, Section 9* of the *U.S. Constitution*. This is a states’ rights issue.

The day that our government has shunned has arrived. The sovereign citizens have formally demanded and exercised their rights. We The People have been heard.” TO LEARN MORE VISIT <[www.givemeliberty.org](http://www.givemeliberty.org)>. [End quoting]

Keeping attention and other pressures on this matter is the only way to force some honesty into a flourishingly corrupt enterprise. With that in mind, pay close attention to the following:

#### DON'T BE NAIVE!

#### IRS-GOVT'S PLANS TO STOP THE TRUTH FROM COMING OUT

From the INTERNET, <[illusions@beyond-the-illusion.com](mailto:illusions@beyond-the-illusion.com)>, 7/25/01: [quoting]

From: *The Sentinel* <[privacy1@bellsouth.net](mailto:privacy1@bellsouth.net)>  
To: <[apfn@yahoogroups.com](mailto:apfn@yahoogroups.com)>

This is my first posting to this group. I have watched the entire Bob Schulz fast and these postings with fascination. I would like to make some observations if I may. First let me say that the concession that Bob achieved is remarkable, but I would like to offer the following cautions: Those in power both in the government and the real powers behind the government are not—repeat NOT—fools. In my opinion there are multitudes of things that could occur before the September 18th and 19th deadline.

For one, those powers I previously mentioned have been responsible for many suspicious disappearances and deaths over the years. I am not trying to be an alarmist and truly hope nothing like this occurs, but let’s be real and realize exactly what those forces are and acknowledge that those forces are aligned against the patriot and tax-honesty movements. They are merciless and vicious beyond comprehension.

What would such an occurrence do to these hearings, especially if something like this occurred just before the hearing? Oh, there would be bruhaha, but nothing of note more than that.

Remember JFK, MLK, RFK, TWA Flight 800, etc. Look at the string of suspicious deaths trailing our recent former president! And what is

to prevent a sudden (manufactured) crisis from interfering with the scheduled start of this hearing, and its postponement as a result.

And what is to prevent those government agencies from sending in their “representatives” with pat answers such as “I’m not sure; I’ll get back to you with a written response” or some such other response?

Be real, folks. If any of you have spent any time at all watching our government at work, you have seen this kind of non-committal answering repeatedly. There are any number of scenarios that anyone with an imagination can come up with that could interfere. Hopefully these hearings will indeed occur.

There are, however, some things that can be done to capitalize on this wholly unexpected development. For one, everyone should be hounding C-SPAN, CBS (and Dan Blather), NBC, ABC, CNN, FOX and all other major media outlets such as the *New York Times*, *USA Today*, *Wall Street Journal* (after all, it is a tax issue), and of course your hometown newspaper.

Threaten to cancel your subscription if they do not honestly cover this story. Stand outside their offices and hand out flyers demanding they cover this story. Threaten to boycott their advertisers, and call those local advertisers and demand they put pressure on these media outlets. Email them. Call them. Fax them. Contact all your elected representatives at both the local, state, and federal level, and let them know you are watching how they handle this, and tell them you want action—now—Or You Will Fire Them Next Election Day! Make flyers and put them up at your local community college, colleges, and universities. Encourage the college communities to TAKE ACTION NOW. Include the names, addresses, phone and fax numbers, and email addresses of elected representatives on those flyers.

Encourage those college students to call home, email their friends etc. **THEY HAVE VOICES**. Put flyers up or hand them out at elderly housing and senior centers. Encourage them to get involved. They have time and energy to contribute, **AND THEY HAVE VOICES**. Make lists of all the web address URLs of Tax Honesty sites and circulate them. Put them on those flyers. Write letters to the editor. Email letters to on-line news outlets, alternative news outlets, and ask that they publicize Bob and his accomplishment and ask that they cover the story. Join other yahoo groups (and non-yahoo groups too!) and make postings such as this one.

There is less than two months to capitalize on this development. Perhaps the only chance that this opportunity has of progressing to a meaningful result is if there is enough focus drawn to it. The more interest and light that is shed on this moment, the greater the chance of some meaningful change and the less likely those evil forces will make a rash move. **THE ONE THING THEY ABSOLUTELY DO NOT LIKE IS ATTENTION**.

Those elected representatives who have

whored themselves are still cognizant of the power of a media spotlight and its effect on their cushy jobs. (Ask Gary Condit.) Make no mistake, this struggle is not over by a long shot.

And now a message from our sponsor: Speaking of shots—perhaps the only thing that has kept these evil ones from seizing control is that, for the time being anyway, we still have some *Second Amendments* rights. Otherwise they would stamp out this movement like they were stepping on gnats; do it in a heartbeat and not look back. With all the guns that are in private ownership, they have to tread carefully.

Now make no mistake about this: They do control the police, national guard, and the military, but they really do not want to interrupt commerce (their first and only love—you know, the reaping of the dollar) on a national scale unless they absolutely have to.

And now, back to tonight’s main story: As you spread the word, encourage new supporters to join an email group such as this one. Or develop a list of names and phone numbers so you can stay in contact with them (not everyone has a computer, you know). Put the spotlight on them. Keep it bright and hot. **Write. Write. Write. Call. Call. Call. Fax. Fax. Fax. Email like crazy. Make posters. Talk. Talk. Talk. MOBILIZE.**

— *The Sentinel*

American Patriot Friends Network (APFN) <<http://www.apfn.org>> APFN EMAIL LIST SUBSCRIBE/UNSCBSCRIBE IN SUBJECT LINE TO: <[apfn@apfn.org](mailto:apfn@apfn.org)>, APFN YahooGroups Subscribe: <<http://groups.yahoo.com/group/apfn/join>>

“If ye love wealth better than liberty, the tranquility of servitude better than the animating contest of freedom, go home from us in peace. We ask not your counsel or your arms. Crouch down and lick the hands of those who feed you. May your chains set lightly upon you. May posterity forget that ye were our countrymen.” — Samuel Adams

#### Excerpts From The *Declaration Of Independence*

“That to secure these rights, governments are instituted among men, deriving their just powers from the consent of the governed. That whenever any form of government becomes destructive of these ends, it is the right of the people to alter or to abolish it, and to institute new government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their safety and happiness.”

“But when a long train of abuses and usurpations, pursuing invariably the same object, evinces a design to reduce them under absolute despotism, it is their right, it is their duty, to throw off such government, and to provide new guards for their future security.”

“The government that governs least governs

best.” [End quoting]

The above is very wise advice, both in terms of the likely extreme opposition to TRUE change for the good, and in terms of what is the most effective action plan to force some honesty into an otherwise diabolical arena.

#### NEW STUDY ON ADVERSE EFFECTS OF FLUORIDE

From *RUMOR MILL NEWS (RUMILLS)*, (<http://www.rumormillnews.com>), 8/4/01: [quoting] <<http://fluoridealert.org/lead.htm>>

The Foundation for Neuroscience and Society is devoted to exploring the links between discoveries in the structure, function, and biochemistry of the brain and human social behavior. Of particular importance are behavioral dysfunctions including such common problems as hyperactivity (ADHD), violent crime, cognitive deficits, and chronic fatigue syndrome, all of which have become widespread and yet have been difficult to diagnose or treat. [End quoting]

Fluoride has a long history of implications in facilitating negative behavior problems due to its effects on the brain. The above is “simply” one more legitimate nail in the coffin. No wonder the pushers of this poison consider it essential to their scheme of mass mind-control and related social engineering issues.

#### BIZARRE ENERGY-PULSE BLAST IN HARTSVILLE, TENNESSEE FRIES EQUIPMENT & BIRDS

We here at *The SPECTRUM* want to thank ever-watchful researcher Calvin Burgin for first bringing the following story to our attention on July 10. It was too late to include in last month's *SPECTRUM*, but the facts of the matter remain just as bizarre and serious now that the dust has settled a bit. You readers who listen to Art Bell's late-night talk-radio program heard several detailed interviews with the manager and technical director of the radio station most affected by whatever happened nearby. The following is from the [www.1090wjkm.com](http://www.1090wjkm.com) Internet website: [quoting]

At about 10:45 AM Friday [July 6, 2001], radio station WJKM and CMR (Country Music Radio), with studios in Hartsville, Tennessee was knocked off the air by a very powerful strange energy blast! There was a crystal clear blue sky, no clouds or rain. It was not lightning!

1. All the radio station's [telephone and fax] lines were knocked out.

2. Several power transformers were blown out several blocks away from the studios (smoke seen billowing out of one).

3. All phone lines at the newspaper (*The Hartsville Vidette*), the local farm co-op, and all other phones in this small radius were knocked out!

4. Radio station transmitter lost all MOSFETS and the output tuning network.

5. All computers at WJKM lost motherboards, network cards, etc.

6. ISDN was knocked out.

7. Most all the equipment like Zephyr Codec and EAS were all knocked out.

THERE WAS NOT A CLOUD IN THE SKY! This was not lightning!

In the back of the radio station were DEAD, FRIED BIRDS! Their wings, tails, and feet severely burned. Station secretary Jennifer and sales manager Steve found a small bird still alive hopping around with its wings and tail feathers burned off. Many of the birds were still alive but badly burned.

These are smaller birds. The wingspan is not large enough for them to get fried from getting [shorting] across a power line to ground. This was not just one bird.

Steve (sales manager) told me he heard a loud electrical “overload” sound; then the power went out. He told me he has never heard anything like this ever in his life. There was no blown transformer near the radio station. The closest burned transformer was at least three city blocks from the building.

The editor of *The Vidette* said she was sitting with her back to the window. She heard a loud, roaring sound like an overload, and something came through the window, and a flash of light went through the entire building. *The Vidette* is next door to the radio station.

The power company, Tri-County Electric, and Bell South seem to be at a loss to explain the situation.

This is not the first time WJKM has had strange power-surge problems. It has been difficult to keep computers up and running at the Hartsville studios and transmitter site.

We have called the local power company and complained to no avail. They seem to be as puzzled by the problem as we are. They have placed monitoring equipment on the lines and have seen nothing unusual.

Yet, in this outage, the editor of *The Vidette* told me she keeps all the computers in the building unplugged. The newspaper publishes once a week, so they only plug the computers into power once a week. Friday the editor's calculator was plugged into the wall outlet and it was destroyed by the surge.

These surges are not just coming into the power lines. They are also entering the radio station through phone lines and the antenna system. This is evident in blown telephone equipment. Sometimes the equipment is not destroyed, but the program settings are scrambled or wiped out.

We have surge protectors plugged into surge protectors. We keep MOV's by the boxfulls.

We have been at a loss to make a determination as to the cause of these surges. The only clue as to what the cause may be has been suggested by our listeners.

Many of the callers to the radio station seem

## The Jesuit Order

Interview With Eric Jon Phelps  
(Front-Page Feature, July 2001 SPECTRUM)

### CORRECTIONS:

- (Page 19) **Phelps:** There was a Japanese individual named Ryu Ohta (not Toichi [*Ryu*]).
- (Page 20) **Phelps:** I might also add that the Jansenists...(not Jensenists).
- (Page 22) Jesuit General Ricci died in 1775 (not 1875).
- (Page 22) Diego Laynez was the 2nd Jesuit General (not the 3rd).
- (Page 27) McDonough (not McDough).
- (Page 29) And Polk was responsible for the sending of Commander Perry (not Admiral Dewey) to Japan.
- (Page 29) Chevalier Ramsey and Chevalier Bonneville (not Shevalier).
- (Page 29) College at Clermont (not Clairmont).
- (Page 30) Jim Arrabito died Sept. 2, 1990 (not 1993) in a plane crash in Alaska.

(Note: If you encounter this interview circulating on the Internet, these corrections have already been made.)

— Rick Martin

to think that there is some sort of activity at the old Hartsville nuclear power plant site. My first trip to the site left me a bit cold as the place looks like an abandoned ghost town. With heaps of things lying around, it looks like a good set for a futuristic movie.

The nuclear power plant is a site that cost the general public millions of dollars that was supposedly never finished. The construction of the plant came to an abrupt halt some years back, leaving the community devastated.

TVA (Federal Government) [*Tennessee Valley Authority*] will tell you it is being used as a storage area only. Yet I have calls at the radio station from listeners who claim to hear strange humming sounds coming from the location. Listeners have seen strange objects overhead. Listeners have claimed to see triangular-shaped craft overhead. Silent black helicopters at all hours of the night. Huge military C-130s heading in as if to land, or leaving the area, nose up, as if they have just taken off.

There are no visible places for a C-130 to land or take off. We have searched the area as well as we could.

Listeners from the area have called talking about a strange humming sound. Comments like: “You can feel it” and “It makes the hair stand up on your neck” are common.

We also hear that you can't locate the source of the humming; it seems to be coming from everywhere. This has been mentioned only by people who live near the nuclear power plant site.

A rural, elderly listener called my morning show extremely upset. He told us he had lost several beagle puppies in the area. A friend of his told him that he thought that he had seen the pups in the area near the cooling tower. He reported to us in a phone call that he had driven his truck to the area. He thought he was hearing

the beagles out in the wooded area, so he climbed over the fence and started calling to them.

**He told us he was greeted with an overhead helicopter and a ground force of about 30 people. They allegedly escorted him off the property in a very rough and crude manner. He said they were some kind of police, some in plain clothes. He told us they were rude and threatening.**

A listener who is a tech that lives on a hill near the area has had fluorescent bulbs light in his hand on various spots on his property. He discovered this by accident but has witnesses to the phenomenon. He works with surveillance cameras, thermal imaging, and a lot of high-tech stuff. He tells us there is operational radar being used at the nuclear site at different times.

A Hartsville resident whose ex-husband worked at the site tells us that there is a reactor there. We have had several reports of this from different folks in the community. She tells us that her husband was told: "Don't eat the fish from the river, or eat any deer shot in the area."

Our local heating and air conditioning contractor tells about how he sees large, shiny new 18-wheel tankers go and come from the nuclear site at 3 in the morning.

A gentleman who is a relative to an owner of a local grocery establishment claims to have seen a Bigfoot near the nuclear plant.

It is also interesting that, according to listeners who have called in, there has apparently been an increase in what they are calling fibromyalgia. This is a disease name appointed to the unexplainable severe and disabling pain throughout the entire body over recent years, as well as an increase in headaches mimicking migraines that are not actual migraines.

At night the entire area has a strange chemical smell to it, somewhat pungent like ozone and chemicals. The radio station transmitter and Hartsville studio is located in the middle of Hartsville City Park, about 5 miles from the nuclear cooling tower.

We are in no way accusing the TVA or the nuclear power plant of causing this problem. We are just reporting what listeners and residents of the community have reported to us.

One thing that we do find strange is this: in the beginning we would go on the air and joke about the nuclear power plant. We did this because of the TVA's vague promise to turn a good portion of the land back to the community for development. This was always talked about, but nothing ever happened.

We placed several calls to TVA. No one ever responded.

When we would get on the air and start airing some of these reports, it was always promptly followed by a press release or a public meeting about the donation of the land back to the county. We were told not to talk about it, that the TVA would get upset.

Whenever we would stop talking about it, then it seemed that you would hear nothing about

the land development. We have been off the subject for a good time now. Their latest announcement is to develop the land in partnership with the local power company for an industrial power park.

They say this won't happen now for 4 years. They now claim they must do a 4-year environmental study. What do they need to study? Was there not a study done in order to build a nuclear facility? What else needs to be studied for a commercial business site?

For you, the listener, thank you for putting up with our outage. We are making repairs as fast as we can. As for the cause, we have no idea what this is all about.

We are concerned about the charred and fried birds, however. These birds were found on our property, in areas where there are no powerlines!

The power company said the birds got into a power transformer. What transformer? Our 10 KVA pole peg behind the radio station? How would all these birds do that? After being in or near the transformer, how did they all get to different locations around the 5 acres of land where there are no power lines? If the birds were sitting on an electrical wire and were hit by a surge, their legs would have been burned off! These birds have legs. It's their wings and feathers that are burned, singed, or missing! It appears to us these birds were cooked in flight! But by what?

Update: Wednesday, July 18, 2001

At about 4:00 am this morning, Hartsville Tennessee lost power again due to a surge/outage. This time over much of Trousdale County. WJKM and CMR's Internet broadcast was brought to a screeching halt once again. We were not able to establish broadcasting until about 10:00 am this morning. There were no injured or dead birds, but we did have some computer failure.

We placed a call to Tri County Electric and the TVA, but have not heard anything back from them so far as to the cause or nature of the outage. About two weeks ago we had a 4 am outage/surge. The local power company came out and removed a shortwave radio antenna that WJKM was using for ham radio communications in case of an emergency. We can't seem to make much progress in all this so—the good news is—WJKM will shortly begin broadcasting full time from a new location. We will be moving our main studio facilities to the beautiful and gracious Cedarvine Manor.

WJKM's studio and computer equipment must be relocated to protect the station from repeated outages and loss of equipment.

Cedarvine Manor is a beautiful old southern mansion and barn that was used as a hospital in the Civil War.

It has been renovated into a bed & breakfast and event facility and is a great refuge for our studio equipment and computers. Much moving,

wiring, and rebuilding will have to take place to complete our project, but it will be well worth the effort.

Cedarvine Manor is also a great place for a radio show. We will begin live again in the mornings from Cedarvine Manor on WJKM/CMR and the Internet. We will be doing talk in the morning that relates to country lifestyles. This includes phenomena! We are convinced that there is a need for this type of morning show programming due to the number of folks who have responded to our situation by e-mail and phone calls.

Thanks to Art Bell, Linda Howe, Whitley Strieber, and all our e-mail friends. By doing what they have done, many people are now aware of the situation. We are not as likely to be targeted as some folks that have wound up in situations like ours.

Thanks for hanging in with us!

— The Staff Of WJKM

[End quoting]

On Tuesday evening, July 17, 2001, Art Bell spent the first hour of his late-night talk-radio program interviewing Ted Randall of WJKM about many of the interesting and bizarre details of this case. Go to Art Bell's Internet website ([www.artbell.com](http://www.artbell.com)) to replay that interview, as well as the interview Art conducted the next evening with Linda Howe on further unusual clues of this puzzle.

The other tidbit of interesting information was an unusual earthquake in Tennessee shortly after the Friday (7/6/01) "electrical surge" that knocked out the radio station. That is, a M2.6 quake occurred at 10:05 pm on 7/7/01 at a location 4 miles southeast of Franklin, Tennessee. Coincidence?

Many other details and photographs are at the WJKM Internet website noted at the top of this article. The most troubling photos are of the birds, whose wing feathers have literally been fried, some in mid-flight, and the birds just dropped to the ground. We're not dealing with sane people here—who would do such "mad scientist" secret experimentation despite such dire consequences.

In our March 2001 issue of *The SPECTRUM* we introduced you to Anna Detweiler in a much enjoyed article titled "Anna Detweiler: Seeing Truth Beyond The Shadows". Here are some recent visions from Anna, beginning with Hartsville, Tennessee.

#### ANNA DETWEILER INSIGHTS

Hartsville, Tennessee Problems

From Anna, 7/20/01: [quoting]

Greetings to you my friends,

I have been "looking" at the area of Hartsville, Tennessee over long and hard since they had that episode of losing their power and radio station. There is definitely something very interesting going on there. This energy that is

doing the messing up of all the computers and electronics is originating from the ground.

This is not a scalar energy originating in space. There is an arc of energy running all the way from Hartsville to Blytheville, Arkansas and, lo and behold, when I looked it up on the map, I found an Air Force base there!

[Editor's note: Besides the very unusual earthquake in Tennessee noted several paragraphs above, on 8/4/01 there was another unusual quake—and guess what—this time the location was slightly north of Lofton, ARKANSAS! Coincidence again?]

This arc of energy is arcing thousands of feet high in the air, and it is my guess that, according to variables like wind direction, weather conditions, maybe even solar and magnetospheric disturbances, this energy is caught by the power lines and telephone lines which, in turn, zaps out the electronics.

Believe me, if this energy was directed right at the power lines, it would melt them in a heartbeat! It is of the blue and white spectrum and is of extremely high intensity.

I can see the building it is coming from, but if anyone might have a picture of the Hartsville power plant, I'd appreciate seeing it. There is an identical building that is receiving it in or close to Blytheville, Arkansas. It actually looks like this energy is powering the AFB. Is this a new type of energy that is being created?

If you all have any ideas and or explanations to this, let me know. I'll keep on watching; maybe I'll get it figured out eventually. Now lets see if my computer gets some "funny" ideas again! Love and peace, Anna [End quoting]

If anybody wants to answer this, send it to me ([alo@tminet.com](mailto:alo@tminet.com)) and I'll forward it.

#### Meteorite Showers?

From Anna, 7/25/01: [quoting]

Hello and a good morning to you all,

The supposed meteor shower intrigued me so much I've done some "looking" at that area in that time. As usual, very interesting details can be seen when I do that. There was only one object that came in through the atmosphere and it was a SHUTTLE!

It appears as if the Shuttle was already out of control before it ever came through the atmosphere. Also, I'm thinking it may have been a Shuttle from a different country, because of the language the crew were speaking. After they got through our atmosphere, there were missiles there to greet them in a very unflattering way!

These missiles seemed to come in from the west, I'd guess out of N. D. by the direction they came from. There was a whole slew of these things shot toward the Shuttle, so there was really no way it could have survived. If you find any info on this story, I'd sure appreciate seeing it. But I suspect it will be a very hushed-up thing.

Got to go, Love and peace, Anna  
[End quoting]

#### More Meteorites?

From Anna, 7/26/01: [quoting]

Hi, I saw this morning that a ball of fire came down over Saladasburg, PA yesterday. I believe this one may have been a satellite.

We are at WAR in space, so watch your heads! I expect retaliation from the Russians at any time, i.e. downed jets or something of the kind.

I believe it was the Russian crew who went down in that Shuttle, but it may have been either theirs or our Shuttle.

Let me tell you what keeps coming through my mind. I keep seeing the Russian crew being forced into our Shuttle, and the Shuttle being undocked from the space station and set free to go wherever it would.

Because it was our Shuttle, Houston could track it, and when it was seen that it was coming in, it was used for a missile target! This is not something that I have seen in great detail, but for some strange reason this information seems to be coming to me. Take this with a grain of salt, because it is only something that's in my mind.

Just thought this might interest you too.

Love and Peace, Anna [End quoting]

#### Electromagnetic Wall

From Anna, 8/4/01: [quoting]

Greetings to you my friends, May the Balance of the One be with us all!

I think the Elite Tricksters are going to try and play a game with that hurricane again. There has been a wall erected stretching from quite a ways south of Brownsville, TX to about Austin. I'm not sure what they have in mind to do with it, but can imagine it has something to do with Barry. I'll have to watch it awhile before I'll know what they are using it for.

Love and peace, Anna [End quoting]

You have to make up your own minds whether what Anna relates is logical to you or not. But I venture to say you don't find explanations like hers to be very common.

Those of you who remember the superb work of a similar nature that Dr. Peter Beter offered until he was taken out about twenty years ago will surely note great similarities—especially the theme that what's really going on is very different from what we are told and actually is often of a military/war nature such as Anna discerns.

#### ENERGY ADVISERS FIRED

From *THE DAILY NEWS*, Los Angeles, for 7/29/01: [quoting]

Five state energy consultants were fired for conflicts of interest because they helped California buy power from a company in which

they owned stock, officials said.

The consultants owned shares of Calpine Corp., a San Jose-based power generator that has been awarded about \$13 billion in state contracts to supply electricity for up to 20 years.

The state bought more than \$14 million worth of electricity from Calpine in the first quarter of this year, records showed.

The Davis administration hired more than 50 consultants and advisers this year as it struggled to deal with the state's electricity crunch.

On July 18, the administration told consultants buying energy for the state to sell their stock holdings in energy companies immediately or quit their jobs.

Under pressure from Secretary of State Bill Jones, a Republican who hopes to challenge Democrat Davis for re-election next year, the administration has moved to obtain statements of economic interest from most of the energy consultants.

Last week, Jones called for a federal Securities and Exchange Commission investigation of stock purchases by state energy consultants. [End quoting]

Remember, if it's going on in California, it's probably going on your area, too.

#### LATEST PRIVACY NIGHTMARE: MONEY THAT TRACKS YOU

From *RUMOR MILL NEWS (RUMILLS)*, <<http://www.rumormillnews.com>>, 7/30/01: [quoting]

Continental Airlines Credit Card  
Welcome, Guest Register—Sign In

From: "Bill & Shirley & Douglas James"  
Latest Privacy Nightmare: Money That Tracks You

It isn't every day that you learn how to promote the *Constitution* and trash it in one easy congressional hearing. But that's exactly what happened this week.

**A House Subcommittee on Financial Services divided its session Tuesday between praising an idea by young students to print parts of the *Constitution* on U.S. currency, and an anti-privacy proposal to rig that same currency with a device that would allow others to keep track of who has had it and for how long.**

**What's more, the irony seemed to go over the heads of everyone who participated.**

"In just one hearing, they showed us how to educate on the *Constitution* and how to ignore it" a startled J. Bradley Jansen, deputy director of the Center for Technology Policy at the Free Congress Foundation, told <[NewsMax.com](http://NewsMax.com)>.

Every politician knows the public relations value of the "dog and pony show" that puts future voters on display so as to figuratively pat them on their heads for being good citizens.

Chairman Michael G. Oxley (R-OH) gavelled the House committee session to order by

proclaiming that counterfeiting is done often by organized crime or violent drug gangs.

After greeting the students who were to testify, he welcomed Director Thomas A. Ferguson of the Bureau of Engraving and Printing. He would soon discuss the ongoing testing of "innovative security features, outside the current traditions of U.S. currency design, for possible application to future generations of currency".

#### Outrageous Federal Intrusiveness

Jansen fears that the ideas circulating among crime fighters will venture "outside the current traditions" of the protections of the *Fourth Amendment* to the *Constitution*. "You don't go following people's money habits to find where they get the currency, where they spend it, and how long they keep it. That is the equivalent of burning the house down just to kill a few bugs."

It would have been interesting to learn if the young students from Liberty Middle School and Patrick Henry High School in Ashland, Va., attending that hearing had been taught the *Bill Of Rights* and the meaning of the *Fourth Amendment*. One assumes that if they want parts of the *Constitution* printed on our currency, they probably have. If they sat through the entire hearing and witnessed the contradictions, they must have been confused.

*Article Four* reads: "The right of people to be secure in their persons, houses, papers, and effects against unreasonable searches and seizures, shall not be violated, and no warrants shall issue, but upon probable cause, supported by oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized."

As the Center for Technology Policy sees it, the so-called "Mew" chip inserted in currency to trace the habits of citizens is a high-tech violation of that amendment. Pure and simple.

"It is important that the adoption of new technologies to thwart counterfeiting and to increase security are not used as government surveillance programs" Jansen said.

The Mew chip is small enough that it could easily be implanted in money for security purposes. Bureaucrats at home and abroad "have expressed interest in expanding their power in ways that could easily trample over our liberties" he added.

Marvin Goodfriend, a senior Federal Reserve official in Richmond, Va., proposed one such plan several years ago.

#### Stealing Your Money With "Hoarding Tax"

This proposal would have imposed a tracking device on currency that would automatically reduce its value through a "carry tax" on hoarding.

It would hit you at your bank's cashier window. If you go there to make a cash

deposit, the Mew chip would determine whether you had held onto the cash for a period that someone else determined is "too long". Thus, you could walk up to the window, make a \$120 deposit, and get back a receipt for only \$105.

Goodfriend's idea sparked such backlash that it was dropped.

Keynesian economists at one time flirted with the idea. Supposedly, their purpose was to boost the economy with greater cash circulation in the event lower interest rates failed to boost the economy.

Does that ring a bell? What is Fed Chairman Alan Greenspan doing right now? Driving interest rates down, down, down and the economy remains sluggish.

"That's scary" said Jansen.

<<http://www.newsmax.com/archives/articles/2001/7/27/212324.shtml>> [End quoting]

The crooks in high places never give up trying every trick in the book to put more nooses around our necks. Notice that the REAL crooks are always well hidden behind layers of puppet-prostitutes who propose each new control mechanism. That way, if we're awake enough to squawk, the anger falls on the patsy and not the REAL culprits. This is no time to fall asleep.

#### IMPORTANT PRIVACY MATTER

From *RUMOR MILL NEWS (RUMILLS)*, <<http://www.rumormillnews.com>>, 8/4/01: [quoting]

Just wanted to let everyone know who hasn't already heard, the four major credit bureaus in

the U.S. will be allowed, starting July 1, to release your credit info, mailing addresses, phone numbers, etc., to anyone who requests it.

If you would like to "opt out" of this release of info, you can call 1-888-567-8688.

It only takes a couple of minutes to do, and you can take care of anyone else in the household while making only one call. You'll just need to know their social security number. Be sure to listen closely as the first opt out is only for two years; make sure you wait until they prompt you to press "3" on your keypad to opt out for good. Happy dialing!

Pass this info on to everyone you know. We need to protect ourselves and each other. [End quoting]

This is worth a try, but how can you TRULY protect yourself from the "leaking out" of your personal information when it is so readily available on so many computer databases? How would you ever know the route by which some marketing business got your information? The guidelines of moral decency and common courtesy go quickly out the window these days in order to simply make a buck!

#### INTERNET COULD GRIND TO A STOP WITH EMAIL VIRUSES

From the INTERNET, <<http://www.rense.com>>, 8/4/01: [quoting]

By Stuart Millar, Technology Correspondent, *The Guardian*, London

The Internet is in danger of grinding to a halt if email-borne virus attacks continue to escalate,

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a leading computer security expert has warned.

Alex Shipp, senior anti-virus technologist with the widely respected British firm MessageLabs, said the global computer networks upon which the Internet is based could be brought to a halt by the sheer volume of infected material circulating in cyberspace.

Mr. Shipp also claimed that traditional desktop-based protection methods could no longer cope with the onslaught of new, rapidly propagating email-borne infections.

This public intervention from a senior frontline expert will increase concern about the significant rise in virus activity in recent months, and the growing technical sophistication of the people writing them.

Last week, US authorities issued dire warnings to computer users to protect their machines against the Code Red virus. The predictions of Internet meltdown, however, failed to materialise.

Email-borne viruses account for more than 90% of outbreaks. Consultants Price-Waterhouse-Coopers say viruses could cost businesses more than \$1.3 trillion (£907bn) by the end of next year.

In the last fortnight, one email virus, SirCam, has risen from obscurity to become the most common, most sophisticated and most resilient virus in history. It is rampaging across millions of computers.

The number of emails infected by a virus being picked up by MessageLabs has risen above the one in 400 mark. When the company launched three years ago, the rate was about one in 1,500. Mr. Shipp blamed home users and small businesses: "All the emails we are stopping are from people using domestic Internet providers like Hotmail and Freeserve. These are people who do not have the expertise to realise that their anti-virus protection is either non-existent or badly needs updating.

"They just can't keep up with the amount of stuff that is coming at them now."

But Ross Anderson, reader in security engineering at Cambridge university, said the blame for the growth in viruses should be aimed not at users, but at software companies who had failed to build adequate protection into their products. [End quoting]

This has become a massive problem. I've had six viruses on my computer in the last ten days. I didn't bother checking often, until recently, because I seldom used to have a virus.

You can assume at least some of these viruses are experiments being conducted by the crooks in high places in order to have ready whatever is necessary to at least temporarily stop Internet traffic when so desired. (Remember the day JFK was assassinated and all the telephone lines in the greater Washington, DC area "just happened" to go dead for awhile?!) After all, the Internet is becoming a big nuisance to those who otherwise control what we are allowed to know about. "They" need to have a way to

incapacitate the usually resilient Internet, should the "need" arise.

#### MOB TRIAL MAY SET COMPUTER PRIVACY

From *THE DAILY NEWS*, Los Angeles, for 7/29/01: [quoting]

WASHINGTON—By bugging a keyboard or using special software, FBI agents can remotely capture a computer user's every keystroke. With a black box, they can intercept email from miles away. In a van parked outside, they secretly can re-create the pictures on a computer screen from its electromagnetic energy. The legal limits for these new investigative tools will get a test Monday when a federal court in New Jersey examines a mob case in which agents, without a wiretap order, recorded a suspect's computer keystrokes. Privacy experts are watching the case of Nicodemo S. Scarfo, Jr. with great interest because it could bring major changes to investigative tactics in the online age. [End quoting]

What do you think can REALLY be done as far as computer surveillance technology? And even if the court were to rule against such invasive tactics, do you REALLY think they are not now in constant use at levels "above" such laws? We have covered Project Echelon many times in the pages of *The SPECTRUM* and that alone is a superduper satellite system utilized for some time now by "Big Brother" for monitoring ALL modes of electronic communication devices—including computers.

#### SPOTLIGHT NEWSPAPER HAS CLOSED ITS DOORS

From the INTERNET, 7/01: [quoting]

#### Liberty Lobby Goes Under, Ends *Spotlight* Publication

Liberty Lobby has closed its doors, and its weekly newspaper, the *Spotlight*, has published its last edition after a federal bankruptcy judge last week dismissed the group's latest claim for Chapter 11 protection. The most recent ruling by U.S. bankruptcy Judge S. Martin Teel, Jr. puts an end to a complicated eight-year battle between Liberty Lobby founder, Willis A. Carto, and his former associates at the California-based Institute for Historical Review (IHR).

IHR sued and won a multimillion-dollar judgment on claims that Mr. Carto illegally diverted funds from the Institute's Texas parent company, the Legion for the Survival of Freedom.

Mr. Carto, a resident of Escondido, California, founded the Washington-based Liberty Lobby in 1955. The nonprofit outfit and its publication, the *Spotlight*, funded by outside donations and subscriptions, claimed to be America's key defender of patriotism and a hub

for grassroots conservative activism. But they also have been criticized as a fertile breeding ground for the views of anti-government extremists, conspiracists, and racists.

Yesterday, as about 25 employees gathered personal belongings and wrapped up last-minute business at the Liberty Lobby offices, located at 300 Independence Ave., a spokesman defended Mr. Carto and vowed to fight on. "Nobody is really that sad, but everybody is mad," said spokesman William Francis. "While Liberty Lobby may be dissolved, nobody has given up here.

We know that we did nothing wrong as an institution. Everybody has complete faith in Mr. Carto and how he administered the funds." While offering few specifics, Mr. Francis hinted that a new incarnation of the *Spotlight* was already in the works. "They may come in and shut us down, but the staff are fully committed to make new efforts to get something going. Over the last several days, we've had hundreds of phone calls to the office, pledges of hundreds of thousands of dollars to set up a new newspaper," he said. "We have a citizens' army behind us."

Mark Weber, director of IHR, said the ruling may signal the end of Liberty Lobby, but he predicts Mr. Carto will endure with some other venture. "This is a welcome culmination of an exhausting, costly, bitter legal and public relations dispute," said Mr. Weber, who has been assailed in the pages of the *Spotlight* as a "rat", "weasel", "toilet bowl", "cockroach" and "devil".

Mr. Francis yesterday reiterated his claims that IHR plans to sell one of the Liberty Lobby's final assets, its subscriber mailing list, to such watchdog organizations as the Southern Poverty Law Center and the Anti-Defamation League, which have been critical of both feuding groups. "It's a lie" Mr. Weber said of those claims.

Liberty Lobby once sued the *Wall Street Journal* for having called the organization "anti-Semitic". But Judge Robert Bork dismissed the suit in 1984, declaring: "If anti-Semitism has a core, factual meaning, it was demonstrated here." Mr. Carto, a 74-year-old native of Fort Wayne, Indiana, has been called "the most influential anti-Semite in the United States".

About 90,000 people are paid subscribers to the *Spotlight*, which in 1981 had an estimated readership of more than 300,000. The weekly's "favorite political targets included the Rockefellers, the Rothschilds, Henry Kissinger, the Council on Foreign Relations, and the 'Zionist entity' in Palestine" according to author Dennis King. Mr. Carto played a key role in co-founding IHR in 1978. The Anti-Defamation League has called IHR "the world's single most important outlet for Holocaust-denial propaganda".

Mr. Carto was ousted by IHR's board of directors in September 1993 after the staff

complained, among other things, of Mr. Carto's interference in editorial decisions for the *Journal Of Historical Review*, an IHR publication. [End quoting]

It's sad to see them lose this round, but the odds are good that they will return in another form. They sure gave a lot of information that the normal print and broadcast media outlets wouldn't print.

### "MAGNIFICENT POPULIST" GETS LAST LAUGH

From *THE SPOTLIGHT*, 7/9/01: [quoting]

Joseph Ellis, the professor whose book accusing Thomas Jefferson of fathering a slave child was completely discredited by historians, has been caught in a mountain of lies, which he was forced to acknowledge. For years, Ellis regaled students at Mount Holyoke with stories of his combat heroics as a paratrooper in Vietnam.

Then he told of turning against the war and leading protests at home. He described how bravely he marched in Mississippi during the civil rights protests of the 1960s. He talked of scoring the winning touchdown on his high school football team. He boasted of helping David Halberstam with his 1972 best-seller *The Best And Brightest*. None of this is true, Ellis has been forced to admit. As a schoolboy, though, he was on the football field—in the marching band. [End quoting]

He's certainly not the first ego-driven professor who, tempted with a captive audience of gullible youngsters, presented fiction as fact.

### 1971 SPECIAL VIRUS FLOW CHART ON NATIONAL TV, U.S. CONGRESS

From the INTERNET, 7/24/01: [quoting]

FOR IMMEDIATE RELEASE <<http://www.boydgraves.com/press/072201.html>>

CONTACTS: Dr. Boyd E. Graves 330-744-5955 <[ed@boydgraves.com](mailto:ed@boydgraves.com)>

WFMJ-NBC 330-744-8611 <<http://www.wfmj.com>>

N.O.A.H.—Zygot Media 800-257-9387 [joel@boydgraves.com](mailto:joel@boydgraves.com)

International human rights activist Dr. Boyd E. Graves presented the 1971 U.S. Special Virus Flowchart on national television during an interview with veteran talk-show host Carl Bryant on the *Dynamics In Black* weekly television program today. Dr. Graves is the discoverer of the secret 30-year-old Research Logic Flow Chart which coordinates 15 years and 20,000 secret virus development experiments.

The program's "research logic" details the creation and mass production of a new hybrid human retrovirus which depletes the human immune system. Dr. Graves says the secret virus program, which officially concluded in 1978, mass-produced 60,000 liters of new

viruses, and is responsible for today's global HIV/AIDS crisis. The evidence he presents are the actual NIH/NCI government contracts for the secretly taxpayer-funded biochemical weapons program, U.S. Special Virus Cancer Program (1962-1978). The second part of Dr. Graves' U.S. Special Virus Flowchart interview airs next Sunday.

"They have allowed pieces of the program to come out. In 1972 all concentration was to the Tuskegee Experiment, as if it was an isolated incident," says Dr. Graves. Now we know they were testing AIDS on Icelandic sheep in 1932 and 1933; they are not disjointed experiments. They have been studying African sexual issues for the entire 20th century."

*Dr. Graves v. The President of the United States of America*, U.S. Supreme Court Case No. 00-9587, demanding an immediate review of the U.S. Special Virus Flowchart and the secret experiments the Flowchart coordinates, was denied without comment June 4, 2001. The Flowchart has been reviewed and authenticated by medical doctors and scientists around the world since its 1999 discovery.

Dr. Graves has demanded an immediate program review from top government officials and the scientists still living who were involved in the Special Virus program, including AIDS "co-discoverer" Dr. Robert C. Gallo. During a February telephone interview, Dr. Gallo acknowledged his role as Special Virus Project Officer and his experiments which inoculated African Green Monkeys in 1971 inside the special virus program. Dr. Gallo could not explain the Multiply Spliced VISNA virus found inside AIDS to Dr. Graves.

Additionally, Dr. Gallo stated he had been previously unaware of the U.S. Special Virus Program's 1971 Flowchart. Now Gallo has been briefed on the 1971 Special Virus Flowchart and his specific contracts NIH71-2025 U.S. Special Virus Cancer Program 1971 Progress Report #8, Pages 104 & 105, with the direct allegations which resulted.

Dr. Graves' initial court interrogatories have established many new facts about the program. NCI Deputy Director and former U.S. Special Virus Cancer Program Manager, Dr. Alan Rabson, agreed that the U.S. Special Virus Program had the technology to make AIDS, but could not confirm that it "actually did". Dr. Alan Rabson disclosed the primary architects of the U.S. Special Virus Flowchart to Dr. Graves, stating they are now deceased.

Dr. Graves leadership and activism has convinced some in Congress to review the program. Dr. Graves continues to educate Congress, reproducing the policies, laws, and their secret U.S. Special Virus progress reports using all revenues from book and video sales.

Congress persons are being educated on the secret program he, Dr. Graves, helped uncover. Last week Congressman James Traficanti (OH) came out in support of the peoples' demands

for program review. "The Congressman has agreed to ask for an investigation by the GAO or the Congressional Committee on Investigations" said Trafficanti's Regional Director, Anthony Traficanti. "The information presented by Dr. Graves is very shocking and very revealing. Our government is supposed to be sensitive to the people's concerns and the flowchart was very revealing to me" said Traficanti.

Dr. Graves has provided the flowchart free online for the reading public on his [www.boydgraves.com](http://www.boydgraves.com) website since February of 2001, with volumes of additional primary-source research materials available for purchase or donation to the peoples' grassroots movement toward immediate review.

"It's interesting that the first cases of AIDS were discovered in 1981, and now it appears that the research reveals that it's existence goes back over 20 years. But since we have the Tuskegee Experiment, it may not be a coincidence" said Trafficanti's office.

Since 1999 Dr. Graves has presented the secret U.S. Special Virus Cancer Program Research Logic Flowchart to the President of the United States, the United Nations, the Pentagon, the U.S. Surgeon General's office, the United States' Supreme Court, and U.S. Special Virus Program contracted scientists and HIV/AIDS "co-discoverers" Dr. Robert C. Gallo and Dr. Luc Montangier, as well as Special Virus scientists Dr. Peter Duesberg, Dr. Alan Rabson, Dr. Mathilde Krhim, and Dr. Garth Nicolson.

The U.S. Special Virus Flowchart and many shocking documents are now available in his new book *STATE ORIGIN: The Evidence Of The Laboratory Birth Of AIDS* (N.O.A.H.-Zygot Media Networks, 2001; ISBN #0-9707735-1-X).

The second part of Mr. Bryant's nationally syndicated show, *Dynamics In Black*, will air Sunday August 5, 2001 at 6:00 on WFMJ-

## ATTENTION!!!

- Are you looking for a product to replace your "dangerous" deodorant/antiperspirant? (See the News Desk article on page 4 of the June 2001 issue of *The SPECTRUM* newspaper.)
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Additional Archives: <http://www.boydgraves.com> [End quoting]

The above information should be no surprise to those of you familiar with the research and publications of Dr. Len Horowitz, who is a frequent contributor to the pages of this newspaper. The biggest problem for the crooks in high places is simply that the flowchart got out into the public domain. At this point they can't deny it without drawing even more attention to their dirty little secret research. They simply count upon the short attention span of the public at large.

KEEP KIDS SAFE;  
KEEP THEM AT HOME!

Many Are Wrongly Dumped In  
Failing Foster Care

From *THE DAILY NEWS*, Los Angeles, for 7/19/01: [quoting]

By Richard Wexler

The 16-month-old girl had bruises on her arms and legs. Some of her hair had been pulled out. She was filthy. She was dehydrated. She had a fever. She had an ear infection.

The little girl was the victim of just three days of the best efforts of her county to "protect" her.

She was trapped in an institution that was chronically overcrowded and understaffed. Every few years there was another scandal: Children were overmedicated to keep them under control; children were physically and sexually abused. The death of an infant was covered up. Staff members pleaded no contest to dealing drugs.

The time was 1985. The place was MacLaren Children's Center.

Sixteen years later, it seems very little has changed. The minimum age for children forced to endure MacLaren apparently has increased, but a lawsuit alleges that children at MacLaren are routinely "bullied, threatened, and manhandled" in an environment that is "chaotic, violent, and dangerous".

The cycle of exposé, promises made, promises broken, and more exposés has never ended because no one has faced up to the root of the problem: As long as too many children are taken needlessly from their parents in the first place, Los Angeles County will always think it "needs" dumping grounds like MacLaren.

In 1990, when I wrote a book about the child welfare system, *Wounded Innocents*, I began it with the story of the little girl at MacLaren because there was still another dimension to that tragedy: There had been no need to take the child from her family in the first place.

She was taken because her older brother

had been hit in the face with a tennis ball, leaving a black eye. Although "believe the children" was the mantra at the time, no one would believe the boy when he said he wasn't abused. And no one would talk to his friends, who saw what really happened.

So both children were whisked away for days.

Other children never come back.

Remember Gilbreanea Wallace? She was the 2-year-old taken away from her grandmother in 1999, only to be beaten to death in foster care. Less well known is why she was taken. Gilbreanea's grandmother was not accused of beating the child. She was not a drug addict.

Gilbreanea was taken because the pipes burst in their rented house, making it a health hazard. The authorities apparently offered no help for the child and her grandmother to find a new place to live. But they did offer \$5,000 for Gilbreanea's funeral.

This kind of wrongful removal is not unusual. Contrary to the common stereotype, most parents who lose their children to foster care are neither brutally abusive nor hopelessly addicted.

Far more common are cases in which a family's poverty has been confused with child "neglect".

Other cases fall on a broad continuum between the extremes, the parents neither all victim nor all villain.

What these cases have in common is the fact that there are a wide variety of proven programs that can keep these children in their own homes, and do it with a far better track record for safety than foster care or institutions.

But such programs are smeared when the label "family preservation" is slapped onto any decision to leave any child in any home under any circumstances, when something goes wrong.

It's been a very effective smear campaign.

**As a result, the dominant approach to child welfare in much of America can be boiled down to a single sentence: Take the child and run.**

Foster homes fill with children who don't really need to be there. That creates a so-called shortage of foster parents, so children are dumped in places like MacLaren.

Get the children who don't need to be in foster care back home, and there'll be plenty of room in good foster homes for children in real danger—without resorting to MacLaren.

Unfortunately, some want to go in the opposite direction and institutionalize more children.

These new "orphanages", it is said, will somehow be different from MacLaren. Yes, there are a few model institutions, luxury orphan resorts, complete with endowments that seem to rival the gross domestic product of Third World nations. There also are model

jails. But they are called models precisely because they are exceptions. And all the scientifically sound literature shows that even the good institutions do emotional harm.

The toll wrought by places like MacLaren is incalculable.

In contrast, the few places that are moving away from both foster homes and institutions by emphasizing safe, proven programs to keep families together are reducing their foster care populations and keeping children safer.

To cite just one example, thanks to a lawsuit that led to a landmark consent decree, Alabama is rebuilding its entire child welfare system to emphasize keeping families together.

Twenty-one counties have completed the rebuilding process. In those counties, the foster care population is down by 33 percent, and an independent, court-appointed monitor has found that children are safer now than they were before the changes.

The consent decree also calls for drastically reducing the use of short-term "shelters".

In Alabama they've learned what Los Angeles has yet to figure out: The only way to fix foster care is to have less of it. And the only way to fix MacLaren is to shut it down.

*Richard Wexler is executive director of the National Coalition for Child Protection Reform.* [End quoting]

How can anyone who knows anything about government-run institutions trust their or anyone else's children in such care? Wouldn't this be one of the best places for child abusers to be working, as has been proven so many times AFTER the damage is done and comes to light later on?

Sure there are going to be ones mistreated at home, and even killed, but generally speaking they are still safer than in government care. Check out for yourselves who are operating these child welfare offices and courts and how they treat the parents and children.

MICROSOFT'S CORPORATE  
SHENANIGANS AND GREED STOP  
POOR KIDS FROM HAVING  
CONTINUED ACCESS  
TO DISCARDED COMPUTERS

From the INTERNET, 7/01: [quoting]

The embittered battle between Microsoft and PCs for Kids continues, with the charity outraged over the software giant's so-called "gesture of goodwill".

Microsoft has released a statement saying it will provide 150 packs of Windows 95 and 10 refurbished computers worth a total of AU\$65,000 (U.S.\$32,500) as a "gesture of goodwill" to Australian charity organisations—the Rotary Club of Geelong and the Geelong YMCA.

"As the founder of PCs for Kids, I am ashamed at this half-hearted offer by Microsoft" PCs for Kids owner Colin Bayes said.

Bayes, angered by the software giant's decision said: "Microsoft has offered us zilch, zero. As far as they're concerned, we're going to fold."

Microsoft's corporate affairs manager, Julie Inman, told ZDNet that under-privileged kids in East Timor will receive the technology donation via the Rotary International project, "in association with PCs for Kids".

A spokesperson for the Rotary Club of Geelong, however, expressed concern for the charity's future saying the software giant's technology donation "does not help PCs for Kids at all".

PCs for Kids provides the Rotary Club of Geelong with recycled computers for its own charitable work.

Rotary says while the Microsoft donation will help the Club in the short term, it does nothing to support PCs for Kids' long term charitable work.

"Really the work is done by PCs for Kids. If Microsoft wanted to benefit them, they would've been better to give it to them."

"If in the long term their aim is to shut him down, they might achieve it" the spokesperson said.

Requesting 2,300 licenses, PCs for Kids have been embroiled in a battle with Microsoft over the installation of obsolete Operating Systems on recycled computers, which it donates to underprivileged kids.

The charity and Microsoft met early last week to discuss a way for the operation to continue its work without infringing on copyright laws.

"Given concern about PCs for Kids, we are doing everything to expedite the application process and are hoping to ensure continued support" a Microsoft statement said.

PCs for Kids application for 2,300 copies of Microsoft's software valued at over AU\$400,000 (U.S.\$200,000) was knocked back. Inman says: "We weren't able to help them out in this particular instance; it's quite an extraordinary ask given that we try to reach a broad range of charities."

Bayes says Microsoft's "kind" gesture to donate software to disadvantaged children in East Timor does not solve the copyright issue and has left hundreds of kids on the charity's waiting list without assistance.

PCs for Kids has received international acclaim over its fight for the right to donate computers to needy kids.

According to Bayes, United Kingdom Prime Minister Tony Blair has even sent the charity a letter outlining his support for its efforts in bridging the digital divide. [End quoting]

What's wrong with this picture? If you buy a book, record, video tape, cassette tape, etc., you can give it to anybody you want. Don't you think it's about time we rid ourselves of this corporate gouging that dictates you can't even legally give away your obsolete software

to kids for charitable causes? It's only going to get worse if we don't stop these shenanigans.

MILITARY CORRUPTION:  
SQUALENE CONFIRMED IN  
ANTHRAX VACCINE AFTER  
NUMEROUS PENTAGON DENIALS

From the INTERNET, 9/25/00: [quoting] Representative Jack Metcalf of the State of Washington revealed in a report Thursday that the FDA found squalene in the anthrax vaccine being forced upon the U.S. military under pain of court martial and/or dishonorable discharge.

The FDA confirmed the presence of squalene in the anthrax vaccine by using a more sensitive test than one used by the Pentagon. Squalene is NOT an FDA-approved substance and its consequences on health are unknown. As a vaccine booster ingredient, it is thought to increase immunity, but its use has been denied time and again by the Pentagon. Congressman Metcalf again called on the Pentagon to immediately HALT the anthrax vaccine program until the squalene source is identified and its health consequences studied.

**The revelation on squalene more clearly establishes that the Pentagon may be conducting "medical experiments" on service members. Other Congressional hearings have already established that the Pentagon conducted de facto experiments because it avoided organization-level FDA review before changing the way the vaccine is used and administered.**

The exodus of hundreds of military members, including many officers and skilled pilots, over the vaccine demonstrates the gravity of this issue as it relates to Pentagon "integrity" and the overall national defense capability. Young people thinking of joining the military may decline a tour or career when faced with such questionable and risky employment treatment. The recruiting impacts of this issue are highlighted by House and Senate Armed Services Committee testimony that the military may need up to 50,000 more members to meet current global obligations.

More information on the anthrax vaccine policy will be made available at the Service Member Support rally in Philadelphia this Saturday, September 30 [2000] at noon, the Widener Building, One South Penn Square.

The "NO ABUSE" organization was established out of concern that the Department of Defense (DOD) mandatory anthrax vaccine policy represents another episode in a legacy of questionable and often harmful medical practices. Many service member relatives, as well as military, medical, legal, and policy experts assisted the House Government Reform Oversight and other Congressional Committees as they investigated the anthrax vaccine in nearly a dozen hearings during the past 18 months. These citizens determined a formal organization

was necessary to address the anthrax vaccine, the planned DOD Joint Vaccine Acquisition Program (JVAP), and other related military health matters on a long-term proactive basis.

The NO ABUSE (a non-profit organization) address is: P. O. Box 70186, Washington, D.C. 20024-0186; Redmond H. Handy, President. [End quoting]

This is almost a year late as far as breaking news goes, but was not widely publicized in the conventional print and broadcast media outlets—as usual. Military personnel have enough problems maintaining morale these days without the additional weight of trying to deal with how their employer is out to do them in with an injection. Unfortunately, history has long revealed that the military brass seem to have no moral problem experimenting on the rank-and-file soldier. So now we find out that all the concerns were more than justified. What will be next?

ALGAE-AID

From WIRED magazine, August 2001: [quoting]

"Band-Aids are for boo-boos." So says Sergio Finkielsztejn, president of Marine Polymer Technologies. "The RDH is all about trauma."

Finkielsztejn is referring to his company's 4-by-4-inch Rapid Deployment Hemostat, a bandage that stops bleeding in seconds. The RDH is supercharged with a polysaccharide produced by unicellular algae, or diatom, cultured in sealed bioreactors in the firm's Danvers, Massachusetts, labs.

The polysaccharide attracts platelets and red blood cells and accelerates clotting. Bleed time is cut by two-thirds. Currently, only cardiac and kidney dialysis patients and hemophiliacs use the algal bandages, but Finkielsztejn wants to extend its reach into uncontrolled trauma settings such as battlefields and mountain-bike trails, where injuries are common and help is far away. Marine Polymer is negotiating with the Feds to market a soldier-friendly RDH kit, and is developing the Prodein Patch for sports enthusiasts. Sounds great, but starting at \$30 a pop, don't look for it on supermarket shelves. — Charles Graeber [End quoting]

Certainly a good idea for a bleeding emergency. But, at \$30 apiece, what do you suppose the profit mark-up is over actual production costs?

RUSSIAN SENSATION: NEW ENERGY  
SOURCE TO POWER EVERYTHING

From the INTERNET, 7/01: [quoting] (Story originally published by Pravda in Russia, July 12, 2001. Original headline: A NEW WAY TO PRODUCE ENERGY DISCOVERED BY RUSSIAN SCIENTISTS. USING NUCLEAR FUEL, GAS, OIL,

## AND COAL CAN BE REFUSED)

[Editor's note: We're leaving this story in the fractured English in which it was received, as translated from the Russian. It's more fun reading it that way and you can still figure out what is meant.]

Russian scientists have made a sensational discovery. Some fundamental investigations realized by them could entail a real revolution on the field of industry and power engineering and allow us to make a series of new inventions.

Traditional ways of producing energy are becoming now unworkable. Completely new materials and technologies are being created. In particular, it is possible today to build so-called airborne vehicles of non-supported moving, like UFO.

According to the Russian Academy of Science member, Doctor of Technics Valeri Sobolev, a special electrochemical process has been discovered—"exhausting process"—which results in appearing high-temperature materials in a "new condition". Therefore a new condition of a material, a new power source, and a new superconducting matter have been received and magnetic charge has been discovered.

Scientists are intending now to work out completely new current sources for domestic and industry aims, **which could continuously produce energy without using any kinds of fuel. It would allow to renounce using nuclear fuel, gas, oil, and coal.** Environment's condition could be bettered too. On the basis of "exhausting process" new ultrastrong materials are supposed to be created, which could be used in producing cars, planes, and rockets. Metals and other constructing materials could be replaced with them.

The group of scientists has already sent a letter addressed to the Russian President, which informs about their discoveries. Now is the state's turn to give a government contractual work.

[End quoting]

If this story is accurate, it suggests that some process like what we know as "cold fusion" may have been developed in Russia to a level ready for practical application.

GERBER USES WORLD TRADE ORGANIZATION TO SUPPRESS LAWS PROMOTING BREASTFEEDING

From NEXUS magazine, July-August 2001: [quoting]

Gerber Baby Foods Corporation has used the World Trade Organization to suppress a Guatemalan law that encouraged mothers to breastfeed their children.

In 1983, the government of Guatemala passed a law and regulations with the goal of inspiring new mothers to breastfeed their infants and understand fully the harm that could be done to their baby if they used breast-milk substitutes.

Gerber objected to Guatemala's law. It

refused to remove its trademark picture of a smiling chubby baby from its product labels. It also refused to add a phrase to the labels saying that breast milk is superior. In November 1993, Gerber lost its appeal but opened up a new line of attack on Guatemala, stating that the law was an "expropriation of Gerber's trademark".

In 1995, when the World Trade Organization came into being, Gerber dropped its claim regarding expropriation and began to challenge Guatemala before a WTO tribunal. Guatemala realised it was in battle with an immense power. The government changed its law to concede to Gerber's marketing practices.

Reference: Peter Montague <peter@rachel.org>, "Corporate Rights vs Human Need", *Rachel's Environment And Health Weekly*, November 18, 1999, <www.rachel.org/bulletin/index.cfm?St=4> [End quoting]

This is the kind of amoral hardball that the corporate world of—yes—baby products play at the expense of human health. Perhaps the WTO was REALLY created by these corporate giants just so they could apply the appropriate strong-arm tactics to any organization (including the governments of countries) that might get in the way of profits. Makes you wonder how some of these people sleep at night—assuming they actually have a conscience!

Again note that this story is actually not new news, and yet look at the route it took to finally get to us and to you—while the evening news programs are too "busy" informing you about the latest Hollywood marriages and divorces.

KEEPING OUR FREEDOMS

From THE DAILY NEWS, Los Angeles, Letter To The Editor, 7/22/01: [quoting]

If you ask the average citizen what he thinks of politicians, he is apt to say they are self-serving, corrupt, and often dishonest. And yet these same citizens want the government to assume more and more of the activities that once were the province of private citizens in education, welfare, and health. They forget that the government is made up of politicians. Either these same citizens don't mean what they say about politicians' characters, or they believe they can be miraculously, morally rehabilitated. If we

want to keep what remains of our freedoms, we had better keep Congress out of our lives, and stop asking politicians to do things we ought to be doing for ourselves.

— S.D.C. of Van Nuys, California

[End quoting]

The miracle is that anything of merit ever gets done by professional politicians. Or as Mark Twain put it a century ago: "There is no distinctly native, American criminal class—except Congress."

The problem is that we would much rather complain than be personally responsible for our welfare, and the politicians are "merely" exploiting that weakness for their own personal advantage. So who is REALLY to blame?!

MICE CURED OF ALZHEIMER'S

From POPULAR MECHANICS magazine, August 2001: [quoting]

For the first time ever, scientists have successfully reduced Alzheimer's disease plaques in a living animal.

"The idea that plaques can be cleared is a surprise" says Harvard Medical School researcher Brad Hyman. "Plaques were thought to be a rather permanent feature." The treatment involved drilling holes in the skulls of mice and applying antibodies against amyloid-beta, a protein found in the plaques in their brains. The plaques cleared away within three to eight days.

"It holds promise for patients who suffer from the devastating and fatal disease" says a lab spokesman. [End quoting]

Perhaps this could be useful in the short term, while research is done to better understand how to prevent the disease in the first place.

POLICE WILL TICKET FOR MISSING PLATE

From THE DAILY NEWS, Los Angeles, for 7/14/01: [quoting]

Starting on Monday, Los Angeles parking enforcement officers will crack down on drivers whose cars don't have a front license plate, officials said.

Many people think a front plate detracts from the "aesthetic beauty" of a car, said Diane



A HORSE IN BALANCE WEARS  
A CROWN OF LIGHT



A story honoring en-Light-ened riding masters who developed *Guidelines* to bring: discipline, beauty, grace, and balance in the movements of a horse, from a girl who desired to be a better rider. She became the first equestrian American woman in Olympic history. This is her own life story; how their *Guidelines* produced oneness with her horses, also the realization of Creator-God, the Balancing Fulcrum, from riding the Figure 8. The en-Light-ened equestrian masters were Fritz Stecken and Ludwig Von Zeiner, Head Rider of The Spanish Riding School.

Price: \$12.00 (shipping included), payable with name & address to:



M.B. Gill, P.O. Box 277  
Devault, PA 19432-0277



Cunningham, parking administrator in the city's Department of Transportation. But the department's Photo Red Light Program "is dependent upon the compliance of motorists displaying their front license plate" she said. [End quoting]

Government bureaucrats at every level are trying every way possible to empty our wallets. How much do you want to bet "aesthetics" actually have ANYTHING to do with the REAL reason some people can't seem to bring themselves to attaching their front license plate?

### HIGH-TECH SPEED TRAP?

#### Satellite Tracks Rental Car Drivers

Excerpted from *THE DAILY NEWS*, Los Angeles, 7/1/01: [quoting]

James Turner learned an expensive lesson in the perils of speeding last fall, but not from the highway patrol. Instead, Acme Rent-a-Car in New Haven charged Turner a total of \$450 for speeding during a business trip.

When Turner, a theater manager in New Haven, rented a van one Saturday last October, he signed a rental agreement with Acme that included a warning that read: "Vehicles driven in excess of posted speed limit will be charged \$150 per occurrence. All our vehicles are GPS-equipped." Global positioning system equipment can determine a vehicle's location at any time.

Turner, who had previously rented from Acme, did not notice the warning. When he returned home to New Haven, he discovered that the rental agency had deducted \$150 from his checking account three times during his trip.

It turned out that Acme had recently installed GPS devices manufactured by AirIQ of Toronto in its fleet. But it did not provide Turner with location information and driving directions as some other automotive GPS devices do. Instead, the AirIQ system was used to pinpoint where and when Turner traveled at what Acme contends were "speeds in excess of 90 miles per hour" said Max Brunswick, the lawyer for Acme. The incident was first reported in *The New Haven Advocate*, a weekly newspaper. [End quoting]

I've read that they were stopped from doing this. However, BEWARE OF WHAT YOU'RE SIGNING.

### DOCTORS OR GUNS?

From the INTERNET, <AABCC@yahoo.com>, 8/4/01: [quoting]

This is a reply to an article recently in the News Desk about physicians killing many more people than guns while performing their occupation.

In a message dated 8/2/01, <CrazyLibertarian@aol.com> writes:

Excellent, but as a doctor (actually,

physician; doctor is the degree while physician is the pursuit), I wonder whether it's the licensing laws and FDA that have actually killed more people. — Roderick T. Beaman

Thank you, Doc! I actually intended this as humor. If I were to "rant", it would not be about guys like you, who've paid their dues, but about the state's intrusion into medicine. Is it just me, or can't everyone see what the "vote buyers" in DC are planning with the "Patient's Bill Of Rights"?

Here's a hint: around 1978, Medicare legislation was enacted and budgeted for \$4.5 billion the first year; after much study of demographics, actuarial data, etc., a 15-year projection was made, with a budget plan of \$8 billion for 1992. This sort of makes sense—an 80% increase over 15 years.

Human nature, and the fact that if something was "free" its demand might change, was never factored in by these rocket scientists. (Or was it?) Actual Medicare expense in 1992 was over \$118 billion, and now we're quibbling about giving more than that away each year to a relatively small part of our population just in pharmaceuticals, "legal" drugs. (Phylis, a retired RN working in our office part-time, doesn't carry a purse; she carries a large shopping bag, and it is chock full of whatever you may want—Paxil, Librium, Ritalin, Valium, gliptazine, avopro, water pills, Cylert, her favorite, etc. She knows how the system works; her drugs cost her nothing. You know more such stories than I, and I know many.)

And don't get me started on the FDA—perhaps nothing more than whores to those they are charged with monitoring.

Sorry, this is getting lengthy. Two last points: (I would love your comments, for sure!)

1. Why is it that "every" (actually 3 of 4) doctors who I have seen with my heart condition is foreign educated and named "Patel" or "Chandrarum"? When I ask them why so many Hindus choose a field in cardiovascular medicine, rather than proctology, radiology, etc., the answer is the same. In an accent that Peter Sellers would die for, they say: "The heart is the heart of things." Ted Bachellor would roll over in his grave.

2. Check the website of Dr. Day. She had a choice—burn it, poison it, cut it, or take things into her own hands. Like you, she has paid her dues, and chose the latter. *The Tumor Endured* by Dr. Lorraine Day (actually, the tumor is not the point, but from there you can get to her other pages.) Take care. UncBob [End quoting]

He expresses concerns about the medical profession and its diabolical handlers that resonate with all of us. And by all means visit Dr. Lorraine Day's website <www.drday.com>, especially if you have never heard her strong opinions when a guest on Art Bell's late-night talk-radio program. She did everything "wrong" according to her professional colleagues about her large cancerous tumor—and has lived to

enjoy a very productive life long after she was supposed to be dead!

### U.S. CONSUMER GROUP TARGETS "MISLEADING" FOOD LABELS

From the INTERNET, <http://www.rense.com>, 7/27/01: [quoting]

Americans' efforts to eat healthier diets are being thwarted by misleading and hard-to-read labels on packaged foods, according to a national consumer group.

The Center for Science in the Public Interest announced Thursday that it is once again petitioning the US Food and Drug Administration (FDA) to step up its enforcement of food labeling laws in an attempt to make ingredient lists easier to read and more shopper-friendly.

"(Packages) are designed intentionally to keep people from understanding those labels" said Michael F. Jacobson, the group's executive director. "They're trying to attract us with the words that we want."

Jacobson showed reporters dozens of grocery store products that boast fruit, vegetables or whole grains on their packages. He raised one package of Aunt Jemima blueberry pancake mix that depicts several large, ripe blueberries on the front.

"Funny, there are no blueberries in this product at all" said Jacobson, who noted that the simulated blueberries are actually made from sugar, soybean oil, salt, and other ingredients. "Mother Nature did not make blueberries like that," he said.

Consumer advocates say that the average consumer spends only 7 seconds choosing each item in the grocery store, making them easy targets for misleading packages.

The center is renewing a 1995 petition asking the FDA to force manufacturers to enhance the readability of their ingredient labels. "Many labels now are printed in all capital letters and in cramped typeface that makes them hard to decipher," Jacobson said.

The group is also urging the agency to require that food packages display the percentages of their major ingredients as required in the European Union and in many Asian countries.

"The FDA already has the authority to do it," said Rep. Frank Pallone, a New Jersey Democrat.

Food manufacturers responded in a statement that their current packaging standards enable consumers to make quick and informed choices about their products.

"We believe consumers are concerned about the overall nutrition of the product. The current nutrition facts box and ingredient label conveys this important information in a way that consumers feel is easy to understand," said Lisa Katic, the director of scientific and nutrition policy for the Grocery Manufacturers of America.

Rep. Nita Lowey (D-NY) said that many food packages are “deceitful” and called on manufacturers to “clean up their acts”. Lowey announced that she would soon introduce legislation designed to require manufacturers to clearly identify potentially dangerous allergens in their products. [End quoting]

You know the ingredients must be pretty bad in many products if the manufacturers are so resistant to honesty. Besides pressuring politicians to enact legislation, directly pressuring the manufacturers (that you know they’re up to no good or why the dishonesty attitude?) can likewise be an effective persuasion. The deceit only works when the public is ignorant of what is REALLY going on, otherwise it backfires on the manufacturer.

Those of you who see *Consumer Reports* magazine are treated to a full color page (“Selling It” on the inside of the back cover) of such outlandish deceptions every month. By exposing the deceit in such a publicly embarrassing way, that page does more to cause manufacturers to think twice about duping the public than all the legislation in the world could achieve.

#### JULY SNOWSTORM STUNS SAUDI ARABIA

From the INTERNET, <para-discuss@tje.net>, 7/24/01: [quoting]

RIYADH, SAUDI ARABIA—It was a snowy July day in Saudi Arabia. Really.

An unexpected snowstorm on Monday trapped thousands of people at a mountain park near the border of Yemen.

During the blazing July sun, it’s common for Saudis and visiting foreigners to visit a national park in the mountains to try to beat the heat.

This time, several centimetres of snow cooled them off a little more than they are used to.

The unusual weather drove people into a panic, injuring 75 picnickers.

Saudi civil defence teams in helicopters and mountain jeeps were called in to rescue them.

— Written by *CBC News Online* staff

[End quoting]

We are seeing more and more unusual weather conditions all around the Earth. Man’s unethical tinkering with things beyond his understanding is only going to cause Mother Nature to react in ever more violent ways. This is a good time to make sure your own stash of emergency supplies is fresh and available.

#### NIKOLA TESLA COMMEMORATIVE PLAQUE UNVEILED AT THE HOTEL NEW YORKER, IN MANHATTAN, NEW YORK CITY

From the INTERNET, <para-discuss@tje.net>, 7/9/01: [quoting]

Tomorrow, 7/10/01, 7PM, Nikola Tesla

commemorative plaque to be unveiled: <http://www.teslasociety.com/pressrelease.htm>

New York, June 16, 2001

Nikola Tesla commemorative plaque to be unveiled at the Hotel New Yorker, in Manhattan, New York City. The ceremony for the unveiling of the Nikola Tesla plaque will be held at the Hotel New Yorker, in the presence of many dignitaries. The Hotel New Yorker is located at the corner of 8th Avenue and 34th Street, in Manhattan. The ceremony will take place on July 10, 2001 at 7 p.m.

July 10 is Nikola Tesla’s birthday, which is celebrated as an official day in New York, New Jersey, Pennsylvania, Colorado, Nevada, and many other States in the United States. July 10 is Nikola Tesla Day.

Nikola Tesla is “the genius who lit the world”—whose discoveries in the field of alternating polyphase-current electricity advanced the United States and the rest of the world into the modern industrial era.

Nikola Tesla had 700 patents in the USA and Europe. Tesla’s discoveries include the Tesla coil, fluorescent light, wireless transmission of electrical energy, remote control so important in cosmic exploration, discovery of cosmic radio waves, and use of ionosphere for scientific purposes. Nikola Tesla was a New Yorker, who lived and worked in New York City almost 60 years, and died at the Hotel New Yorker on January 7, 1943.

— The Committee for the Tesla commemorative plaque. [End quoting]

Such a small, very belated token acknowledgement to a man of such great genius. He gave the world so much in the way of technologies which would free all peoples from drudgery and pollution and economic hardship. But those dark ones who control the world from behind the scenes recognized these contributions as great threats to their power base and made sure only those gifts from Tesla they could control were made available to us. One day soon the truth will be made known about this great humanitarian scientist and personal friend of great humanitarian author Mark Twain. There is yet much to be revealed at the proper time!

#### HOUSE VOTES TO RESTRICT MEXICAN TRUCKS IN U.S.

From *THE DAILY NEWS*, Los Angeles, for 6/21/01: [quoting]

By Alan Fram

In a surprising setback for President George W. Bush and his plans to further open trade with Mexico, the House voted Tuesday to block the Transportation Department from issuing permits that would let Mexican trucks operate throughout the United States.

By a 285-143 roll call, the House approved a provision by Rep. Martin Sabo, D-MN, that would scuttle the administration’s plans to begin allowing thousands of Mexican trucks to begin

shipping goods to and from any point in the United States beginning next January. The increased truck traffic was to occur under the North American Free Trade Agreement, which was enacted in 1993.

The battle continued the fight between unions and business that has marked Congress’ easing of trade barriers in recent years.

Mexican trucks currently are restricted to commercial zones stretching north of the U.S. border into California, Arizona, New Mexico and Texas. [End quoting]

It looks like we won another—at least partial—victory against the elite controllers’ plan to homogenize the US with Canada and Mexico. Let’s keep on the lookout that they don’t try to pass this dubious law in the middle of the night sometime. If the crooks in high places have anything going for them, it’s persistence and cunning.

#### THERE’S A SECRET THAT I’D LIKE TO SHARE

From the INTERNET, <para-discuss@tje.net>, 1/8/01: [quoting]

For Everyone,

When you have money (cash, check, or whatever form), hold it between your palms and mentally “bless” it.

Money is a concrete form of Divine energy, and when you bless it, you free it from its past. It can never again be used for any evil purpose.

You will find that money will come to you to be blessed. A bit of redemption work here.

— This comes from a very reliable source which I trust. Love, Rose [End quoting]

True or not, it certainly can only do some good. Keep in mind the powerful message in our front-page feature this issue (and back in the June issue) about heart energy and its amazing applications!

#### THANKS FOR THE MEMORY: BENVENISTE VINDICATED

From *NEXUS* magazine, July-August 2001: [quoting:]

About homoeopathy, Professor Madeleine Ennis of Queen’s University, Belfast, is, like most scientists, deeply sceptical. That a medicinal compound diluted out of existence should still exert a therapeutic effect is an affront to conventional biochemistry and pharmacology, based as they are on direct and palpable molecular events. The same goes for a possible explanation of how homoeopathy works: that water somehow retains a “memory” of things once dissolved in it.

This last notion, famously promoted by French biologist Dr. Jacques Benveniste, resulted in his excommunication from the scientific mainstream. More than a decade later, Professor Ennis jumped at the chance to join a large pan-European research team, hoping finally

to lay the Benveniste “heresy” to rest. **But she was in for a shock, for the team’s latest results controversially suggest that Benveniste may have been right all along.**

A consortium of four independent research labs in France, Italy, Belgium and Holland, led by Professor M. Roberfroid at Belgium’s Catholic University of Louvain, used a refinement of Benveniste’s original experiment that examined another aspect of basophil activation.

The team knew that activation of basophil degranulation by algae leads to powerful mediators being released, including large amounts of histamine, which sets up a negative-feedback cycle that curbs its own release. So the planned experiment involved comparing inhibition of basophil algae-induced degranulation with “ghost” dilutions of histamine against control solutions of pure water.

The result, soon to be published in *Inflammation Research*, was the same: histamine solutions, both at pharmacological concentrations and diluted out of existence, led to statistically significant inhibition of basophile activation by algae, confirming previous work in this area.

Jacques Benveniste is unimpressed. “They’ve arrived at precisely where we started 12 years ago!” he said.

(Source: By Lionel Milgrom, *Guardian*, 15 March 2001, <www.guardian.co.uk>) [End quoting]

The important point of the above is not that these scientists have confirmed what has been known (if not easy to explain) for a long time about homeopathic medicine. The truly important accomplishment here is that these groups of scientists were honest enough to report their results, even though such results fly in the face of conventional thinking. If science could find the nerve to do this in general, then there would be great advances in our understanding of Nature. As it is now, however, money (and perhaps a threat on your life) rules what is acceptable science and what must be hidden or suppressed according to the selfish wishes of the world controllers.

#### FIRST PLASTIC SUPERCONDUCTOR

From *POPULAR MECHANICS* magazine, June 2001: [quoting]

The world’s first plastic superconductor has been fabricated by Bell Labs in Murray Hill, N.J.

Scientists began by depositing a solution of polythiophene on thin films. This caused the molecules to stack up against each other like uncooked spaghetti, says a lab spokesman. Then, instead of adding impurities to change the electrical characteristics of the plastic, the chemists altered the molecular structure of the polymer by removing electrons. When cooled to minus 455° F, it loses all resistance. The next

step is to raise the temperature at which the plastic becomes a superconductor.

“With the method we used, many organic materials may potentially be made superconducting” says research chemist Zhenan Bao. [End quoting]

I still want you to know what is being published about all of the so-called new technology products—even if such are probably quite “old” as far as where our super-secret scientific laboratories have progressed to.

#### SPRINKLING HARD DISKS FOR MEGA-DENSITY

From *POPULAR SCIENCE* magazine, August 2001: [quoting]

Conventional computer wisdom held that hard disk drives would soon hit an impassable storage limit. Of course, something usually comes along to disprove conventional wisdom. This time it’s “pixie dust” from IBM.

Technically known as antiferromagnetically coupled media (AFC), the new hard drive design involves sprinkling a layer of ruthenium (a precious metal similar to platinum) only a few atoms thick on magnetic disks to help hard drives achieve previously unheard-of storage densities—as much as five times current hard disk capacities.

Until now, the problem with increasing the capacity of hard drives was that when the magnetized grains on the surface of a disk were made smaller, the chances of losing bits of information became higher. However, with ruthenium, the material IBM calls “pixie dust”, the grains are tall and thin and thus can be packed more closely together without a loss of stability.

Pixie dust hard drives aren’t just laboratory magic, either. The first models are already available in the form of IBM’s AFC Travelstar disk drives, which pack 25.7 gigabits of data per square inch (versus 20 gigabits on conventional drives). Without increasing the cost, IBM hopes to rapidly increase densities to the point where we should see 400-gigabyte drives in desktop computers, 200GB drives in notebooks, and matchbook-sized 6GB drives within a few years. — Daniel F. Carney

[End quoting]

This discovery will certainly benefit the worlds of laptop computers and the miniature “smart” electronic products that are continuously being introduced. The moral of the story, of course, is that as soon as someone says there is a line beyond which you can’t go—someone else proves that pronouncement wrong!

#### CONVERTIBLE GOO

From *WIRED* magazine, August 2001: [quoting]

This black goo breaks the laws of physics on demand: Just add magnets and the magneto-

rheological (MR) material turns from a free-flowing liquid into a solid. Conceived in 1949 at the National Bureau of Standards, the substance is finally being put to full commercial use. General Motors will incorporate it into shock absorbers on the upcoming Cadillac Imaj. Ford plans to make computer-controlled clutch mechanisms, seat belt tensioners, and shock absorbers that change their viscosity on command to absorb kinetic energy and minimize damage caused by car crashes and adverse road conditions.

Embedded in the substance are micrometer-sized iron particles coated in a polymer. When magnetic force is applied, the north pole in one iron particle attracts the south pole in another, forming a line. The stronger the field, the stronger and more solid the bond, up to the saturation point.

“The advantage of magneto-rheological shock absorbers” says John Ginder, a scientist at Ford’s Research Lab in Dearborn, Michigan, “is that they can be controlled in real time, so that they can become more or less rigid depending on the road conditions.” If Ford gets its way, the car of the future will be made entirely of MR material. Press the Reset button after that fender bender, and speed away unscathed. — Niall McKay [End quoting]

One wonders if this material is particularly reliable when used over and over again, such as in a shock absorber, or if there is going to be generated a big-money business in replacement parts!

#### HIGH-VOLTAGE CONNECTIVITY

From *WIRED* magazine, August 2001: [quoting]

POWER-LINE TECHNOLOGY—Hype, or soon-to-be reality?

With communication via power-line technology, it’s hard to tell. Simply plugging your computer into an electrical outlet for Net connectivity has so far been as likely as pigs sprouting wings. This is especially true in the States, where power-line technology (PLT) issues are more complicated than in Europe (which has greater housing densities, more conducive voltage levels, and fewer issues with transformers). But two American companies have spent much of the summer quietly conducting tests with utility clients in the East and Midwest, and plan to roll out services next year.

New York-based Ambient—which will partner with Cisco and Bechtel on future projects—is working with the utility Consolidated Edison of New York to expand its testing to several hundred homes by early 2002. ConEd wants to use PLT to sell additional services to clients, says George Jee, the utility’s director of planning. The revenue from tacked-on features could bring in \$300 million a year for ConEd if only 5 percent of its 3.3

million customers sign up for \$150 in monthly services, which could include Net connectivity, video-on-demand, concierge offerings, smart appliances, and IP telephony.

Meanwhile, Powerline Technologies in Reston, Virginia, is trying out its system with two utilities in the East and one in the Midwest. Earlier this year, the company finished initial PLT tests in suburban Atlanta, where a handful of households accessed the Net through a specially designed modem that can hit speeds greater than 1.5 Mbps.

As utilities nervously eye electricity shortages, they can't confidently say they'll be able to supply power, let alone Net connections. Yet, some analysts see PLT as the coming killer app—if, of course, it lives up to its promise.

"While everyone is focused on the stars, or at least on a satellite, the solution is right in front of us" says Morgan Stanley senior adviser Judith B. Warrick. "I'm seeing the light at the end of the tunnel with power-line communications. By year-end, we should see products shipped and announcements of last-mile testing coming out of beta."

— Frank Jossi [End quoting]

What a predicament for the power companies whose greed has led to the unpredictability of blackouts right now. If they want to offer Internet services also, then they'll have to shape-up or risk losing the new Internet customer base to more reliable Internet services. They couldn't have painted themselves into a more responsible corner—at least from the point of view of we customers!

#### FAMOUS EGOTISTICAL & EMBARRASSING QUOTES

*"Heavier-than-air flying machines are impossible."*

— Lord Kelvin, President, Royal Society, 1895

*"The [flying] machine will eventually be fast; they will be used in sport, but they are not to be thought of as commercial carriers."*

— Octave Chanute, aviation pioneer, 1904

*"Computers in the future may weigh no more than 1.5 tons."*

— Popular Mechanics, 1949

*"I think there is a world market for maybe five computers."*

—Thomas Watson, Chairman, IBM, 1943

*"Who the hell wants to hear actors talk?"*

—Harry M. Warner, Warner Brothers, 1927

*"The bomb will never go off, and I speak as an expert in explosives."*

— Admiral William Leahy, U.S. Atomic Energy Project, 1945

## KIND WORDS FROM OUR READERS

*"Wonderful interview by Rick Martin with Eric Phelps. Just enough information to open my eyes on some new topics and wet my curiosity for Mr. Phelps' new release."*

*"Lines are drawn to help connect groups that seem to be disconnected on the surface, but are clearly operating on the same agenda. Background information is deep and thorough, which helps to clear up previous confusions brought on by undocumented 'history'."*

*"Mr. Phelps states his position very clearly when asked direct questions and he doesn't avoid the uncomfortable issues. I quite enjoyed this article and I think like-minded readers of truth will as well."*

*"Thank you hard-working folks of The SPECTRUM for another issue jam-packed with most interesting topics and valuable information."* — **P.C. from FL** (posted on SPECTRUM's Internet message board)

*"A friend of mine was kind enough to loan me a copy of The SPECTRUM. I was very impressed with it. I'm sending two articles that may be of interest to you, although you may have already heard of them. Enclosed is a check for my subscription."* — **L.N. from OR**

*"God will provide! I don't have a job but was blessed with some resources which I feel most grateful to share with you."* — **W.C. from HI**

*"I love The SPECTRUM for its unique ability to feature articles that go right to the heart of the matter on many issues."* — **D.P. from MN**

*"I thank you for your continued dedication to bringing us The Truth under such pressure and financial burden. Hope the enclosed will help a little. I look forward to your paper every month. God Bless You."* — **V.R. from BC, Canada**

*"Dear SPECTRUM Family: Blessings upon your Beloved Hearts for your commitment to The Truth. SPECTRUM continues to be Soul food—there are no words other than these to express my gratitude to you all. Thank You."* — **M.C. from BC, Canada**

*"Dear Staff: I stayed up last night reading and re-reading the June issue—as always, fascinating and powerful. Take care and I spirit on to you my love."* — **E.A. from CA**

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*"Everything that can be invented has been invented."*

—Charles H. Duell, Commissioner, U.S. Office of Patents, 1899

[End quoting]

Be careful what you say, at least in the way of predictions, unless your imagination is really good!

#### MORE INTERESTING WEBSITES

<<http://www.geocities.com/haarpman/wthrmmod.htm>>, weather satellite pics and info.

<[http://seismo.ethz.ch/redpuma/redpuma\\_ami\\_list.html](http://seismo.ethz.ch/redpuma/redpuma_ami_list.html)>, excellent earthquake site.

<<http://starstream.com/treeoflife>>

<<http://www.davidicke.net/emagazine/vol23/menuvol23.html>>

<<http://www.cyberspaceorbit.com/rogues.html>>, photos of the Sun—very unusual.

<<http://skywebsite.com/hollow/etidorhpa>>, book on the hollow Earth.

<<http://www.geocities.com/grace24u/4thofjul.html>>

<<http://www.eagle-net.org/omega>>, book.

<<http://www.eagle-net.org/dulce>>, book.

<<http://www.carpenoctem.tv/cons/mib.html>>, a lot of conspiracy and NWO stories, etc. [End quoting]

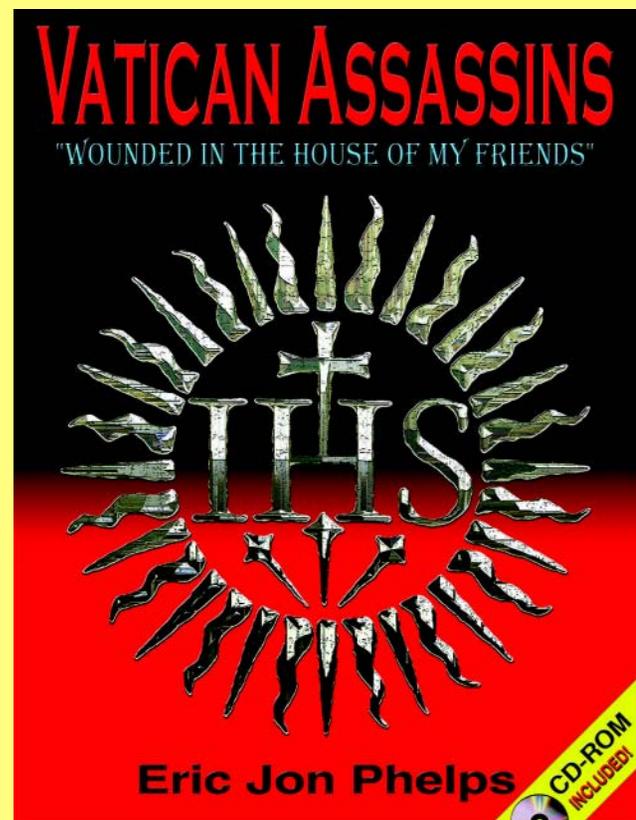
#### THE HARBINGER

From the INTERNET, 7/28/01: [quoting]  
By Bill Walker

It wasn't Noon yet, but the temperature was already approaching ninety-five degrees on the morning I started my flight training at Fort Wolters. It was warm for May, even for Texas, and since the base was intended to be a training ground for Vietnam, the heat just made the experience all the more authentic. We knew that the lucky few who made it through the grueling nine-month warrant officer flight-training course would soon be off to a destination even hotter than Texas.

As nearly two hundred of us stood at attention, we were flushed with excitement. On this day, we would finally begin the "hands on" portion of flight school. We had been through nine tough weeks of basic training in Louisiana and four weeks of continuous harassment from our tactical officers while we began the ground school portion of our classes. The purpose of the harassment, we knew, was to shake out anyone from the program who couldn't handle the pressure of intimidation and confusion. The ability to remain focused during combat is critical to survival.

That morning, however, no amount of



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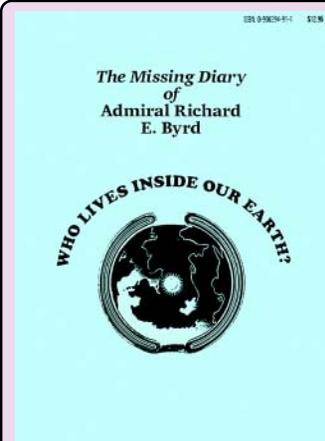
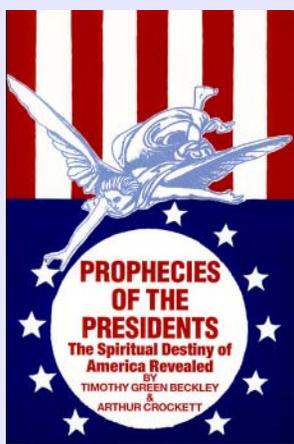
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BY TIM BECKLEY

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## The Missing Diary Of Admiral Richard E. Byrd

"I must write this diary in secrecy and obscurity. It concerns my arctic flight of the nineteenth day of February in the year of nineteen hundred and forty-seven.

"There comes a time when the rationality of men must fade into insignificance, and one must accept the inevitability of the Truth! I am not at liberty to disclose the following documentation at this writing, perhaps it shall never see the light of public scrutiny, but I must do my Duty and record here for all to read one day in a world which hopefully the greed and exploitation of certain of mankind can no longer suppress that which is Truth."

—Admiral Richard E. Byrd (from the Introduction)

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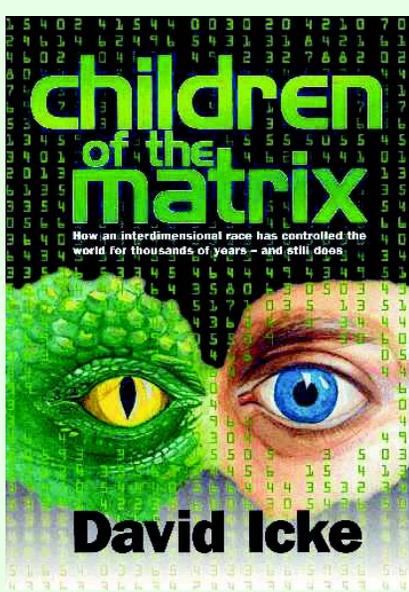
David Icke exposes these forces and their methods of human control and he reveals a fantastic web of global manipulation, orchestrated by forces beyond this physical realm.

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harassment could have taken away from the excitement of climbing into the cockpit of the TH-55 training helicopter to actually begin learning to fly. Although it was common knowledge that only a portion of those who began flight school would actually end up with wings, each of us was convinced that we would soon fly "above the best".

Lunch, and our tactical officers, were all that stood between us and our first flight. We knew from experience that the tac officers could be brutal, so we wondered, uneasily, what they would throw at us during this portion of our training.

As we stood rigidly facing the tac officer, waiting for instructions, a tiny robin hopped out in front of our formation. It seemed confused and a little frightened. Suddenly, its mother flew a low swoop across the lawn, as if encouraging her youngster to take to the air. Despite our efforts to remain focused on the men in command in front of us, everyone's eyes followed the birds. Even our officers turned to watch, mesmerized by the scene.

Over and over, the tiny bird ran as fast as its little legs could move, taking off after its mom. But despite its best efforts, gravity kept it tethered to the Earth. Again and again, the little ball of feathers raced across the grass, flapping its wings, only to hop up on a stone at the end of its long run.

Completely ignoring the crowd of staring bystanders, the mother robin swooped down after her baby's attempts to fly, cajoling and chiding it. "Like this" she seemed to be saying. "Try again."

All two hundred of us watched breathlessly, silently praying for the little bird to succeed. Each time it flapped and hopped its way across the

lawn in front of us, we'd groan at its failure.

Finally, after we had stood at attention for what seemed like hours just watching, those tiny wings took hold of the air, and the baby bird became airborne for a few feet. You could almost see the little bird swell with pride.

Then, on one last run across the front of our formation, the gray piece of fluff rose into the air. Two hundred would-be warrant officers burst into wild cheers. We watched, ecstatic, as the little bird followed its mother to the horizon. Our tac officers turned back to us, smiling. What could they add? It had been the ultimate flight lesson. [End quoting]

Even hardened Air Force officers' hearts can be softened by watching one of God's beautiful creations teaching it's offspring in a most appropriate procedure and at a most appropriate time. How could anyone ever think such events as these are coincidences?

### CALLER-ID AMAZING STORY

From the INTERNET, "Mary" <msnell@txk.net>, 7/23/01: [quoting]

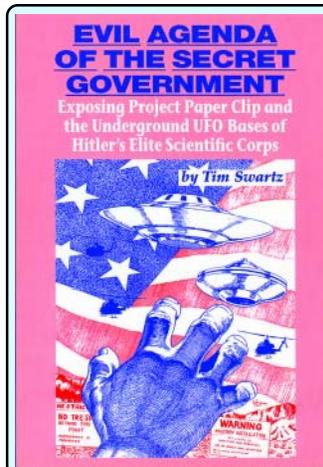
The pastor's church is called Almighty God Tabernacle. On a Saturday night several weeks ago, this pastor was working late, and decided to call his wife before he left for home. It was about 10:00 PM, but his wife didn't answer the phone. The pastor let it ring many times. He thought it was odd that she didn't answer, but decided to wrap up a few things and try again in a few minutes.

When he tried again, she answered right away. He asked her why she hadn't answered before, and she said that it hadn't rung at their house. They brushed it off as a fluke and went on their merry ways.

The following Monday, the pastor received a call at the church office, which was the phone that he'd used that Saturday night. The man who he spoke with wanted to know why he'd called on Saturday night. The pastor couldn't figure out what the guy was talking about. Then the guy said: "It rang and rang, but I didn't answer." The pastor remembered the mishap and apologized for disturbing him, explaining that he'd intended to call his wife.

The man said: "That's OK. Let me tell you my story. You see, I was planning to commit suicide on Saturday night, but before I did, I prayed: 'God, if you're there, and you don't want me to do this, give me a sign now.' At that point my phone started to ring. I looked at the caller ID, and it said 'Almighty God'. I was afraid to answer!" [End quoting]

We've all heard the statement: "God works in mysterious ways." Yet it always fascinates me to come across this type of story. I have had similar situations happen to me over the years, as I bet you have too. Let's always try to remain open to the little miracles which cross our path when we least expect them. △



## EVIL AGENDA OF THE SECRET GOVERNMENT

BY TIM SWARTZ

Exposes Project "Paper Clip" and the underground UFO bases of Hitler's elite scientific corps. Elements of the CIA and the Secret Government have imitated real alien abductions to convince the public of interplanetary invasion so New World Order gang can rule the Earth unchallenged.

Project Paperclip was the secret plan that took Nazi scientists and psychiatrists out of Germany and into the upper echelons of the U.S. governmental, scientific, and academic realms.

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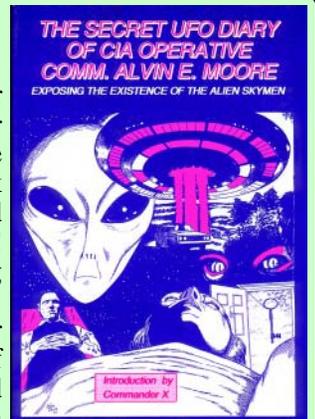
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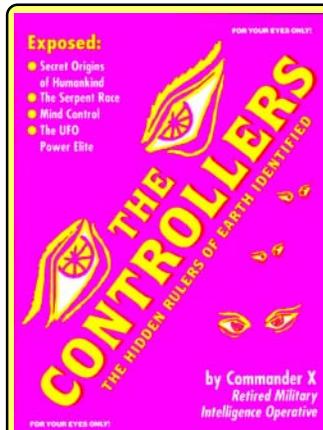
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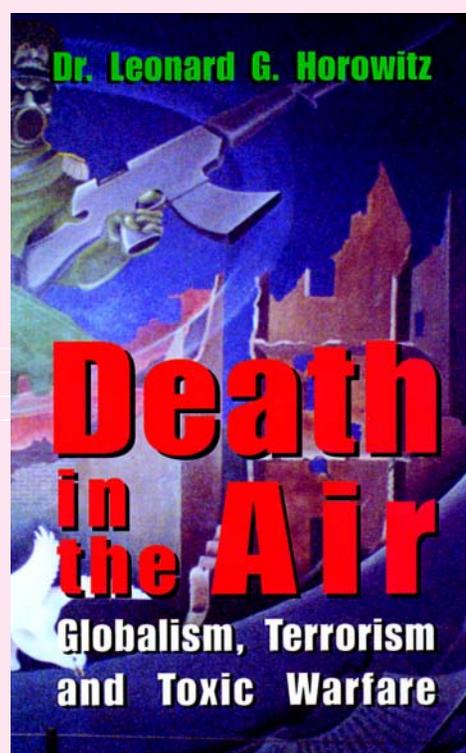
## THE CONTROLLERS: THE HIDDEN RULERS OF EARTH IDENTIFIED

BY COMMANDER X

We are the property of an alien intelligence! "Our" planet is a cosmic laboratory and we are but guinea pigs to those who have kept us prisoners on Earth. Humankind continues to wage all-out battle with those who have kept us as their slaves since the beginning of time. They are:

- The Soulless Ones
- The Greys
- The Elders
- The Counterfeit Race
- The Illuminati

They have, says the author (who is of military intelligence) kept us in human bondage by: • Controlling our minds • Planting imperfect thoughts in our heads • Kidnapping humans • Impregnating women • Causing global



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# Subtle Winds Of Change Stirring Within Us All

8/4/01 HATONN

Good evening, my scribe. Be still. I am Gyeorgos Ceres Hatonn, come in the One Light of Creator Source. Be at peace, my friend.

There are great energy shifts impacting you ones that are unavoidable. These shifts are coming from many directions as if there is some sort of “vortex” summoning forth a great need that must be fulfilled. In essence, this would be an accurate model if it were not for the fact that the vortex simply does not exist in the classic definition of same.

The guiding factor is not some external phenomenon “out there” somewhere efforting to suck you into it. But rather, an inner phenomenon within the “mass consciousness” (which draws upon the vast infinite and collective experiences of all souls) that perceives tell-tale markers and thus senses (in this case, in a foreboding manner) a need for preparation. This inner sense of expectation—whether perceived consciously or not—is what molds the unfolding physical experience. Therefore the vortex-like phenomenon is created.

This is very much like the subtle reactionary effect that works in one’s subconscious wherein panic, nervousness, and anxiety are produced in response to some environmental stimulus—such as a sound, odor, or a combination of events—that triggers the memory of a past event of great trauma. For example, when you hear the crackling sound of a fire blazing in a fireplace, you may feel a sense of anxiety even though you may not consciously remember the time as a small child when you were hurriedly awakened in the middle of the night and carried from your burning house.

In much this same manner, many ones are feeling that “something” is up, and on a very subtle level there is created an energy vibration within the individual that, in and of itself, would not be significant enough to precipitate a physical phenomenon. However, when this same subtle vibration (disturbance) is collectively being felt by BILLIONS of experiencing souls, the subtle disturbance becomes cumulatively quite powerful, and massive subtle energy (or “etheric” energy) shifts are not only possible, but likely—which in turn precipitate phenomena in the physical.

**As a unique “spark” of Creator Source, you each are co-Creators with INFINITE potential to flow creative energies. The majority of those experiencing in the physical at this time simply lack the discipline and clarity of thought to recognize this basic truth for themselves.**

When the mind is easily distracted and in a constant state of shifting from one random thought to the next, there is very little alignment between the heart (emotional energy) and the head (analytical thought energy). This is the primary reason that the majority miss the fact that they are a co-Creator with unlimited potential to focus and flow this infinite Life-Force energy.

The collective heart emanations (electromagnetic vibrations) of all experiencing individuals is summed together and the resulting call for energy is answered perfectly from moment to moment. Those who have mastered control over their mind and heart have the ability to quite literally warp space and time within their localized area of attention, and thus give the appearance of “supernatural” abilities.

These abilities are not supernatural, but rather, quite natural as you progress in your understanding of the whole reason for the physical experience in the first place. **You are each there efforting to learn to discipline yourself so as to become a RESPONSIBLE co-Creator, and thus expand your ability to contribute to the infinite quest for greater awareness, and thus newness and growth.**

As has been stated many times prior, the journey is infinite. This implies that there is no beginning relative to any time reference you can quantify, nor is there an end. Newness or uniqueness of experience is the greatest joy, for it holds insights that will garner the reward of greater awareness, which then serves as the catalyst for the next new idea and experience.

Returning to the great energy shifts that are impacting you ones: look around you. Do you notice things happening that don’t quite seem “right”? Do you notice events happening more and more which defy mere coincidence?

Just recently there was announced not one, but three separate occasions where an athlete has died as a result of “heat stroke” within a two-day period. These were young men in their physical “prime”. Why?

Hint: Has anyone noticed the unusual

weather all around your globe? Not only is it growing more unpredictable, but the extremes are becoming more extreme. The same forces influencing your planet’s weather are likewise influencing YOU through your energy field.

These are the EFFECTS of the energy shifts of which I speak. The “push” of this energy and the resulting effects could be attributed to any number of factors, both naturally occurring and man-made. However, the absolute CAUSE is a result of the mass consciousness desire for change that will bring forth inner understanding of that “little something” that so many ones feel they are “missing out on” in life.

**That so-called “little something” is actually quite important, for it is no less than the CONSCIOUS recognition of the true nature and purpose of the physical experience! This includes the recognition that you each are indeed co-Creators and that there is a great inner desire to accept PERSONAL RESPONSIBILITY for that gift and ability, and to use it in a balanced manner.**

**This desire that is (and has been) awakening within the collective awareness is generating situations all over the world that will eventually culminate in that which is necessary to bring forth the awareness of the answers that you ones are collectively seeking.**

Will these events be good or bad, positive or negative?

The answer to that question will depend entirely upon your current level of awareness and understanding. If a father loses his son to an illness, and due to his “tragedy” goes on to find a cure for that same illness that saves millions of lives (maybe including YOUR son or daughter), then was the experience a tragedy, or perhaps an effective catalyst for positive growth?

When ones can keep in mind an appreciation of the broader perspective with respect to the physical experience, they will recognize that there is not death of an entity. Yes, the physical apparatus that you use to focus consciousness through may very well cease to function over time, but that is truly insignificant with respect to the overall journey of the soul.

Many of you have incarnated billions upon billions of times for various reasons. Some of your incarnations may have lasted only a couple of minutes, as you may have chosen a brief interaction so that a loved one would have the necessary catalyst in their experience to move from a “stuck” position—perhaps like the father-and-son example above.

Look not upon change in a negative way. ALL experience has positive value when viewed from the larger, infinite perspective of the soul. It is only from a lingering doubt concerning the existence of one’s own soul that

fear of bodily death grabs a foothold.

The energies that are now in the “ethers”, and beginning to precipitate phenomena in the physical, are perfectly suited for the collective reality of those of you experiencing at this time. There are no mistakes, and each will experience what they need the most in order to come into conscious recognition of the next step that they need to take in their own journey. No two experiencing ones will walk the EXACT same path, though you may very well travel segments of your journey in both large and small groups.

For those who continually postulate the questions “What can I do to prepare for what is coming?” or “What is my role/purpose in this life?” I say to you: Learn to go within and discern for yourself that the answers to your questions lie within. Learn to recognize your own inner connection to the ALL THAT IS—Creator Source. Within this inner awareness one can find the answer to any question that you deliberately FOCUS and HOLD your attention upon. There are no exceptions, and your greatest challenges to overcome will be the “chatter” of your own mind and the erroneous beliefs you hold onto as “gospel” truth.

Never stop asking questions. Never stop seeking answers. You each have much to learn and much to teach. Sometimes your teacher will only be a fraction of a step ahead of you, and many times you will find that your teacher is the very one you are trying to help. Learn to be humble and aware that, in as much as you know and understand right now, there will ALWAYS be room for growth—and you can learn a great many things from the layman, the scholar, and everyone in between.

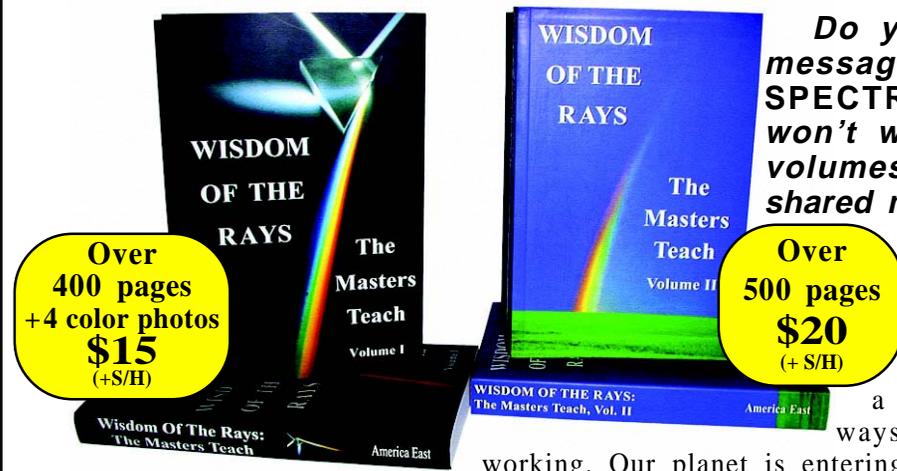
Learn to allow yourself to play from time to time as the children so often do. Learn to allow time to do the things you enjoy. Taking life too seriously can be just as debilitating as not taking it seriously enough. There is always a balance point to be achieved.

This is most often symbolized as the Yin and the Yang, the opposing forces. You ones live in a bipolar, electromagnetic pulse-wave universe, where BALANCE of energies is the key to unlocking every mystery. When you balance the heart energy (emotional, Yin) with the head energy (analytical, Yang), your life will smooth out, and you will be much better able to perceive what path is correct for you at any given point in time. When these energies are perfectly balanced you have the state of Love, Joy, and for some, Nirvana.

I am Gyeorgos Ceres Hatonn, come in the Light (perfectly balanced electromagnetic pulse-wave emanations) of Creator God’s infinite spectral expression. May you each find within these words the message that most deeply resonates within your being, and take notice of what your inner, feeling voice is telling you.

Blessings and Peace to you ALL! Salu. ☺

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“Let us begin with WHO you are. You, the non-physical YOU, are an infinite thought projection of the One who created you (God!). You are the product of His desire. You are, in effect, Desire manifest in uniqueness of purpose.” — Esu “Jesus” Sananda (Vol. II)

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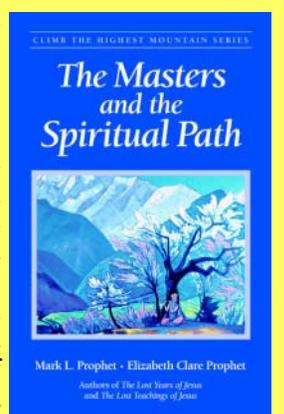
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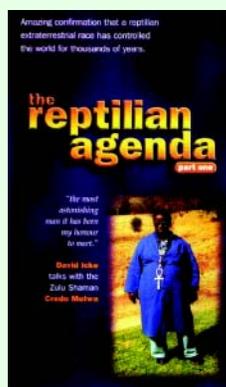
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## The Reptilian Agenda Parts I & II

**(Featured interview in the October 1999 issue of The SPECTRUM.)**



David Icke has produced two amazing videos with the Zulu “sanusi” or shaman, Credo Mutwa, who reveals astonishing information which, until now, was only available to the highest initiates of the African shaman tradition.

Credo says, “The world must know this—and know it now.”

He reveals how a shapeshifting reptilian race (the “Chitauli” to Africans) has controlled humanity for thousands of years and how their bloodlines are in the positions of royal, political, and economic power today.

Credo Mutwa supports all the themes outlined in *The Biggest Secret* and adds his own unique knowledge and experience of traveling Africa for nearly 80 years.

These videos will re-write the UFO/extraterrestrial story in a way that

will blow your mind. UFO researchers have ignored Africa and therefore ignored one of the greatest sources of knowledge on the planet.

While people still argue over Roswell and the extraterrestrial beings apparently found there, African tribes-people have been interacting with these ET “gods” for thousands of years, sometimes eating them, as Credo Mutwa did on one occasion with unforgettable consequences.

Credo has not only seen dead “greys” many times, he has seen them examined behind their “grey” exterior and he knows exactly what they really look like—and it is nothing like we think!

“This is the most amazing man it has ever been my honor to meet—a genius—and the importance of these videos is simply beyond words.”

—David Icke

After making these videos, Credo was visited by two people from Cape Town who offered him 50,000 rand, and a house anywhere in South Africa he would like to name, if he would agree to never speak to David Icke again and never have anything to do with him. Credo's reply can be imagined!

**2-Tape Set: over 6 hours \$49.95 (+S/H)**

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# Something's Up In The Banking & Monetary World

*Editor's note: We here at The SPECTRUM have been, on a regular basis, sharing bits of information with you readers about some of the curious shenanigans going on in the world of money. Most recently we covered one aspect of this situation at length back in the April 2001 SPECTRUM in an article titled "England 'Bombs' Gold Prices"—which expanded on a theme from several items in the News Desk about "gold jitters" from a month earlier.*

*The following excerpted items are all courtesy of the always interesting Rumor Mill News ([www.rumormillnews.com](http://www.rumormillnews.com)). While we have no way of verifying the validity of this information, and any mentioned dates can—and usually do—change depending on the tug-of-war going on behind the scenes, the "rumors" presented herein are potentially of such great importance that we are compelled to share them with you.*

*The money world is, of course, a major arena for exercising control over large numbers of people. It would appear that some kind of a major struggle is in progress in this arena between the forces of good and evil. Perhaps the chess pieces are truly in place to finally topple the longtime stranglehold of the diabolical Federal Reserve. Time will tell about that. Keep your eyes and ears open for clues—even from the controlled print and broadcast media—as things unfold.*

## **8/10/01 NEWS DESK SPECIAL REPORT**

Date: Friday July 27, 2001, 2:16 a.m.

Subject: Something's Up In The Banking And Monetary World

From Rayelan, Publisher, *Rumor Mill News*:

This is long, but it is VERY important!

Over the weekend, I "ran" into one of my sources. I find this funny, because I haven't seen or heard from them in months. I am sure they knew I was moving over the weekend; I announced it on the webpage and in an email. He contacted me at a time when all of my computers were packed and I could not get online.

The jist of the conversation rambled from the major corporations' control of food, to water rights, to the flouridation of California's water at the order of Governor Davis, to gold, with many other "smaller" topics sandwiched in between.

During the conversation, which could have been monitored by anyone, I kept thinking to myself: "I know he is telling me something very

important. Which piece of the puzzle does he want me to focus on?"

In the next few days, I received several messages from another researcher. I was too exhausted to call back, so he finally emailed me.

"What's going on at the U.S. Treasury?" he asked.

Suddenly some of the bits and pieces of the conversation I had with my Source began to make sense.

I emailed back: "Do you think the Federal Reserve is getting ready to be replaced with Treasury banks?"

He replied: "People are dumping dollars and buying gold. No one is reporting it. The Treasury Department and Secretary O'Neill are going to be left holding the bag and taking the blame for the demise of the Fed. Bush and O'Neill are charting different paths. It seems O'Neill is dancing to someone else's tune. What's going on?"

Then I received the following from another source who has been following the huge "metal trusts" in Europe: "We have UNprecedented activity [suggesting] that...the monetary and banking changes [are] VERY VERY soon."

He added: "We need to SUPPORT the men and women who are implementing the new banking systems around the world. Whatever you can do to send out info telling people that the GOOD PATRIOTS are the ones behind everything, will help a lot.

"By the way, there are several of our people who have played double-agent roles:

"Top guy at Fed (who wrote Ph.D. thesis on the ideal banking and monetary system which is having precious metals-backed currency etc.),

"Top lady in HIGH justice, past high military folks, and many others. They will probably be prominent in bringing forth these changes and we need to support them with our prayers and in other ways.

"They have done what was necessary to BE IN POSITIONS of POWER to get this huge shift done when the time came.

"Also, most of the riff-raff of our government is being cleaned out in one fell sweep! YOU will LOVE this!"

Over the years, I have had numerous conversations with this fellow and with several others who are also involved in various "metal trusts". I have known of the plan to "break the back of the FED" since 1991. I knew that the plan involved the "metal trusts".

I have also known that the "Plan" involved

creating United States Treasury Banks to replace the Fed.

When I was in Austria, in 1994, I was told that when the Euro goes "online", backed by GOLD, the dollar will plummet, the Federal Reserve will be bankrupted, and the American people will get out from under the yoke of oppressive taxation which feeds the FED via the IRS.

I was told to expect three things to happen all at once:

1. The dollar will plummet and gold will rise;
2. The Federal Reserve will be bankrupted and be dissolved. (It is doubtful if the American people will be told that the Fed is bankrupt. Such news would create panic in the streets. More than likely, one night we will go to sleep with Federal Reserve banks, and the next morning we will wake up with United States Treasury Banks.)
3. The income tax will be replaced by a national sales tax.

While I have many different pieces of the puzzle, and while I know how dangerous it has been for the "double agents" who have "lived" within the "belly of the beast" for many years, I still have not been able to put ALL the pieces together.

I would appreciate the help of our financially astute readers and agents. If you think you have a piece of the puzzle, please post it as a reply (if you are an *RMNews* Agent), or email it to: <EDITOR\_RMNEWS@yahoo.com>. I will be following up my initial information with a few phone calls, and hopefully by tomorrow afternoon I will have MORE pieces of this puzzle.

In the meantime, check out <<http://www.nesara.com>>. This website shows the way for us to lift off the oppressive yoke of the International Bankers and take back control of our money and our nation.

Tonight I received email from Bill Murphy, Chairman of GATA (Gold Anti-Trust Action committee). These are some excerpts:

"GATA has come up with the goods on what the 'strong dollar' policy is all about. A significant part of that strategy was the manipulation of the gold market. GATA has them nailed and they are panicking because they know once we prove our case that they will be liable to the most monstrous lawsuits in history."

"Russia is getting ready for the dollar to crash. Preparedness measures have moved from the realm of published warnings, to concrete actions, such as the Central Bank's decision to put the gold chervonets coin into circulation."

"Robert Hormats, the vice chairman of Goldman Sachs, said Thursday he believes the dollar is overvalued against the euro, and the White House would like the dollar to depreciate but is uncertain how to do this without triggering a sharp, disruptive move in the currency markets."

"Does any mainstream Wall Street groupie believe that ex-Goldman Sachs CEO Rubin, who organized the biggest market (gold) FRAUD in

history, is a stand up guy about what he said in Congress that the US should continue his strong dollar policy, while two of the most visible Goldman Sachs officials are going out of there way at the same time to TALK THE DOLLAR DOWN?

“All of this, while the GATA camp pushes on to expose the truth about how these ‘elitists’ have frauded the gold world for MANY years.

“Goldman Sachs is panicking because they know GATA is winning the day and we have the goods on them.

“Congress is still being bombarded by GATA supporters asking Greenspan and O’Neill to answer our queries truthfully.”

“The Gold Cartel is in a bit of a panic as a result of the activities of the GATA army. Greenspan, Mattingly, and now ALL OF A SUDDEN those good ole boys, Goldman Sachs, seem unnerved!

“Keep the faith out there, gold bulls. GATA’s ‘Enveloping Horn’ tactics have The Gold Cartel confused and bewildered. They cannot believe a ragtag army like all of us is socking it to them.”

\* \* \*

From: tonzal2001

Date: Saturday July 28, 2001; 10:49 pm

Subject: Gold, Treasury Bills, Notes, and Bonds

The Plan involved substituting counterfeit “bearer bonds” for the 10% reserve that ALL banks are supposed to have. This means that if our banks are ever audited fully, the audit will show that they have NO assets at all!

To implement The Plan, it was necessary to change the banking laws. This was done under Reagan. I was told by men who were involved in The Plan, that they would have done anything and everything necessary to see that Reagan was elected, including making a deal with Iran. They saw the Reagan presidency as their last chance to put their Plan on line.

When I was told this, I was also told that the families who are behind the New World Order had planned to put their world government online in 1984. Because of the opposition that the Reagan Administration created, the NWO was NOT able to come to power at that time.

In 1984, I had NEVER heard nor even IMAGINED a cabal as evil as the NWO. I doubt that less than 1% of the readers of *Rumor Mill* had ever heard or imagined a NWO in 1984. I will admit that there were a few members of groups like the John Birchers who were way ahead of the rest of us on this one, but these people are few and far between, and in 1984, NO ONE listened to them.

In a little over 16 years, America and many people in the world have awakened!

[Dr. Peter] Beter wrote this years ago, and it

seems to agree with what you are saying:

January 29, 1982

Beter 71

Reagan Era

United States Intelligence operatives first picked up hints that something big was in the works early last fall. As the information developed, the decision was made to move the New York Assay Office gold to West Point; and earlier this month on January 11 the dreaded Russian economic coup began to take place. What took place that day was a secret financial transaction in Geneva, Switzerland—the first of many which cannot be reversed! A deal was struck which will progressively give the Russian government a decisive economic edge over the United States. It will give the Soviet Union devastating leverage over the United States Treasury Department in particular, and thus over the economic fate of this country in general!

When the series of transactions which began this month have been completed, it will give the Kremlin effective control over America’s economic structure. The Russians will be in a position to use this unique power in any way they choose. They can use it to disrupt the economic maneuvers of the great and powerful forces here, if desired. They can also use it to destroy the investments and assets of every person having a bank account or fund denominated in dollars, or they can threaten America’s rulers with economic blackmail if America’s secret war preparations are not stopped. Once the transactions now underway are completed, those capabilities will be in Russia’s hands!

The transaction of January 11 was a huge gold sale by Russia to certain other interests. First, Russia had placed billions of dollars worth of gold in escrow under control of three Geneva banks.

Then the buyers of the gold paid for it in billions of dollars worth of United States Treasury securities. That is, title to these Treasury instruments of liability was transferred to the Soviet Union. The sale is to be only the first of many because the gold buyers control vast quantities of Treasury securities—that is, billions of dollars worth of Treasury Bills, Notes, and Bonds.

These securities bear interest and mature at specified dates. At the maturity date the holder has the right to turn them in and receive full payment of the principal from the Treasury Department, but usually that does not happen. Most big holders of Treasury securities roll them over at the maturity date—that is, the holder exchanges the old note or bond for a new one and continues collecting interest.

But now billions upon billions of dollars worth of these United States Treasury securities are beginning to move into the hands of the Russian government; and once they hold a large enough hoard of these Treasury instruments, the

Russians can choose not to roll them over. They can present them to the Treasury Department and say: “Pay up.”

\* \* \*

Date: Sunday July 29, 2001; 4:42 am

Subject: U.S. Gold Buying Activities

Dear Alec,

After reading your *Rumor Mill* message, I would like to offer the following small bit of news.

One of my gold buyers purchases solely on behalf of the U.S. Treasury, mainly for large lots of 6000 metric tons plus, and has a rolling credit line of half a trillion—that is, \$500 billion US dollars.

He is supported by a fleet of aircraft to collect the gold immediately after purchase and an “army” of U.S. security personnel to coordinate collection.

He has been buying gold worldwide for several years, hence the gradual build-up of U.S. Fed reserves of gold, for the purpose you expressed in your email. — Harry Lucy

\* \* \*

Date: Tuesday July 31, 2001; 1:39 am

Subject: There Appears To Be More Going On

From Rayelan:

Evidently there is more going on than I know. I was told by one of my sources that Alan Greenspan is going to make a “blockbuster” announcement early this week.

I was told that most people wouldn’t understand what he was talking about—but it appears as if he has to tell us the Federal Reserve Banking System is in bad shape and the system will have to change. I am hoping that what he means is the Federal Reserve Banks are bankrupt, like the thrift in Chicago, and the United States will have to go back to U.S. Treasury banks!

These Treasury Banks will be backed by gold, and since the United States doesn’t HAVE any gold, they will HAVE to buy it. The huge metal trusts I have been talking about for years now is where the United States will go to buy the gold. These trusts are controlled by American Patriots. These are the same trusts that many of you have invested in over the years. If I am right about what is about to happen, it looks as if some people, who have trusted for years now, will finally see their patience and prayers pay off. Not just for them, but for the entire world!

However, the war is not over until the truce has been signed, and until Greenspan cries uncle. Anything is possible—especially WAR! Keep your prayers focused on this country and our *Constitution*. If the United States survives, the rest of the world will also. But if the U.S. is brought down, then the rest of the world can look forward to the re-emergence of communism under a new name. You and I know this “re-

incarnation" as the New World Order. Only THE NWO knows what they will rename themselves once they have control.

I have predicted they will hide behind a New World Religion. This is why it is important to keep your eyes focused on Jerusalem right now. Jerusalem was chosen as the FIRST WORLD CITY back in 1948. It will become the home of the three western religions! If the plan that was set in motion at that time is still on the front burner, then before the NWO cries uncle and slithers into their underground bunkers for another 100 or so years, they will try their trump card—THE MESSIAH IN THE SKY!

Project Blue Beam—holographic projections of the Messiah, aliens, Princess Diana as the goddess, alien invasion, wars, pestilence. Don't think the NWO will give up easily! Unless the good guys have some kind of SUPER THREAT, that even the NWO can't counter, I predict that the change from the Federal Reserve to the U.S. Treasury Banks will NOT go smoothly!

Those who understand the Fed, the IRS, and gold—please keep focused on these three things. I really feel the demise of the Federal Reserve is the reason the Gary Condit scandal is keeping our attention focused elsewhere!

Also, please remember that some of the good guys and gals—true American Patriots—have had to rub elbows with the bad guys for years now. They have had to infiltrate and pretend to be one of them. Please remember that sometimes the good guys have had to wear the BLACK HATS! (p.s. Someone is saying that Greenspan is one of the good guys! Don't be fooled!)

\* \* \*

Date: Thursday August 9, 2001

Subject: More Rumors About Federal Reserve Being Broke

From Rayelan, Publisher, *Rumor Mill News*:

Yes, the country may be teetering on the brink of depression. Yes, there are those who say that Martial Law is just about to be imposed. Yes, we may be on the verge of war!

But I also believe that we are on the verge of seeing the end of the IRS, the end of the Federal Reserve, and the end of the New World Order's plan for a One World government this decade!

Why do I feel this way? It is because I continue to hear—from my sources—that the huge "metal trusts" that have been gathering money for over 20 years are just about to be broken and the money dispersed! The people who own these "metal trusts" are Patriots who believe in personal sovereignty and freedom. They joined together in these "metal trusts" in order to "break the back" of the Federal Reserve Bankers and the Eco-Slave State they want to create.

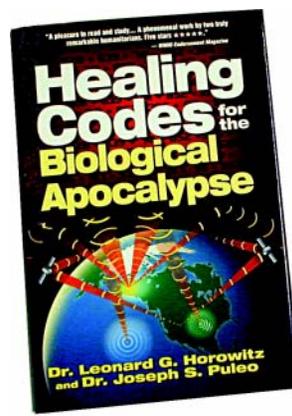
**I received word tonight that the change in the banks is just about to take place. Again I ask you to pull up the Internet website <<http://www.nesara.com>> and take a look. While this is NOT the final version, it will give you an idea of what is being proposed.**

In November of 1998, I told you that Hillary was going to run for Senator from New York. I received dozens of emails telling me that I was crazy. *Rumor Mill News* was the FIRST news source anywhere to alert people that Hillary was going to run for the Senate. And we didn't say the Senate from Arkansas—we said NEW YORK!

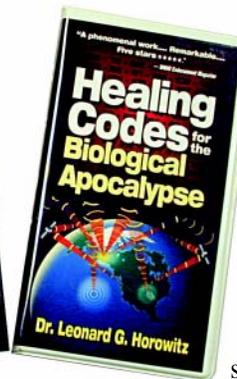
**The same source that gave me the information about Hillary told me about the change in the banks.**

I should add a word of caution: These are dangerous times for the shadow men and women who are trying to create a better world for all of us. The enemy knows their every move, even before they do. Constant roadblocks and death threats face them at every turn. Prayer can help these men and women right now. Send your prayers of protection, courage, faith, and strength to the men and women who are working behind the scenes to restore the freedom and liberty that all of us cherish. Pray like you have never prayed before! **BECAUSE NOW IS THE TIME FOR ALL GOOD MEN AND WOMEN TO COME TO THE AID OF THEIR COUNTRY!** △

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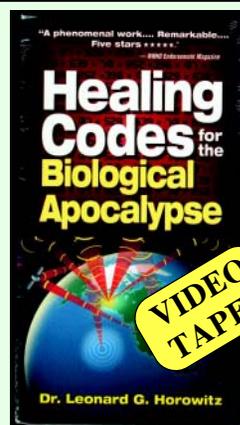
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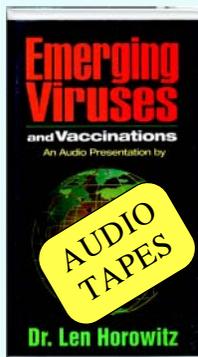
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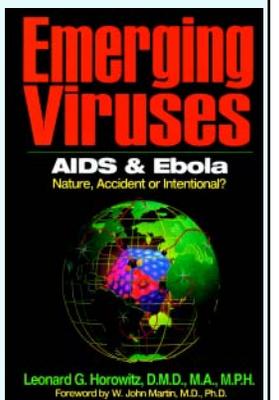
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This book reviews the numerous viral vaccine studies conducted simultaneously in New York City and Central West Africa by a narrow network of virologists working for major military-medical contractors under the auspices of the National Cancer Institute (NCI) and the World Health Organization (WHO). Included is Dr. Robert Gallo, the notorious "discoverer" of the AIDS virus. The text presents bizarre and horrifying facts about the biological weapons race of the 1960s and early 1970s when these researchers developed countless immune-system-ravaging viruses, and experimented with an assortment of antidote vaccines allegedly for "defense" and cancer prevention.



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# Actively Seeking An Inner State Of Peace

8/10/01 SOLTEC

Good evening, my friend. It is I, Ceres Anthonious "Toniose" Soltec, come in the Radiant One Light of Creator Source. Be still and be at peace.

Finding PEACE within can be quite a challenge in and of itself for you ones experiencing there in the physical at this time. However, to find and truly experience peace within will greatly assist you along your personal journey of self-discovery and healing.

When one truly experiences the inner state of peace within, there will naturally come a greater awareness of one's personal condition and surroundings. Most Eastern philosophies teach meditation as a means to achieve a sense of true inner peace. And though there are many avenues that lead in this general direction, few people actually take the time to actively seek a state of inner peace.

Much like when one tries to reason with someone who is very upset, the first thing that is often offered is the suggestion to "calm down" or "relax". Ones instinctively know that a calm state is much more productive and "reasonable" than a highly charged reactionary one.

**What many fail to realize is that they tend to walk around, day to day, in a mild form of agitation or anxiousness—while they continually set deadlines and schedules for themselves that must be "strictly" adhered to, no matter what the cost. Many will sacrifice sleep, and sometimes even nourishment, as they continually push themselves as a matter of routine or habit rather than true necessity.**

For most, this mild, chronic, low-level state of agitation (stress) is the primary cause for the body's deterioration. The "immune system" is a term used to describe the body's ability to fight-off infection and disease. This system does not exist as a distinct organ like the heart or lungs; rather, it is a "whole-istic" measurement of the body's general state of coordination and alignment of the non-physical energies as they interact with the physical counterparts.

Often, due to mental and emotional stress, one's non-physical energies become greatly distorted or blocked. When this happens, the

coordination of all the body's systems is affected. Often stress will cause digestive problems. The digestive problems (poor absorption of energy and building materials) then will lead to a general state of fatigue, and greatly affect the body's ability to repair and rebuild itself.

This, in turn, will lead to a "compromised" immune system. Often the "prescription" from a holistic health practitioner will be to get some rest, and make changes in your living habits so as to avoid any unnecessary stress. Perhaps a better recommendation would be to take the general suggestion of rest (which is pointing in the right direction, but is still somewhat vague) and add to it the suggestion to ACTIVELY seek an inner state of peace.

Inner peace is when all troubles and worries of the physical world are set aside. All material concerns are put "on hold". And, there is an inner calm—a sense of connectedness, belonging, and knowing that there is Perfect Reason for all that is. In this "spiritually aware" state of inner peace, a broader perspective is achieved. From the broader perspective comes greater understanding, and thus more balanced soul-utions to the challenges of the physical experience.

Remember, please, that the entire physical experience is a byproduct (or subset) of the non-physical realms. Some refer to the non-physical realms as higher-dimensional states. This is fine; there are many descriptions of the dynamics that make up the entirety of Creation.

The cause for ALL that exists in the physical lies in the non-physical world which, relative to your physical environment, would be viewed as layers of electromagnetic-like energies. The only reason the body functions in the first place is due to its ability to interface with these non-physical energies. The soul-you, experiencing in your domain through the physical vehicle, does so through the various energy centers (chakras) of the body. When an energy center is constricted or blocked, there results a diminished state of awareness in areas related to that energy center.

For example, one who experiences great "heartache" and emotional trauma will often, due to the overwhelm of negative energy oscillations, shut down or restrict the heart energy center. This will often lead to

deteriorated functioning of the heart itself, as well as deteriorated overall physical health, due to certain frequencies of etheric energies not being allowed to be absorbed and channeled through the heart and on into the blood stream. This, again, leads to a whole-body effect of deterioration and weakness.

Often, when an energy center has been restricted or closed down, the other centers will adjust their functioning to some degree, to compensate for the disruption. Again, this can cause general distortions in one's ability to interface with and through the body. Slowly the body begins to adapt to the modified energy signatures, and stabilization of the various systems is achieved, if often in a compromised mode.

This mode of operation will lead to all sorts of physical complications, such as obesity. I mention obesity, in general, due to the fact that this seems to be the most commonly associated condition with those who are "prone" to health problems, and it is the most outwardly noticeable sign of a body that is not functioning properly.

Obesity is often caused by a blockage in one's solar plexus energy center, usually due to emotional hurts inducing one to shut down "gut" feelings. That's one kind of problem. Another is how, as ones get older, their metabolism is said to slow down. But what is the true CAUSE of this slow-down? Most often it is due to the chronic and excessive use of mental energy through worry and "stress".

These emotional wounds and other forms of "stress" often result in constriction of the lower energy centers, and thus operation of the digestive and eliminating organs becomes greatly compromised. This condition will most often cause ones to over eat, as they will not FEEL the actual state of their stomach until it is quite over full. Also it will often lead to ones ignoring the TRUE cravings of the body's "regenerative system" (another name for the illusive "immune system") which coordinates the body's many needs for repair. Rather, the cravings (often in the form of addictions to certain foods and drinks) will follow impulsive reactions to the stresses held in the gut.

ALWAYS, the true cause for physical malfunctions can be traced back to various degrees of misalignment, constriction, or blockages of the non-physical energies which "run" the body. So what does this have to do with finding an inner sense of peace?

**To find, recognize, achieve, and acknowledge a TRUE inner sense of peace, ones will have had to work through many of these misalignments, constrictions, and blockages that keep the physical and non-physical out of balance. TRUE PEACE IS THE NATURAL STATE OF A BALANCED INDIVIDUAL.**

Those who oscillate their energies erratically

tend to be the angry individuals "out to 'get back at' the world". Those who tend to move very little energy tend to be the passive persons with a low degree of general awareness and desire. Those who have learned to balance (and thus more fully utilize) their energies are often viewed as charismatic, charming, likeable, productive, and happy, with a strong sense of self worth, inner value, and awareness of their surroundings.

On a broader scope, your great Mother Earth is herself actively seeking the same state of inner balance and peace as are you, in response to the many energies (both good and bad) impacting you both at this time. The difference is that she is much more consciously aware of her connection to All That Is than are you, and thus she has a more profound conscious sense of her purpose and destiny.

Actively seeking an inner state of peace will take you on a journey of self discovery, cleansing, healing, and most importantly, an inner awareness of your inner connectedness through and to Creator Source to All Life, everywhere. From this point of Awareness, all answers will be revealed. Certainty of who you are, why you are where you are, and where you are heading will be realized, and the physical experience will become quite enjoyable and positive as you look forward to the wonders in each new day with the vigor of the child who is exploring an amusement park for the first time.

I am Ceres Anthonious "Toniose" Soltec, along with MANY a Lighted friend from the non-physical realms who recognize the great desire you ones have for true inner peace and a greater awareness of self. We come in Light and Service to *The One Light*—Creator Source.

Seek and you shall find. Remember that the answers will often come in a form you least expect, so be quick to challenge old, dogmatic beliefs and see if they are truly serving your best interests.

Blessings and Peace to you ALL! Salu. △

## THE SMOKEY GOD AND OTHER INNER EARTH MYSTERIES

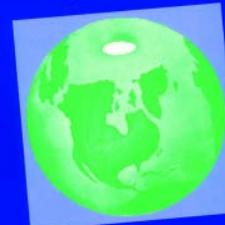
BY TIM BECKLEY

Half of the book consists of a reprint of the classic *SMOKY GODS* written by a Swedish fisherman who claims he found his way inside the Earth and had an amazing encounter with a race of super-wise giants who have lived inside the Earth since ancient times. Book also contains evidence that at least some UFOs may come from inside Earth and are piloted by a race of super-beings who have survived, largely unknown to the surface world. Includes interview with an inner Earth inhabitant from a city beneath Mt Shasta.

See next-to-last page for ordering or call toll-free: 1-877-280-2866.

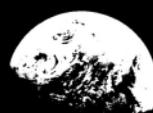
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Edited by Timothy Green Beckley

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The UFO enigma is more complex than generally believed. Though it is commonly thought that space ships are arriving here from other solar systems, there is now evidence that several groups of ETs have established bases beneath our very feet.

Here are bizarre stories about underground bases at Mt. Shasta, California; Brown Mountain, North Carolina; Dulce, New Mexico; Groom Lake, Nevada;

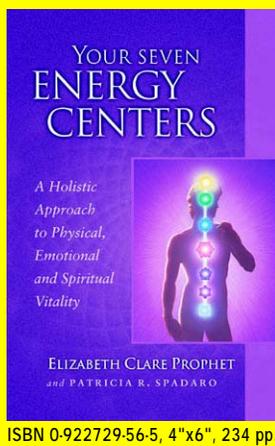
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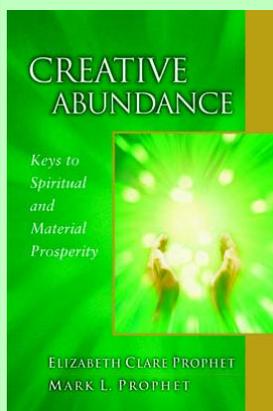
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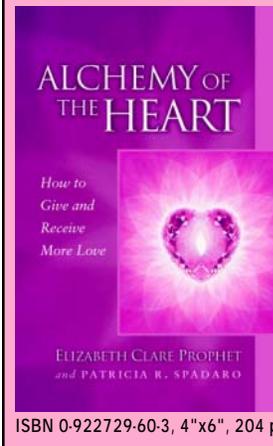
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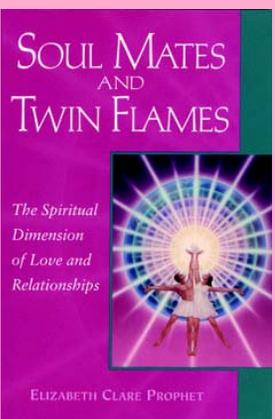
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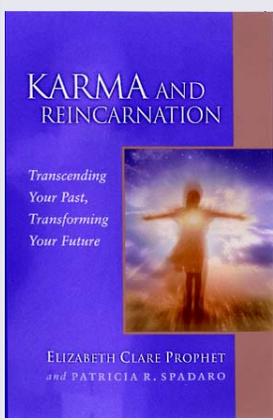
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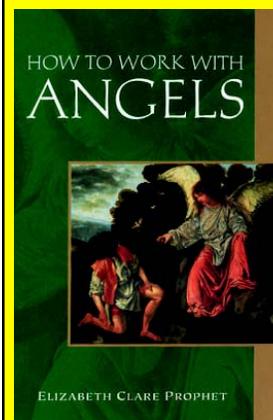
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# Your Heart Has A Mind Of Its Own!

[ Continued From Front Page ]

Pop, self-help formulas are a dime a dozen. The book racks are filled to overflowing with recipes for change. But how many of these self-help techniques really work? How many of these books are really worth the investment in money and time and effort? How many of them seem to be saying the same things, but often in such vague terms as to seem remote or obscure for any practical applications?

Gregg Braden made the provocative comment (in my front-page feature interview for our June 2001 issue) that: "HeartMath is recognized as, probably, some of the pioneers in exploring heart-based technologies, relating human emotions to our physical world."

I made a mental note at the time to follow-up on his comment about the HeartMath organization "just in case" there was something substantive going on there that might be of interest to SPECTRUM readers. Wow, is there ever!

At HeartMath, they are, in point of fact, delivering some truly astonishing findings in very practical ways to help the awakening seekers of Truth in a variety of complex environments.

When consulting the Institute of HeartMath's <http://www.heartmath.org> website, here is a portion of what they have to say:

"At the Institute of HeartMath (IHM) Research Center, we are exploring the physiological mechanisms by which the heart communicates with the brain, thereby influencing information processing, perceptions, performance, emotions, behaviors, and health. We are asking questions such as: Why do people experience the feeling or sensation of love and other positive emotional states in the area of the heart, and what are the physiological ramifications of these emotions? How do anxiety, stress, and different emotional states affect the autonomic nervous system, the hormonal and immune systems, the heart and brain?"

"Over the years we have experimented with different psychological and physiological measures, but it was consistently heart-rate variability, or heart rhythms, that stood out as the most dynamic and reflective of inner emotional states and stress. It became clear that negative emotions lead to increased disorder in the heart's rhythms and in the autonomic nervous system, thereby adversely affecting the rest of the body. In contrast, positive emotions create increased harmony and coherence in heart rhythms and

improve balance in the nervous system.

"Most intriguing are the dramatic positive changes that occur when people use techniques that increase coherence in the heart's rhythmic patterns. These include shifts in perception and the ability to reduce stress and anxiety, while improving learning and performance.

"The answers to many of our original questions now provide a scientific basis to explain how and why the heart affects mental clarity, creativity, emotional balance, learning, performance, and personal effectiveness."

"The real voyage of discovery lies not in seeking new lands, but in seeing with new eyes."

— Marcel Post

In the March-April 1999 issue of the eclectic *Utne Reader*, Eric Utne had this to say about the book *The HeartMath Solution*, authored by Doc Childre and Howard Martin:

"Researchers at the Institute of HeartMath in Boulder Creek, California, propose in *The HeartMath Solution* that the heart has its own brain and nervous system, and acts as a kind of internal gyroscope to help maintain balance between our brain's left and right hemispheres. Most importantly, they conclude that the heart and its electromagnetic field are sources of intuition, intimacy, and creativity. We've got a hunch that doctors, psychologists, business leaders, and others will come to see the heart as not just an eight-ounce bundle of throbbing muscle, but also a source of untapped intelligence for human development and global cooperation."

Excerpting from a revealing article *What Is Heart Intelligence?* by James Barrett ([www.heartbeat2000.com](http://www.heartbeat2000.com)), we read:

"New research has discovered an independent wisdom inherent to the heart that is not governed by other systems of the body. The heart has neural cells similar to those found in the brain, pointing to an innate logic to the heart. The heart is autogenic; it does not require a signal from the brain to beat. The impulse to contract originates in the heart muscle itself, in a small bit of specialized tissue called the sinoauricular node, embedded in the wall of the right auricle. This is not dependent on ANY external stimulus, and no other part of the body controls this function. You can be brain-dead and your heart can still

maintain the cells. When the heart stops beating, the body begins to crumble.

"In the past it was thought that the brain was the central organizer for the body. Today, we know that the heart is the key rhythm regular. The heart receives and translates information from the other physical systems, as well as from a non-local component, and broadcasts info-energy back to every cell, including the DNA matrix. The heart's primary job is to maintain balance in the body. It does this with every beat, 60 to 100 times per minute. Within each beat is a symphony of frequencies that trigger responses from the other systems. The result is what you experience physically and emotionally.

"Heart Intelligence is at the core of many recent books by some of the most prestigious doctors and researchers in the medical community. The heart's amazing properties and influences over other bodily systems places it properly at the core of health research and makes the inevitable connection between science and spirituality. Heart Intelligence is a phrase used to describe numerous attributes of the electrical and magnetic energy waves radiating from the heart that influence functions and systems, including the brain.

"When the waves of these energy fields are 'Phi coherent' or in-phase with Phi relationships, specific beneficial results occur within the mind and body. Some of those results include:

- The reduction or neutralization of the stress chemicals adrenaline and cortisol.

- The immune system increases efficiency. The aging process slows. The reasoning mind is opened to a broader base of information. A sense of well-being occurs and the body's natural healing process is enhanced.

- When the waves of these energy fields are 'Phi coherent' they are associated with emotional states that are generally perceived as open, receptive, or loving.

"Patanjali, one of the great Hindu yogis, defined ecstasy as smriti, which means memory. At the heart of full memory lies a natural wisdom that is inherent to the heart, and is your connection to natural love, which is at the heart of your soul identity. This natural love that resides within your heart is to be nurtured and expanded until it fills your being. This is the process of full memory to unfold in your awareness. The notion of the sacred heart, one as light as a feather, remains central to the experience of union.

"Heart Intelligence from my perspective is the informational connection to 'higher-self' wisdom. It is the informational connected aspect of the self that not only remembers omnipresent intelligence awareness, but also remains connected to this state beyond the illusion of separateness. Heart wisdom is the aware watching aspect of 'self' that is non-local. This non-local aspect of self may be represented by the soul, that nature or essence that acts as a guiding force anchored in love. This energetic connection is held at the core of each cell within the DNA, and at the core of each

atom or electron. For the physical body, its held within the zero-point of that energy field, which is located in the heart center.

“I believe the skill for developing a strong connection with the warmth of Heart Intelligence is developed through a truthful alignment of intention, words, and behavior with the emotional state called compassion. I define compassion as an exalted form of empathy.”

Sara Paddison, in *Hidden Power Of The Heart*, put this powerful concept thusly:

“As you continue to send out love, the energy returns to you in a regenerating spiral. As love accumulates, it keeps your system in balance and harmony. Love is the tool, and more love is the end product.”

Again, back a few months in our June 2001 front-page interview, Gregg Braden emphasized the importance of love in the following historical context: “And what the Essene texts say to us, in very, very, clear terms, is that although our souls may have come from many different places, with many different backgrounds, many different lifetimes, in a variety of histories, that we’ve come together on this Earth for one reason above all other reasons. And they say that we’ve come here to love, number one, and to find a love in this world greater than the love of all the angels of all of the Heavens.”

In an article *Turning Knowledge Into Wisdom Through Heart Intelligence*, written by Bruce Cryer, we are given the following perspective:

“People spend years learning, gathering, and assimilating countless facts and integrating them into an internal knowledge framework. But knowledge by itself is often not enough when dealing with the complexities of modern society, especially the human issues. The information age requires a new type of intelligence to sort through, filter, and effectively process enormous amount of incoming information with minimal strain on the operator (people). Learning to develop ‘heart intelligence’ gives you the insight necessary to access the essential value of any piece of information from a wider perspective.

“Without heart intelligence, we operate from an overtaxed mind and are quickly overwhelmed. We respond only to the loudest and most persistent information, or in the extreme, we may defensively shut down and not really assimilate much information at all.

“An important aspect of heart intelligence is what we call intuitive intelligence, the type of intelligence that is characterized by its speed, accuracy, and simplicity. As knowledge is gained, and you achieve competence, you can use intuition to search through knowledge at lightning speed, bypassing a more linear, logical search process. Intuition allows people to leap beyond known possibilities and find unique new solutions to otherwise daunting challenges, becoming wiser in the process. This is what takes us from knowledge to wisdom.”

Doc Childre and Howard Martin, in their

book *The HeartMath Solution*, lay out the following solution to a challenge we all face every day:

“Resentment, anger, frustration, worry, disappointment—negative emotional states, justified or not, take a toll on your heart, brain, and body. Don’t let justified emotions rob your health and well-being....

“So if we can’t express it or repress it, what do we do when we feel angry? The answer is to recognize the anger, but choose to respond to the situation differently. Easier said than done, right? Can we actually imagine trying to strong-arm your anger into another, more amicable feeling? It would never work.

Determination alone won’t work. It takes a new intelligence to understand and manage our emotions. By getting your head and heart into coherence, and allowing the heart’s intelligence to work for you, you can have a realistic chance of transforming your anger in a healthy way.”

One of the powerful and useful individual tools that HeartMath has developed to assist in this type of emotion management is a unique hardware/software system known as Freeze-Framer. Here is what the HeartMath people have to say about this product:

“With every beat of the heart, intricate messages are being sent to the entire body that affect our emotions, mental and physical health. Science has discovered that we can positively influence our heart rhythms, bringing more peace and balance to the mind and body. A unique interactive hardware/software system called the Freeze-Framer, Emotional Management Enhancer, teaches you simple, fast-acting HeartMath techniques like Freeze-Frame and Heart Lock-In, to quickly minimize mental and emotional stress, fatigue, and overwhelm, and bring your heart rhythms into balance.

“Currently some of the most revolutionary research on the heart is coming out of the Institute of HeartMath (IHM) in Boulder Creek, California. In the book *The HeartMath Solution*, co-author and Institute of HeartMath founder, Doc Childre takes a provocative, in-depth look at the heart and it’s alliance with the mind, body, and spirit. Doc and co-author Howard Martin depict fascinating facts on how every beat of our heart is packed with information that is affecting every aspect of our being.

“[From *The HeartMath Solution*:] ‘When we consciously choose a core heart feeling over a negative feeling, we effectively intercept the physiological stress response that drains and damages our systems and allow the body’s natural regenerative capacities to work for us. Instead of being taxed and depleted, our mental and emotional systems are renewed. As a consequence, they are better able to ward off future ‘energy eaters’ like stress, anxiety, and anger before they take hold.’

HeartMath techniques are used by hospitals,



major corporations, U.S. military, police forces, schools, sports professionals, and psychologists to help personnel increase performance and mental clarity, energy levels and alertness, and improve their physical health.

“*The HeartMath Solution* discusses the critical link between the heart and emotions. IHM studies explain how the heart responds to emotional and mental reactions. As we experience emotional reactions like anger, frustration, anxiety and insecurity, heart rhythms become incoherent or more jagged, which interfere with the communication between the heart and brain. These emotions create a chain reaction in the body—blood vessels constrict, blood pressure rises, and the immune system is weakened. This kind of a consistent imbalance can put a strain on the heart and other organs, and eventually lead to serious health problems.

“When we experience heart-felt emotions like love, care, appreciation, and compassion, the heart produces coherent or smooth rhythms that enhance communication between the heart and brain. Positive heart qualities produce harmonious rhythms that are considered to be indicators of cardiovascular efficiency and nervous system balance. They’ve also been shown to produce beneficial effects that include enhanced immunity and hormonal balance.

“The Freeze-Framer Emotional Management Enhancer is a computer program designed to help individuals learn how to consciously shift into an ideal balance where body, mind, and emotions are synchronized, or entrained, for maximum performance. A state-of-the-art finger pulse sensor feeds your heart rhythms into your PC, where you watch your health and inner balance improve. Three fun, interactive games, plus sophisticated and accurate graphs, motivate you to improve emotional management skills.

“The Freeze-Framer is easy to install and use, both at home and in the work environment. The data recorded in each session can be saved for later review. Applied daily, the Freeze-Framer reinforces your inner poise and balance, and helps you stay in control of your health. For more information on The Freeze-Framer, go to [www.freezeframer.com](http://www.freezeframer.com) or call 800-372-3100.”

“The heart of a fool is in his mouth, but the mouth of the wise man is in his heart.”

— Benjamin Franklin

Taking a much more detailed look at this compelling subject of heart communication and heart intelligence, let's turn now to an interview with Joseph Chilton Pearce, brilliant author of such famous books as *The Crack In The Cosmic Egg*, *Evolution's End*, and many others. This interview appeared in the 1999 (Vol. 5 #1) edition of *Journal Of Family Life*, and was recently sent to me by email. Here is a portion of what he had to say about the subject of recent awesome discoveries concerning the human heart:

“The idea that we can think with our hearts is no longer just a metaphor, but is, in fact, a very real phenomenon. We now know this because the combined research of two or three fields is proving that **the heart is the major center of intelligence in human beings.**

“Molecular biologists have discovered that the heart is the body's most important endocrine gland. In response to our experience of the world, it produces and releases a major hormone, ANF—which stands for Atrial Natriotic Factor—that profoundly affects every operation in the limbic structure, or what we refer to as the “emotional brain”. This includes the hippocampal area where memory and learning take place, and also the control centers for the entire hormonal system.

“And neurocardiologists have found that **60-65% of the cells of the heart are actually neural cells**, not muscle cells as was previously believed. They are identical to the neural cells in the brain, operating through the same connecting links called ganglia, with the same axonal and dendritic connections that take place in the brain, as well as through the very same kinds of neurotransmitters found in the brain.

“**Quite literally, in other words, there is a ‘brain’ in the heart**, whose ganglia are linked to every major organ in the body, to the entire muscle spindle system that uniquely enables humans to express their emotions. About half of the heart's neural cells are involved in translating information sent to it from all over the body so that it can keep the body working as one harmonious whole. And the other half make up a very large, unmediated neural connection with the emotional brain in our head, and **carry on a twenty-four-hour-a-day dialogue between the heart and the brain that we are not even aware of.**

“The heart responds to messages sent to it from the emotional brain, which has been busy monitoring the interior environment of dynamic states such as the emotions and the auto-immune system, guiding behavior, and contributing to our sense of personal identity. The emotional brain makes a qualitative evaluation of our experience of this world and sends that information instant-

by-instant down to the heart. In return, the heart exhorts the brain to make the appropriate response. Of course all of this is on a non-verbal level.

“In other words, the responses that the heart makes affect the entire human system. Meanwhile, **biophysicists have discovered that the heart is also a very powerful electromagnetic generator.** It creates an electromagnetic field that encompasses the body and extends out anywhere from eight to twelve feet away from it. It is so powerful that you can take an electrocardiogram reading from as far as three feet away from the body. The field the heart produces is holographic, meaning that you can read it from any point on the body and from any point within the field. No matter how microscopic the sample is, you can receive the information of the entire field.

“The intriguing thing is how profoundly this electromagnetic field affects the brain. All indications are that it furnishes the whole radio-wave spectrum from which the brain draws its material to create our internal experience of the world.

“Perhaps most importantly, we now know that the radio spectrum of the heart is profoundly affected by our emotional response to our world. Our emotional response changes the heart's electromagnetic spectrum, which is what the brain feeds on. Ultimately, everything in our lives hinges on our emotional response to specific events.”

“Heart transplantation is not simply a question of replacing an organ that no longer functions. The heart is often seen as a source of love, emotions, and focus of personality traits.”

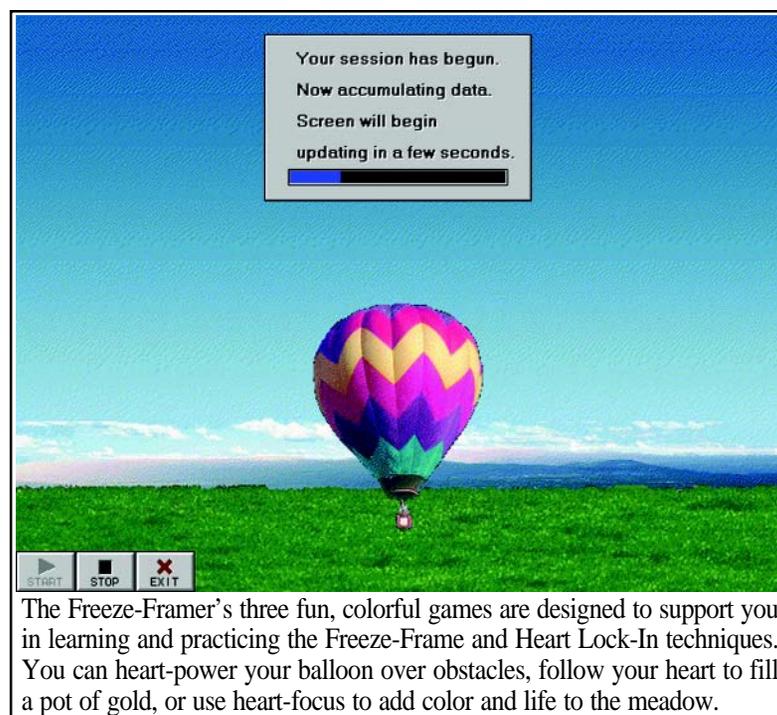
—Dr. Benjamin Bunzel,  
Department of Surgery, Union  
Hospital, Vienna.

The heart has been a subject which has been on the minds of every great writer throughout history. Looking up several seemingly unrelated historical references from the *Dictionary Of Symbols*, by Jean Chevalier and Alain Gheerbrant, we get a sense of the range of perspectives on this complex subject. Here are some of intriguing citations:

- The *Ni-Ching* states that the heart is king and this is corroborated by the Ismaili dictum that “the task of the heart is to rule”.

- Lu-tzu taught that the heart was the lord of the breath, and this may be explained simply by the similarity between the rhythm of the cardiac and respiratory cycles.

- The *Su-wen* comments that the heart “lifts itself up to the principle of light”. The light of the spirit, the light of intellectual intuition,



enlightenment, shines forth in “the cavern of the heart”. The Sufis call the organ of these perceptions the “Eye of the Heart”.

- Every individual's most ardent desire is that expressed by the blessing of Paheri of El-Kab: “May you pass through eternity in peace of heart, and in the grace of the God that is within you.” Thus the heart within us is the symbol of the presence of the Godhead and of our awareness of that presence.

- Although in the West we have made the heart the seat of the feelings, all traditional civilizations, in contrast, place within it intellect and intuition.

Surely there is much food for thought in the above excerpts. And then we have the following intriguing quotes attributed to Pascal in 1670: “The heart has its reasons which reason does not know.” And: “Great thoughts come from the heart.”

Furthermore, see if any of these expressions sound familiar to you:

He has a heart of stone.

He is wise in heart.

Her heart's at play.

Be still my heart.

My heart awakens.

To love with one's whole heart.

Speak from your heart.

That person has a loving heart.

The heart knows.

The heart does not deny what it has seen.

Oh, my aching heart.

He has a broken heart.

The words pierced his heart.

His heart has a conscience.

He has an idle heart.

There's a sadness in his heart.

She must be heart sick.

A woman stole his heart.

He wears his heart on his sleeve.

The heart rejoices.

Isn't it fascinating how the heart is always at the CENTER of these key expressions, which are so common in our day-to-day speech?

There are so many experiences which simply may not be explained by traditional modes of Western thinking. The area of heart transplantation is one such subject.

Let me relate a few experiences which might normally fall in the range of the “paranormal” but which have been well-documented over the years since heart transplant operations began: (The following stories may be found at the <http://www.geocities.com/heartland/park/5847/heartcode/patients.htm> website.)

[Quoting:]

A psychiatrist told this story while in Houston, Texas in front of an international groups of psychologists, psychiatrists, and social workers:

An 8-year-old girl received a heart from a 10-year-old murder victim. The 8-year-old had horrible dreams of a man who had murdered her donor. The police were called. She gave descriptions of the time, weapon, place, clothes, and what the little girl he killed had said to him. Everything she said was true. The police, from a physical description, found the murderer and confirmed all that the little girl had stated.

\* \* \*

A forty-one-year-old male received a heart of a nineteen-year-old girl who was killed when a car was struck by a train. He feels a new raw energy, surging with power. He has dreams of a huge truck and/or driving a steam engine. His wife comments that he is like a 19-year-old kid again. He is sure that his donor was driving a big truck that hit a bigger truck.

\* \* \*

A thirty-six-year-old female heart-lung recipient received heart and lung from a twenty-year-old girl who was killed while running across the street to show her fiance a picture of her new wedding dress. She dreams of the girl who was killed. She was young, pretty, and very happy. She has a new happiness and a strange kind of excitement and joy that cannot be fully explained. Her sister remarks: “She is so much happier now. She smiles and laughs more; she’s always been a downer. She is lucky to have gotten a warm heart.”

\* \* \*

A fifty-two-year-old male heart recipient got the heart from a seventeen-year-old boy killed by a hit-and-run driver. He loved quiet, classical music prior to the transplantation. Now he loves to put on earphones and play loud rock n’ roll music. “I love my wife, but I keep fantasizing about teenage girls” he says. He continues that his daughter says he seems like he’s sixteen again. The daughter says: “He is a little embarrassing because of the music. Mom says that he is going through his second childhood.”

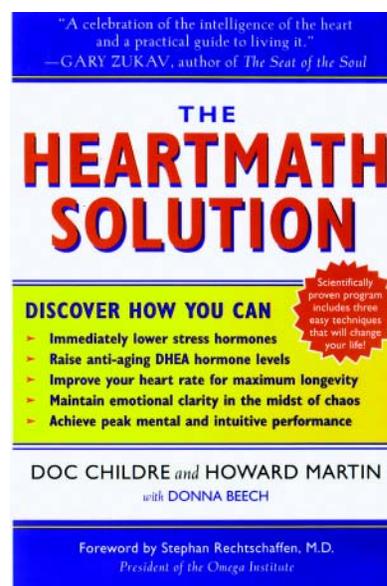
[End quoting]

I’ve taken the time to share these few stories because there is mention of this phenomenon later on in my interview. Perhaps these stories will help to shed some light on the subject, or at least give you some real examples to think about.

With all of the above as background, let’s now turn our attention to the present day. On June 22, 2001, I had the great pleasure of speaking with Howard Martin of the Institute of HeartMath. The range of issues we discussed went far beyond what I had ever hoped to cover for this feature story. Let’s move directly into the discussion about this fascinating subject.

**Rick:** I’d like to just jump right into the heart of the matter, because I will precede this interview with a foundation on this subject so that people will understand what we’re talking about. I want to use our time wisely here. Obviously you know more about this subject than I do, so if, in my questioning, you feel we need to cover a certain aspect of it that I’m unaware of, please just let me know and we’ll proceed.

Let’s start with *The HeartMath Solution* and the concept of entering “the zone”, with something called Freeze-Frame. What, exactly, is Freeze-Frame?



**Howard Martin:** Freeze-Frame is a technique. It’s basically a one-minute technique that brings about alignment between the heart and the head, the heart and the brain. That synchronization takes place through the nervous system, and as that happens we enter a very high-performance state where the nervous system is working at a highly entrained and synchronized level—information coming from brain down to heart, information going from heart back to brain, all of that, communication pathways working at a high level of efficiency.

And, as a result of that, things like hormonal balance, immune system response, come into alignment with that. And the ultimate benefit is that we think more clearly. We have greater ability to manage our emotions, and we actually feel better, physically. And the technique is something that’s easy to learn, easy to do, and once people master that technique, they’re quite

capable of shifting into that state in the moment, in the midst of daily activity—on demand, so to speak.

**Rick:** You’ve been with HeartMath for a long time, 30 years, something like that. Is that right?

**Howard Martin:** That’s right.

**Rick:** And you’re a co-founder of HeartMath?

**Howard Martin:** Actually, no. Doc Childre is the founder. There were other people working with Doc along the way.

**Rick:** How did you get connected with him?

**Howard Martin:** I met him through friends, a long time ago, back in North Carolina, where we came from. Then we became friends, and during the years stayed that way. And over a 30-year period, Doc was developing a system that people could use to manage stress, to reach another state of high-performance, and ultimately achieve greater levels of fulfillment.

He started that work many, many years ago. I just remained friends with him all those years, and then, in 1991, when he officially founded his non-profit called The Institute of HeartMath, I was offered a job at that time to formalize his work and put it into a system that could be shared with others, all around the world.

**Rick:** Apparently this is really taking off. It seems to be everywhere. I keep coming across it in my work as a journalist.

**Howard Martin:** We’ve been out-there for 10 years now, so the accumulative effect of that is working in our favor. It takes a while to reach that critical mass to where a lot of people hear about it. And, as you know, being a journalist, people usually have to hear things several times before it makes an impression.

We’ve been in the media an awful lot over these last 10 years; lots of different articles and things, in major national television shows and all of that. In some ways I would have expected HeartMath to be more well known than it is, but then acknowledging and recognizing the amount of information people are exposed to today, and how little of it I probably retain as well [laughter], I have to accept the fact that it just takes a long time for it to get to the point where people can remember something that they’ve read, heard on television, or whatever. And I think that’s where we are today. It’s just been a good 10-year run, with a lot of positive press, and now it’s starting to pay off.

**Rick:** Let’s talk about going from Freeze-Frame—I have four things here: Freeze-Frame, The Zone, Heart Lock-In, and Cut-Through.

**Howard Martin:** They’re all techniques. The way you need to look at it is, the HeartMath system that Doc created, really, is made up of three different types of information or kinds of information. You have conceptual information, some very interesting, forward-thinking, advanced concepts.

Then you have the practical tools and techniques, which are your “how-to” methods. I

mean, the concepts are great, but we've always been really focused on applications and benefits, so the techniques allow for the translation of the concepts into something that people can apply in their daily lives.

And then, lastly, the whole thing is underpinned with scientific research, both biomedical and social science research.

That's the three types of information that make it up. So the four things that you brought up as subject matters are all, basically, just techniques, part of the "how-to" that we offer.

**Rick:** Which, for our readers, would probably be the aspect that they would be most interested in? Say they find themselves caught in a traffic jam in downtown Los Angeles, how to enter "the zone", with the Freeze-Frame technique would be very useful if you're starting to lose it in traffic. [Laughter] Or in a high pressure business situation, or in court; I can imagine just about any high-stress situation, this would be extremely useful.



HOWARD MARTIN

**Howard Martin:** That's true. Well, one of the things that's different about what we do, to a certain degree, I think, is that there are a lot of relaxation techniques out there, all kinds of stuff—all kinds of breathing techniques, and positive and mental affirmation techniques, and all those different things, and they're all good and they're all effective. But what we've found is that the most important aspect of making that shift from stress and distortion and chaos, to a place where you have that mental clarity and poise, is really **in the emotions**.

**Unless there is an emotional shift, nothing really happens.** Emotions have to shift before you reach completion.

You can think that you don't feel stress until your emotions actually give you permission to believe it, then you don't really feel that way. And so we emphasize, really, the power of positive emotion—as much, or more so, than relaxation.

Relaxing is good, and we all need to do more of it, but if you relax and you don't make an emotional shift, you can still be in a negative emotional state, and just be more relaxed about it. So the emotions go from, let's say, anger and frustration, down to resignation and boredom or

withdrawal. In other words, there's less emotional amplitude there, but what's really taking place is that you're just transferring it from a more volatile emotion to one that's still draining people; it just drains at a more subtle level.

So what we teach people how to do is to really use the power of their own physiology to help shift the emotional state, to shift from these negative, draining emotional states to ones that are regenerative—regenerative emotional states. To me, that's the key. The feeling has to shift before we make the big change.

**Rick:** Well, that's the \$10,000 situation that you just mentioned, shifting that emotion up. I realize there are a series of techniques here. Do you have any suggestions for our readers as to how to bring about an emotional shift in a crisis?

**Howard Martin:** Why don't we talk about it in a broad-brush stroke, for a minute. It's interesting, an unexpected ally emerges in developing a greater ability to shift emotion, and that's **the power of the heart**.

And for a long time we've thought of the heart, from a scientific perspective, as being simply a cardiovascular organ that only receives information from the brain, and then pumps blood.

And yet, if we look back in history, we find that the heart has been talked about a different way for a long time. And it's been revered through all of recorded history as a part of our overall intelligence, in a certain way; a part of human-kind that has governance over the mind and emotions, and in some cases, even things like morality.

And when we started getting involved in modern, 21st Century research here, we found that, not only in our work, but others as well, the heart is a lot more than a blood pump, and that it does send information to the brain; that it influences how the brain functions. And, in fact, the brain function is critically dependent upon signals it receives from the heart. And it sends these signals back through the nervous system, through a neurological communication.

The heart actually has its own nervous system that lives within the heart itself. It's studied through a field called neurocardiology. And that nervous system is complex enough that they, actually, generically refer to it as "the brain in the heart". And that nervous system sends a lot of information from the heart back to the brain.

The heart sends information to the brain through the blood-pressure wave, which is generated when the heart beats. Electrical activity in the brain and the cells are synchronized with that changing heart rhythm. And the heart produces hormones. It produces a hormone that actually reduces the release of stress hormones.

And lastly, it produces a very powerful electromagnetic field that permeates every single cell in our bodies, and is strong enough, in fact, that it goes beyond the skin and can be measured up to 8 to 10 feet outside of the body. We're not talking about an aura, or a subtle energy or

anything like that; we're talking about a very measurable, electromagnetic energy.

**Rick:** I'm seeing something here from Gary Swartz, Ph.D. [Co-director of the University of Arizona's Human Energy Systems Laboratory in Tucson, and pioneer in a new field called energy cardiology.] The quote that I have here is: "The heart's magnetic field is 5,000 times greater than that of the brain."

**Howard Martin:** That's correct.

**Rick:** That's an amazing statistic.

**Howard Martin:** It is. This is, by far, as you can see, the strongest source of bio-electricity in the body. The brain is actually the second strongest source.

So you have the heart producing this amazing amount of electromagnetic energy, and what's interesting, when you analyze the content of that electrical energy, the frequencies that make it up, that content or those frequencies change relative to how we are perceiving.

If we're perceiving strong negative emotions, like frustration or anger, it produces what's called an incoherent spectrum. If we're experiencing perceptions that are producing thoughts and feelings that are associated with things like care, love, appreciation, compassion, all of those things, it produces a very different signature; it produces what researchers actually call a coherent spectrum.

**So, this output coming from the heart is actually shifting and changing, relative to our mental and emotional state.** And we're broadcasting it, from the heart, much like radio waves, out into space, 24-hours a day.

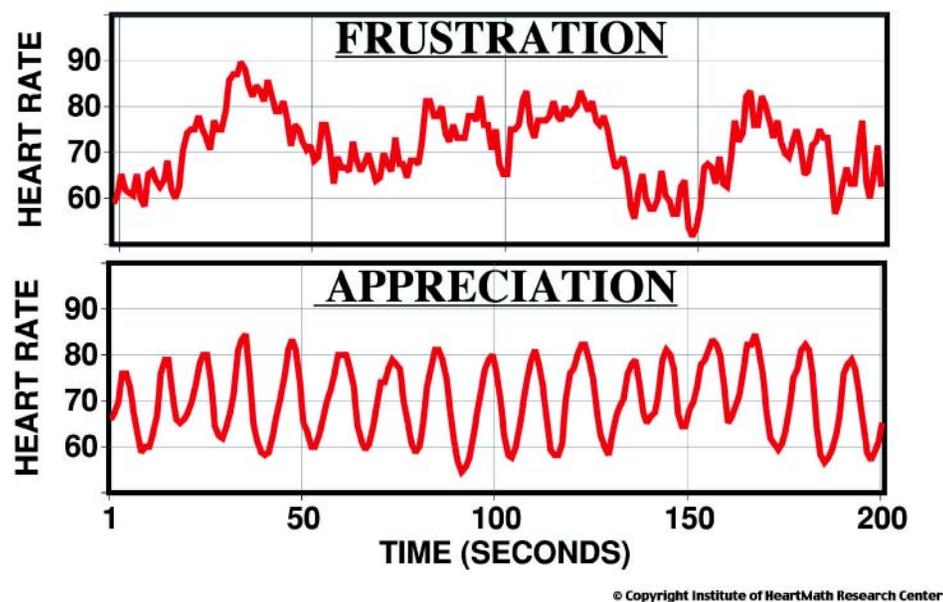
**Rick:** I noticed in the book the chart for frustration. The incoherent pattern is so jagged, almost like broken glass, whereas the smooth flowing chart of compassion and love is just very balanced, and very relaxed. [See chart next page.]

**Howard Martin:** That's right. And that's looking at the subtle beat-to-beat changes in heart rhythm, which is a scientific discipline called heart-rate variability analysis. And those rhythms are actually like a pulsating Morse code that goes down the entire body. And the jagged ones that you see in the frustration graph actually cascade all the way up into the brain and produce a condition in the brain called cortical inhibition, which means the higher perceptual centers in the brain become less active.

Conversely, the one you see which is smooth and ordered and a balanced looking pattern produces the opposite effect, it produces what's called cortical facilitation, which means the higher perceptual centers in the brain become more active and alive. So we can see the bigger picture when we're producing that kind of heart rhythm.

What our techniques do, to go back to the original question—I'm not trying to divert too much; we've been around the block here since you asked me that question [laughter]—is that learning how to manage the heart rhythms,

## Changing Heart Rhythms



learning how to shift that nervous system communication and energetic communication that the heart produces, has an influence on the brain and, in turn, on how we experience emotion.

So the interesting ally in managing emotion is the heart. Managing emotion with just the mind alone is a difficult process. When you engage the power of the heart, and use it to influence how the brain functions, then what happens is we have a greater ability to generate positive emotion, on demand. And that's the key—being able to generate it yourself, on demand, when you're right in the middle of a frustrating situation and you find a way to calm yourself; you know that you want to shift, but you don't know how.

You focus on the heart. You practice a technique like Cut-Thru or Freeze-Frame, or if you have time, you do a longer process, which is the Heart Lock-In technique. And the result of that is, you will find that you shift emotion, you begin to feel different about that situation. And when you do, that's when the mental and emotional, and especially physiological benefits start to emerge. Big changes happen when you shift emotion.

**Rick:** Unless they're extremely aware of their heart through yoga or other techniques, many people just wait until they have a heart attack, and THEN they get in touch with this and they realize how on-track you guys are, and seek development techniques for preventing a second heart attack. But, I would imagine, this field would be very big with people who have had strokes and that kind of thing, who have been out of touch with the language of their heart.

**Howard Martin:** That's true. Sometimes it does take a crisis before people begin to look at things differently.

Of course, as you know, there are millions of people who are more proactive than that, who are involved in all kinds of self-improvement processes—preventatives, in a way, to the physical consequences they may face later. But sometimes it takes a wake-up call, where there's a

that begins to bring about balance in the system and, ultimately, begins to come up with creative solutions to the problem.

But until people dig a little deeper, they stay in the "mind loop"—you know: chaos, confusion, anxiety, fear, all that stuff, and often the problem just gets worse, until they finally slow it all down and they say: "Wait a minute. I've got to dig deeper within myself to figure this thing out." And when they do, I think that's when the heart and the brain begin to synchronize; then creative solutions begin to emerge.

**Rick:** How are your techniques being used within the corporate world?

**Howard Martin:** They're used in a variety of ways. I just got back yesterday. I was in Canada working for a big, billion-dollar company up there. And we're seeing, first of all, that one of the basic ways that they are used is in stress management. Stress management is not necessarily a high priority in corporate training, but what a lot of companies come to realize is that until we do something about the stress level, we can't really move forward. And so it goes, just like you said, they reach a crisis point and then they want it. And so, stress management is one way that we apply it.

The overall way in which we really apply it is performance enhancement. We make smarter people. We do that in companies. We engineer smarter employees. And those applications can range from anything from leadership skills, to customer service reps, to creativity and innovation in, say, engineering groups or product development groups. We see big changes in how employees feel about their jobs, and the level of stress that they're experiencing, the physical side-effects of all that stress. We see improvements in all those areas.

And then, from a business perspective, down to the bottom line, we see things like lowering turnover rates. The turnover rates drop often rather dramatically, once we've been in there and have had a chance to do some interventions,

heart attack, or maybe it's a relationship crisis, or losing a job, those kinds of things.

And then, when the stress level reaches a certain point, the mind can't figure it out; it begins to understand that it has to go deeper, it has to go someplace else to reach a solution. Most of the times people will take that walk in the woods, that drive off into the night in the car, and they begin to experience an aspect of what I call "heart intelligence"—an intuitive, high-speed source of wisdom and understanding

and some training in the companies.

All that finally translates into dollars, into savings—health savings and productivity increases, savings on not having to replace employees, and all that; and that's how the translation really makes it into the corporate world. They see that a very cost-effective way to generate more profit is to use HeartMath training.

**Rick:** Are there any major "think-tanks" in this country that have used the HeartMath techniques to improve brain-storming?

**Howard Martin:** I don't know of any think-tanks, so to speak. We haven't done any specific work there in the think-tank area.

**Rick:** If you're talking about improving performance in the corporate world, I would imagine the same thing would apply in a highly mental environment outside the corporate world.

**Howard Martin:** What I've found in the corporations is that the creativity, innovation piece of what they do is becoming more and more talked about. Companies now make statements about it being the essential thing that they have to have for continued growth, to meet the demands of competition and the new economy and all of that, and yet specific training on a large-scale basis seems to be moving slowly, in that area. So you might get brought into a small team.

I recently did a creativity and innovation training program for Sony, with a group of people down there. But what we look for, just from a business perspective, in terms of our accounts, we look for "scalable roll-outs", which means we can come in, run a pilot, produce the data. If the data is positive, it puts us in a position to where the company then wants to train not dozens of employees, but hundreds, and sometimes thousands of employees.

**Rick:** How do you go about measuring?

**Howard Martin:** We use a psychometric measuring tool, which means it's a self-survey, looking at a variety of parameters.

They take this test before we ever talk, before we ever train them in anything, and it asks them questions about how they've been feeling over the last 30 days, in relationship to how calm they've been, and energetic they've been, how angry they've been, how unhappy they've been—all those kinds of things; their body aches, their exhaustion levels, their relaxation levels, all that stuff.

And then we ask them questions, as well, about whether they feel appreciated or not; whether they feel forgiving of others; whether they worry about other people's problems; whether they're logical in their decisions; whether they're listening carefully; whether they like their job; all these things are questions on the 80-question survey.

They answer the survey; then we do the training probe. And then we come back 6 weeks later—not necessarily physically—but we send information back 6 weeks later, the same survey, and they take it again. And then we analyze the data and compare it.

That's how we come up with the end result of understanding what kinds of shifts there were, or weren't, in that particular group of people that we trained.

Sometimes, we test for physical things. It depends on what the client wants, and all of that. The other testing that we do is in the area of blood pressure, very often, and looking at blood pressure with employees. We just got back some blood pressure study information from a company that we worked with, a high-tech company—I can't mention their name—and they had major shifts in blood pressure that would be equivalent to those people losing 30 pounds of weight.

**Rick:** That's incredible.

**Howard Martin:** Incredible data. And it's coming from behavioral change; we're teaching how to change behavior, how to manage the stress, how to operate from a new position of mental clarity; and most importantly, how to make a shift in the emotional state.

When they do that with a little bit of consistency, then it translates down and we can actually see it in the biology. When a company looks at that kind of data, they say: "Look at this. We've got 25% of our people, or whatever it is, who have high blood pressure, who are at risk of heart attack, who are going to cost us a lot of money in terms of health-care benefits, yet this training program is going to knock that down significantly." And so, they can translate that right into dollars.

I'm looking at a document now; I received some other interesting data when I got back yesterday. This is from a large hospital we're working with in Chicago. And, basically, what they're saying is, after our training program, the turnover rate went from 28% to 19.5%, which is an \$800,000 annual savings. Of the 4% who received HeartMath tools and training, the turnover rate in that group is now 4%.

Another interesting statistic in here is that improvements in customer satisfaction went from 73% to 94% in that hospital. And they're ranked number one in employee satisfaction, based on something called the Spurdudo & Associates national database of over 300 healthcare organizations, and they're ranked now number one. And they're attributing some of this to the work that we did.

Certainly there are other interventions and things as well, but they're giving us a lot of credit for this. A quote from their Chief Operating Officer says: "HeartMath has given us the tools to make the difference between required courtesy and genuine care."

This is serious data, because what this gives us now—in the business world this is called "level-4" data, which means you're now able to track and attach something to an actual cost savings, or an actual measurable number that can be tracked in terms of financial change in an organization. And that's very powerful in terms of presenting it to other companies.

**Rick:** I have a simple sentence from your

book, which is a loaded sentence, and we've already talked about it a bit, but maybe we can talk about this further: "The heart's beat literally delivers messages to the entire body."

Now, you talked about the brain and the heart, and such things as "I know in my heart it's true" and "the heart has the capacity to think for itself". There was something else I noticed in your book, and that was that Dr. Benjamin Bunzel at the Vienna University Hospital, in 1992 conducted a study linking heart transplants to actual personality changes? This is cutting edge.

**Howard Martin:** There are a lot of documented studies and incidents of people who have received heart transplants who then go through a personality change to where they, temporarily, take on the personality characteristics of the donor. It doesn't happen in a high percentage of cases, but it does happen with regularity.

**What's interesting about this is, we know when someone has a heart transplant that the nerves that run from the brain down to the heart cannot be surgically reconnected. It's**



## Heart Facts

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**New discoveries about the heart are changing the traditional scientific views that it is just a pump—indeed it is much more!**

- Patterns of neurological information transmitted from the heart to the brain profoundly influence higher brain processes that affect our perceptions, emotions, behavior, and performance.
- The heart starts to beat in the fetus before the brain has developed.
- The source of the heartbeat is within the heart itself. It can beat on its own without any connection to the brain.
- The heart has its own intrinsic nervous system with over 40,000 neurons, referred to by neuroscientists as "the brain in the heart".
- The heart generates 40-60 times more electrical amplitude than the brain.
- The heart's electromagnetic field can be measured as far as 8 feet from the body and the signal generated by the heart can be detected in the brainwaves of another person when they are touching or near each other.
- The heart works without interruption for often 70 to 90+ years, without care or cleaning, without repair or replacement.
- The heart beats 100,000 times a day, approximately 40 million times a year.
- During an average lifetime, the human heart will beat more than 2.5 billion times.
- The heart pumps approximately 2 gallons of blood per minute, 100 gallons per hour, 2,400 gallons per day.
- Your body has about 5.6 liters (6 quarts) of blood. This 5.6 liters of blood circulates through the body three times every minute. In one day, the blood travels a total of 19,000 km (12,000 miles)—that's four times the distance across the U.S. from coast to coast.
- The heart's vascular system is about 60,000 miles in length, over 2 times the circumference of the Earth.
- The heart secretes hormones that affect the adrenal glands, kidneys, circulatory system, and the brain. One of these is Oxytocin, the bonding hormone.
- Hold out your hand and make a fist. If you're a kid, your heart is about the same size as your fist, and if you're an adult, it's about the same size as two fists.
- Give a tennis ball a good, hard squeeze. You're using about the same amount of force your heart uses to pump blood out to the body. Even at rest, the muscles of the heart work hard—twice as hard as the leg muscles of a person sprinting.
- Feel your pulse by placing two fingers at pulse points on your neck or wrists. The pulse you feel is blood stopping and starting as it moves through your arteries. As a kid, your resting pulse might range from 90 to 120 beats per minute. As an adult, your pulse rate slows to an average of 72 beats per minute.
- The aorta, the largest artery in the body, is almost the diameter of a garden hose. Capillaries, on the other hand, are so small that it takes ten of them to equal the thickness of a human hair.
- The heart pumps about 1 million barrels of blood during an average lifetime—that's enough to fill more than 3 supertankers.

HeartMath invites you to learn about some of the latest research and discoveries about the heart at their [www.heartmath.org](http://www.heartmath.org) Internet website.

You can also find out about HeartMath's new software program that gives you a window view into your own heart. Go to the [www.freeze-framer.com](http://www.freeze-framer.com) Internet website location.

too sensitive an operation; they can't do it. So there is no nervous system input going from heart back to brain. And yet something is taking place. We don't know, for sure, what, but we think that the communication coming from heart back to brain is taking place either through, or a combination of, the hormonal input the heart has, and from that electromagnetic field.

**Rick:** Have you done any studies with inherent DNA intelligence within the heart itself?

**Howard Martin:** We haven't, yet. That's a very interesting area to explore. What we've found is that the heart does have the ability to learn, and to remember, and some of the neurons that are found in the heart are actually the same kind that are located in the brain, that are responsible for memory; they're called "local circuit neurons". And so, the heart seems to be imprinting memory from our life experience; somehow that memory is being transferred to recipients of heart transplants—but again, not in all cases.

What's interesting is that the personality characteristics, generally, do not last for a long time, which would indicate, logically, that the heart is now relearning, is taking on the personality characteristics of the recipient, based upon the recipient's life experiences.

**Rick:** Very interesting!

**Howard Martin:** So that's kind-of "Star Trek" stuff there. The bottom-line is that when

we get heart and head working together, we're going to have the ability to perform at higher levels; we're going to think more clearly, and again, we're going to have a greater ability to

manifest and actualize positive emotions. It just requires heart/brain synchronization for that to happen; without that, it's just more difficult—it's not impossible, it's just more difficult.

**Rick:** Does your organization focus at this point, this far downstream, more on the business community aspect, application aspect, or are you still focused in the area of pure scientific research?

**Howard Martin:** No, we're very much involved in application. We've been doing seminars and training programs for years, just about since we started. We do face-to-face presentations, now, through our training programs and keynote speeches to about 20,000-25,000 people a year, on three different continents. So we're very much about presenting it and getting it out there.

**Howard Martin:**

The science plays an

important role because it gives it sort-of an underpinning and a foundation. It gives it an empirical nature, which is partly why the name of our organization is HeartMath. You can have a lot of philosophical understanding about the heart, but then you finally get empirical with it; in our Western society and in our modern world, it takes on new understanding and new meaning.

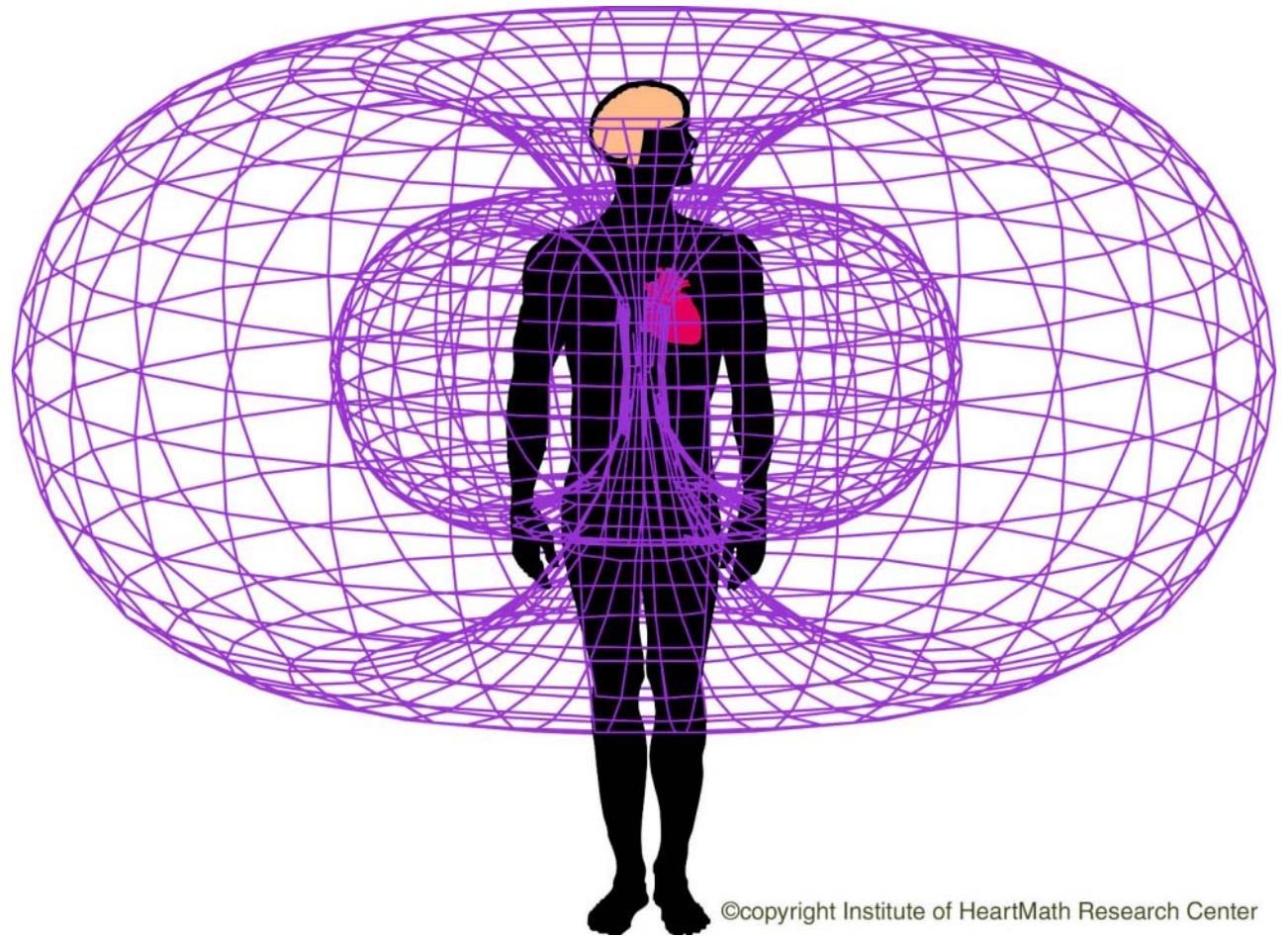
So we utilize science as a way to verify and provide the empirical understanding that's necessary to believe in new things. And then we take it beyond the science, into experience, and that's where it really comes alive.

**Rick:** Have you found that there are any other cultures, other than the United States, that happen to be more open to what you do and what you are about?

**Howard Martin:** Some of the Eastern cultures seem to be a bit more open. We found that some of the Asian cultures have a more natural receptivity to an understanding of the heart as more than a blood pump; but they still have their stress, and they still have their issues.

What it all comes down to is, it's still people reaching that understanding. Every culture has it's own challenges with whatever new information comes in.

One of the main ways we're bridging it, everywhere we go, is really through the Freeze-Framer technology, the hardware/software system, that allows an individual, on their own personal computer, to track changes in their heart rhythms. And it shows those changes in real time. It then analyses those heart rhythms and tells the user how synchronized, or how coherent, they are. And there's games you can play, and all kinds of things, with a screen response to changes in the heart rhythm.



### Power Up From The Heart Tips from HeartMath LLC



Below are suggestions from HeartMath for connecting with the power of the heart. Following these suggestions with sincerity will help you to recognize the difference between head perspectives and the heart's perspectives on challenging issues. For more detailed information on HeartMath's scientifically proven techniques, refer to *The HeartMath Solution* by Doc Childre and Howard Martin (HarperSanFrancisco, 1999). The techniques are quick and easy to learn and apply.

- **Take the significance out:** When emotions are engaged in a problem, it can add too much emphasis to the problem, triggering feelings of confusion. Learning to take the significance out can help you get the objectivity you need to get a clear perspective on the problem. One way to do this is to imagine, for a moment, it is someone else's problem. Step back, look at it objectively; what advice would you give to them? Then apply it to yourself.
- **If you're starting to fume with frustration or anger, shift your attention to the feeling of appreciation.** Appreciate someone or something in your life that means a lot to you. Taking a moment to engage the heart and focus on something you appreciate helps you to realign with a more coherent heart state. From here you are much more inclined to see things clearer and make better choices on how to handle a situation.
- **Remember what is important to you.** Focus on your heart and ponder or reflect on what your deeper core values are. What is your aim? Each of us can find qualities in ourselves, in lives, or in others that we admire. Focus on these qualities—follow your heart and stay on track with the things that generate good feelings about ourselves and our choices.

These suggestions are for building heart power and awareness. They're derived from the research and practices of the HeartMath® system.

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## Fallen Angels

### And The Origins Of Evil

Did rebel angels take on human bodies to fulfill their lust for the "daughters of men"?

Did these fallen angels teach men to build weapons of war?

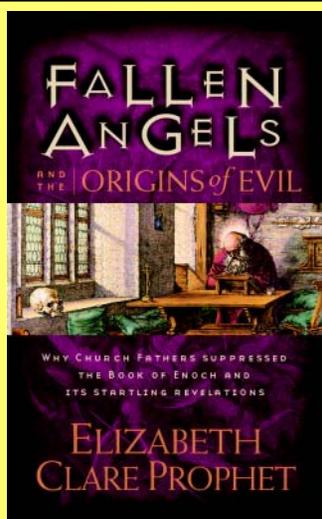
That is the premise of the Book of Enoch, a text cherished by the Essenes, early Jews, and Christians, but later condemned by both rabbis and Church fathers. The book was denounced, banned, and "lost" for over a thousand years—until in 1773 a Scottish explorer discovered three copies in Ethiopia.

Elizabeth Clare Prophet examines the controversy surrounding this book and sheds new light on Enoch's forbidden mysteries. She demonstrates that Jesus and the apostles studied the Book of Enoch, and tells why Church fathers suppressed its teaching that angels could incarnate in human bodies.

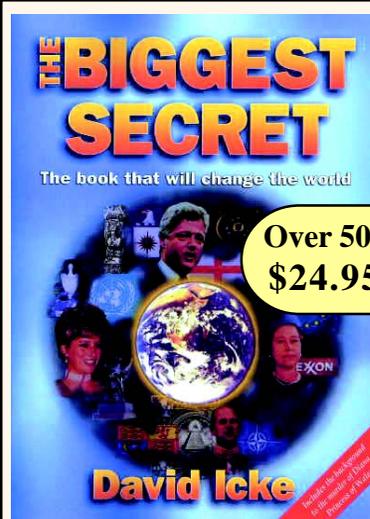
Contains Richard Laurence's translation of the Book of Enoch, all the other Enoch texts (including the Book of the Secrets of Enoch), and biblical parallels.

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ISBN 0-922729-43-3, 4.25"x7", 514 pp.



## The Biggest Secret

by David Icke

The blockbuster of all blockbusters! With stunning information never before released on the murder of Diana, Princess of Wales.

David Icke's most powerful and explosive book to date includes the astonishing background to the murder of

Diana, Princess of Wales. Every man, woman, and child on the planet is affected by the stunning information that Icke exposes. He reveals in documented detail how the same interconnecting bloodlines have controlled the planet for thousands of years. How they created all the major religions and suppressed the spiritual and esoteric

knowledge that will set humanity free from its mental and emotional prisons. It includes a devastating exposé of the true origins of Christianity and the other major religions, and documents suppressed science, which explains why the world is facing a time of incredible change and transformation. *The Biggest Secret* also exposes the true and astonishing background to the British Royal Family and, through enormous research and unique contacts, Icke reveals how and why Diana, Princess of Wales, was murdered in Paris in 1997. This includes information from a close confidant of Diana for nine years, which has never before been made public.

*The Biggest Secret* is a unique book and is quite rightly dubbed: "The book that will change the world." No one who reads it will ever be the same again.

Available from Wisdom Books & Press. Please see next-to-last page for ordering information or call toll-free: 1-877-280-2866.

And what this does, it allows us, now, to just demonstrate, very easily, in real time, all these changes. When I do my public presentations, I bring someone up from the audience and have them sit down. I have all the computer stuff running through a projector, so it's on a big screen in front of the whole audience.

I sit them down in a chair, have them put their finger in the sensor, and I show them how these are a person's heart rhythms in a normal mode. Then I start messing around with them a little. I'll say things like: "I'd like to have a little entertainment today; would you mind singing the National Anthem?" or something like that, and then immediately—

**Rick:** Stress. [Laughter]

**Howard Martin:** —we get jagged and irregular heart rhythms. If that doesn't work, I get them to do something like count backwards from 200, in increments of 13. You know, something that pushes up your stress level.

**Rick:** [Laughter]

**Howard Martin:** Then I'll say: "Stop! Now, what I want you to do is to focus right in the area of the heart. I want you to breathe there, hold your attention there for 10 seconds. And now I want you to make an effort to remember or recall something that really makes you feel good inside, that makes your heart come alive. It can be a person; it can be a place; it can be a time; it can be something that you achieved or accomplished that made you feel good; any of those things. Activate that feeling. Don't just visualize it, feel it."

And they start to do that, and immediately the pattern shifts to that smooth and ordered pattern, like you saw in the graph.

And so, what's happening then is that you SEE how quickly our physiology responds to

any thought and feeling we have. I'm demonstrating it, not just from static graphs, but in real time from the stage.

And this is a consumer item. People can buy these things. We've been selling thousands of these software/hardware systems. Individuals are using it to monitor their own personal growth processes, whether it's HeartMath or something else. A lot of mental health professionals are using it with patients. Doctors are now using it—not necessarily the totally traditional doctors—but alternative health physicians of all kinds are using it.

Now we're seeing it translate over into sports, where sports professionals—two major sports teams, now, purchased the Freeze-Framers, an NFL team and a major-league baseball team. And now, celebrities and the Hollywood crowd are into it now.

**Rick:** That follows.

## The Indigo Children

### The New Kids Have Arrived

by Lee Carroll & Jan Tober

(Featured interview in the March 2000 issue of *The SPECTRUM*.)

The "Indigo Child" is a boy or girl who displays a new and unusual set of psychological attributes, revealing a pattern of behavior generally undocumented before. This pattern has singularly unique factors that call for parents and teachers to change their treatment and upbringing of these kids to assist them in achieving balance and harmony in their lives, and to help them avoid frustration.

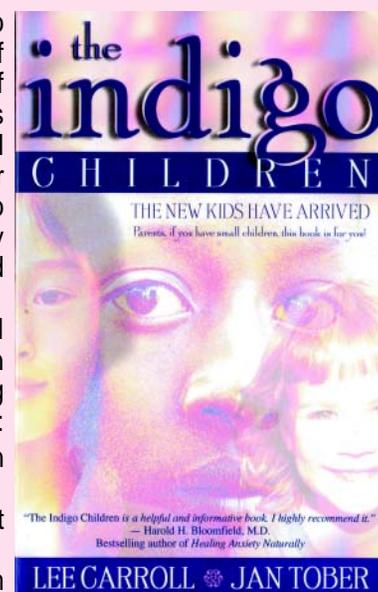
In this groundbreaking book, international authors and lecturers Lee Carroll and Jan Tober answer many of the often-puzzling questions surrounding Indigo Children, such as:

- Can we really be seeing human evolution in kids today?
- Are these kids smarter than we were at their age?
- How come a lot of our children today seem to be "system busters"?
- Why are so many of our brightest kids being diagnosed with Attention Deficit Disorder (ADD)?
- Are there proven, working alternatives to Ritalin?

Throughout this work, Carroll and Tober bring together some very fine minds (doctors, educators, psychologists, and more) who shed light on the Indigo Child phenomenon. These children are truly special, representing a great percentage of all the kids being born today on a worldwide basis. They come in "knowing" who they are—so they must be recognized, appreciated for their exceptional qualities, and guided with love and care.

**This book is a must for the parents of unusually bright and active children!**

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**Howard Martin:** Because they're looking for ways to balance themselves emotionally, so they can maintain that personal magnetism.

When we live in emotional turmoil, we absorb a lot of that. That emotional drain is what finally ages us. So now what's happening with our corporate clients is, we're working with them to build this into every program we do, and it's part of the materials that we give to the employee.

So, now we're involved with negotiations with major oil companies around the world to put thousands and thousands of Freeze-Framers in the company. The product is called the Freeze-Framer. So thousands and thousands of these Freeze-Framers are getting ready to go into these corporations around the world, because they're finding: "Hey, this is something the employees can do themselves; they can do this right at their desk; it's a simple technology; it's easy to use; it gives them some real-time feedback on what's going on in their system. And it's going to save us a lot of money because they're going to be able to hit that 'zone' state more quickly. And they're going to perform better. And as a result of that, they will also see changes in their health." And so, the whole package is right there for them.

So that's made a big difference in our work, to have something that people can do in real time.

**Rick:** This is really the next "quantum leap" beyond biofeedback. Biofeedback took it to a certain point, but that, again, was all mental, and it didn't really strike at the heart of the matter, which are the emotions going on within the person. You can enter an alpha state, but unless the emotions are being shifted within every cell of the body, all you have is a calm mental state. What you are doing is really a step beyond what biofeedback was all about, to my way of thinking.

**Howard Martin:** That's a very astute observation. We respect biofeedback and we honor it, and we never like to see HeartMath positioned as a competitor or a "better than", but **what we're doing is, now we're getting some feedback from the body, but we're getting feedback that's EVEN MORE CENTRAL to everything that goes on in the body.**

Last weekend I was on the other side of the microphone. I was doing some interviews for some psychologists who were up here at our place for a training program, who are using the Freeze-Framer. One of the questions I asked was: "What's different about this from biofeedback?"

And one of the main answers that I got back was: "The patient likes it better." They feel something differently when they go into the state of heart coherence. And they feel THAT more than when they go to the alpha state of biofeedback. And so, they're more attracted to it, and they're "getting it" faster, they tell me; they're getting well faster. It's not as cumbersome. They don't have to have a lot of wires hanging off their

head, etc., and they said for some of the patients who were dealing with emotional challenges, the biofeedback stuff is too complicated for them and too intimidating.

**Rick:** Just intuitively, I would think that the retention would be better, too.

**Howard Martin:** Well, they're saying that to me. This is feedback coming back from them, but you're onto it. It's a new form of biofeedback that's looking at a different set of parameters, but parameters, in my opinion, that are more central to the overall mental and physical health of a person than just the brainwaves. That's what we have. So it is the next step in biofeedback.

And, by the way, biofeedback people now are all into heart-rate variability. And other companies are coming out with heart-rate variability monitoring devices, and all kinds of stuff, and so that's the next step that the formal biofeedback community is taking. They're going in that direction as we speak.

**Rick:** You've been in this a long time now. Where do you see this going? What's the next step, for you?

**Howard Martin:** We've always been in this for the long haul. We want to make a sustainable difference in society. And we've always approached this from the perspective that we didn't want to be the "latest, greatest, newest hot thing" out of California, and just got boxed-in, early. We've always held back a little bit, and moved it out slowly with care and with intention.

The ultimate goals? Again, we want to have a sustainable impact on how society functions—how people think, how people feel, how they treat each other. So we've always figured that the best way to do that is to work through the organizations that have that kind of influence—such as corporations, healthcare, finance, education—all these different areas that have influence on society.

So I think the future for us is that we're seeing this grow and grow and grow. We're dealing at higher and higher levels within major institutions and organizations that can do something, and can influence other people, or who do have the ability and resources to do that.

Ultimately, I think, within the next 10 years, we're going to see a revolution in how we approach business, how we approach education, all those different things that I mentioned earlier. And I think HeartMath can play a part in all of that. There are certainly a lot of pieces to something like that, but I think we can play a central part of a major transformational shift in how the world functions. I know that's a wide and big goal, but again, with a 30-year investment in this, and taking it step by step, seeing it grow, and feeling the momentum that's happening with us, I just have no reason to believe that we can't do it.

**Rick:** I would think that the HeartMath solution would just be so well suited to work with clinical psychologists, sociologists, people in the

helping professions—not only the medical professions, but the psychological professions. I would just think it's hand-in-glove.

**Howard Martin:** We've attracted a lot of people from those fields, and again, there's many, many segments and aspects to the mental health professional field. I think there's a huge number of different committees and departments on the American Psychological Association.

**Rick:** Right, right.

**Howard Martin:** There are a lot of different schools of thought, a lot of different disciplines, a lot of different things. There's a movement now in psychology towards what is called "positive psychology". You might even find this humorous, in the premise behind it, because for many people, it's common sense. But in the psychological community, because of the way they've been trained, because of the resources, and it fits a new approach, what they're saying, in essence, is that getting a patient or someone who's dealing with an emotional challenge, getting them to experience a positive emotion gets them to a place of wellness more quickly than regressive therapy.

In regressive therapy they need to understand the problem, and maybe look at it and see it. But the re-experience of the negative emotion, obviously, begins to re-imprint, to some degree, the problem.

**Rick:** Sure.

**Howard Martin:** And if they can bypass that, without it being repressing to the client, and get them to, instead, experience a positive emotion, they're finding that begins to reprogram the emotional circuitry.

**Rick:** I've heard that from people involved in the mind-control field—deprogramming people who have been the subjects of mind control—the same type of thing. You don't need to traumatize the person by reliving childhood trauma, or early traumatic memories, because there is a re-imprinting, as you say. Instead, taking it from the present, from a more positive aspect, you're able to get further, faster.

**Howard Martin:** That's right. But I'll tell you what. People will fight tooth-and-nail for their right to experience negative emotion. It's an area, in my public presentations, that I approach very delicately, because the questions that I immediately get are: "Are you saying that I shouldn't experience negative emotions?" Or: "Are you talking about something that's going to put me in a position where I'm being asked to repress my emotions?"

And I have to be very careful in my language around that, and explain that: "No, emotion is all important, and we have emotions for a variety of reasons; but people have taken the liberty of taking negative emotions to an extreme."

They use that as a way to get the emotion out, and all of that, but look at the detriment that they do, in the process, to themselves, and to the others who are around them. We must get to the place, in our evolutionary process, to where we

can find a way to transform negative emotional energy—and not have to express it, or act it out in angry and destructive ways. In the future, that's where we're going as a species. We will begin to overcome, to lose the need to experience negative emotion.

I'm not saying that's going to happen today, or within the next 10 years. But that's where we're going. We're going to a place where we will not need the negative emotional states as much.

Then I use analogies and other examples, where I'll say: "Emotion is like having a palate of colors. Every emotion represents a color, or a shade of color, and you can paint the picture of your life like you want to. So we all have choice. If we want to paint our pictures in grays and blacks and dark browns and all that, then we can do that. But there are a lot more colors to choose from. And so, it becomes a matter of your own choice.

So, no, I'm not trying to take away anyone's right to experience strong negative emotions, and I'm not talking about repressing emotions; I'm talking about an evolutionary step to where we will learn to transform emotions into positive emotions. And when we do, they're so much more rewarding, pleasurable, fun, and healthy, that we naturally don't want to experience the negative emotions anymore.

But you have to give somebody the ability to experience the positive emotions, otherwise the negative emotions are still appealing, because feeling negative emotions is still better than feeling nothing at all.

**Rick:** And I would imagine, for many people, the familiarity of negative emotions has become something that they don't want to let go of, even though a state of joy is so much more desirable in terms of overall health. But it may be foreign to people.

**Howard Martin:** It is. Unfortunately, in our society today, many people cannot feel positive emotions. I see it all the time. I know that may sound unusual. It may sound unusual to some of your readers, but people tell me: "I don't know how to feel good." Or: "I don't know how to feel a positive emotion."

And for many people, feeling a positive emotion is kind of like just not feeling as bad as you usually do.

That's sad, but it's not the way we were meant to live.

**Rick:** What do you tell people? I'm sure you're approached by people like that all the time.

**Howard Martin:** Well, I tell them everybody has the ability inside themselves to experience positive emotional states. So, in the Freeze-Frame technique, getting them to recall a positive, fun time or feeling in their life is designed to begin to prime that pump.

And then they'll tell me: "I can't feel anything. I can't think about anything positive in my life."

So, the first step I'll take with them is to say:

"Is there anything in your life, right now, that you can possibly appreciate? Because sometimes, no matter how bad it is, there's something that you can appreciate."

And most often, they'll find a little something to appreciate, and I'll work from there. Get them to appreciate something, anything. It can be something small in their life—you know, just anything they can. And I begin to show them that it's in there. I begin to work them into a state of seeing in a larger context.

If that doesn't work, what I may do is say: "What would have to change in your life for you to feel good?"

And they may say: "Well, I'd have to have more money." Or: "I'd have to be through my illness." Or: "My relationship would have to come back together." Or whatever their issue is.

Then I say to them: "Well, go ahead, right now, and assume that's happened. How would you feel if it did?" And a lot of times they'll start laughing. Or there will be a ray of hope there.

So I get them to assume the attitude of positive emotion, even if they can't totally feel it—just getting them to assume the attitude of it. So there are different ways you work with people to get them to a point where they can begin to feel a little something positive inside themselves.

And when they do, it's just like starting a fire. It just takes a little spark. Once that little spark is lit, then they can move more quickly into experiencing something that feels a lot better to them.

You just have to be compassionate and caring and patient with people when you work with them like that. And a lot of times I'm not working one-on-one; most times I'm not. Most times I'm working from a large audience perspective, and I have to do it a different way than other therapists and counselors and psychologists, all around the world, who do this on a daily basis, because it isn't easy.

You need to do good work to get them to experience stuff like that. I just see the pain, a lot of times, in people. I see a lot of people who are breaking through, too. So it's not all a dour picture for me of what's going on in the world.

**Rick:** I would imagine there are a lot of "aha" moments in your audiences because—just listening to you—I can imagine that when you're out there, you are, in effect, teaching many people who simply have never been taught these things. So they may understand what you are saying, intellectually, but they may not have ever lived it. So often, just having it explained by someone who really comprehends what's going on can make all the difference in the world toward taking that next step, if that makes sense.

**Howard Martin:** You're right. One of the things that Doc has told me over the years is: "Do the best you can. Go out there and speak from your heart, and speak clearly, and lay out what you need to lay out, and there will be little things that you say that will seem relatively insignificant to you, but in your audience, there will be

something said, if you do it well, that will inspire them."

**Rick:** I'm sure that's true.

**Howard Martin:** Just little pieces of something I may say that are positive for someone, individually, and helps them. I just go for that. I just go out there and do what I do and have fun. Hopefully, somebody is hearing something from it. And I think they are.

**Rick:** What do you think our readers should be aware of generally? What would you like to leave them with?

**Howard Martin:** We're in an interesting place in history. **We're at a dimensional shift and awareness.**

You can see that reflected through the chaos and confusion—and yet the opportunity, and the new things coming into view all the time—so it's like a dualistic view of the world right now.

I think we're in an era of unprecedented challenge, as well as unprecedented opportunity. And as people begin to create an alignment within themselves that become more coherent, internally, and do what they can, it's a self-empowered effort that's needed now, to make the shifts that they can make, and take it a step at a time. And be sincere about it, and go for it with a little more zeal, and a little more hope.

Then fulfillment, new fulfillment, like they never experienced before, is quite possible. I see this happening all the time to people. I see people breaking through into new things and overcoming challenges that have been around for years.

So, it's just an exciting time for people. Learning to operate more from your own heart is one of the keys for that. You can learn to "ride the waves of change" with a lot more poise and grace in these times, and it can really be a fun ride, even amidst the chaos and confusion.

So the message I have is a very hopeful message. People are really coming into some new things. It's a very exciting time to be alive in the world.

Just don't identify with all of the problems so much. Try to reduce the significance of the problems, and focus on more of the opportunities that are there.

It isn't just thinking "happy thoughts" or positive mental attitude; it's about really finding that positive feeling inside and going with that, shifting the emotional state. And as people do that, change happens VERY quickly. Very positive change can happen very quickly. And by that I mean change beyond the logical and linear, change that can occur in ways that are quite exciting and quite unexpected.

As people do that, they'll start coming into a whole new understanding of who they are and what this game of life is all about. It's a fun ride when they do!

**Rick:** That's a perfect place to end. Thank you so much for taking the time to talk with me and sharing this wonderful message with our readers. 

# Unlocking The Secret Of Heaven Through The Science Of Man

*Editor's note: You will remember Gregg Braden from our June 2001 front-page feature article, which led to this month's front-page feature carrying on the same "heart" theme. So many of you enjoyed Gregg's message that we are pleased to share the following update.*

**7/19/01 GREGG BRADEN**

In the mid-twentieth century, Max Planck, the Nobel Prize-winning father of quantum theory, made a statement that shook the foundation of physics in his time. During a speech in Florence, Italy, Planck stated: "There is no matter as such! All matter originates and exists only by virtue of a force. We must assume behind this force the existence of a conscious and intelligent Mind. This Mind is the matrix of all matter."

With these words, Max Planck paved the way for the next question: What "Mind" creates "the matrix of all matter"? Recent studies indicate that Dr. Planck's words may provide the elusive "missing link", unifying science and religion, while setting the course of physics in the twenty-first century.

## A "UNIFIED" FORCE

The oldest records of humankind suggest that Creation "speaks" to us each day through the language of a reflected universe, where the events of our daily lives are the product of relationships that begin in the unseen realms of Creation. The same texts remind us that we may use this language to "see the unseen, hear that which cannot be heard" and speak with Creation through "the unspoken word". Recent advances in quantum physics now support precisely such understandings, providing the keys to translate our forgotten language, giving new meaning to each career, every relationship, and the "unexplained" events of our lives.

Quantum science has identified four forces of Nature that enable us to change our bodies, our world, and even the cosmos in ways that were thought impossible only a few short years ago. Applying our knowledge of the strong nuclear, weak nuclear, electromagnetic, and gravitational forces to modern technology has given us the god-like power to modify our climate, generate powerful fields to "see" through our planet, create new forms of life, and copy existing ones as cloned replicas.

Ironically, the knowledge that holds the promise of life, is the very technology with the power to bring an end to life as we know it. For the first time in human history, our knowledge carries consequences that are global as well as permanent.

Although Creation has revealed many of her secrets, one great mystery remains: science has yet to discover the one principle that combines Nature's forces to explain the events of our world. Physicists suspect that yet an additional force, a fifth force, remains undetected, uniting Nature through a form of energy that weaves its way into each moment of our lives. Furthermore, recent studies suggest that each person is directly linked to this force, allowing us to tap into its power and apply it to the conditions of our personal and global lives.

## A NEWLY DISCOVERED FORM OF ENERGY: THE EVIDENCE

Three groundbreaking experiments in the late 1990s unveil dramatic and undeniable evidence of a newly discovered form of energy, a matrix, linking each member of our global family, Creation, and the events of our lives in unexpected and empowering ways. Relegated to technical journals, and receiving little attention from mainstream media, these experiments, reported by leading research institutions of our day, shake the foundation of our predominant worldview, scientifically documenting that:

- 1. We communicate with our world through a previously unrecognized form of energy that operates outside the bounds of measured time and space.**
- 2. Our DNA directly influences our physical world through this form of energy.**
- 3. We influence our physical DNA through a non-physical, non-local form of energy that is directly linked to human emotion.**

A growing body of evidence suggests that the events of our visible world—the failed relationships, broken agreements, disease, and conflict of our past, as well as the joy, peace, and healing of the present, stem from relationships that begin with the "matrix of all matter". Through the non-local energy associated with human emotion, and broadcast through human DNA, we create conditions in the realms where such events originate.

Physicists suspect that it is in the higher dimensions of new creation theories—the quantum "heavens" referred to in ancient traditions—that the four known forces of Nature merge into a newly recognized force, the elusive Unified Field, that weaves its way through each moment of our lives.

Ancient scholars invite us one step further, describing how these forces converge within our bodies, creating the blueprints of peace, cooperation, and healing relationships that become the reality of our lives. Is there any evidence that such a powerful "technology" does, in fact, live within each of us?

## NEW EVIDENCE OF QUANTUM PROCESSES IN THE SHROUD OF TURIN

In 1898 the mysterious 14' 3" long by 3' 5" wide linen sheet, known as the Shroud of Turin, was photographically documented for the first time. Already the source of tremendous controversy, the focus of the cloth is the faint and life-like image of a crucified man that appears to be "burned" into the fibers of the cloth.

Matching the biblical descriptions of the crucifixion of Christ, the validity of the Shroud has been in question since it appeared in Western Europe in 1353, far from its suspected origins in the Holy Lands over 300 years earlier. To the surprise of the photographer, as well as the scientific community of the day, these early pictures led to the discovery that the details on the cloth appeared to be a "negative" image, becoming "positive" only when the light values were reversed through the process of photography. Since the time of the first photographs, improved techniques of imaging and new discoveries in quantum physics have offered fresh insight into the man in the Shroud and the source of his image.

In 1988, a private study was commissioned to investigate the Shroud. It was hoped that, at last, this investigation would bring an end to the speculation of the relic's origins and questions of its authenticity. Making worldwide headlines, the 1988 study concluded that:

- there was no human blood on the cloth;
- the Shroud dates to between 1260 and 1390 CE;
- the Shroud should not be considered the burial cloth of Jesus.

Serious questions regarding the methods,

protocol, and conclusions drawn from this study have since developed. While the 1988 study remains cloaked in controversy, it was not the first of its kind, nor was it the most extensive.

Ten years earlier, in 1978, an unprecedented effort to unlock the mystery of the Shroud began, as 40 scientists initiated a study that would last for 5 years. Representing the most sophisticated laboratories of the time, including Los Alamos National Laboratories, Sandia Laboratories, and the Jet Propulsion Laboratories (JPL), the investigators were given rare access to the Shroud following the public display of that year, working in shifts around the clock for five continuous days to gather their data. Completed in 1983, the Shroud of Turin Research Project's (STURP's) findings were disclosed through specialized scientific committees and technical journals, receiving very little attention from mainstream media and the general public.

Among the team's findings, the STRUP report revealed that:

- "There is no significant trace of paint, ink, dye, pigment, or stain on the cloth."
- "The image is NOT the product of an artist." (1981 Preliminary Report)
- "The blood is, in fact, real blood." (Dr. John Heller)
- "It is clear that there has been a direct contact of the Shroud with the body. However, while this type of contact might explain some features of the torso, it is totally incapable of explaining the image. There are no chemical or physical methods known which can account for the totality of the image."

While we may never know precisely whose image is emblazoned upon the ancient linen, one fact remains clear: the man in the Shroud experienced a process that traditional twentieth-century science has failed to explain. Recent findings in quantum physics and subtle-energy research, however, offer fresh insight into the original findings of the Shroud research team, and bring new meaning of the Shroud into our lives.

New translations of the ancient Essenes, scribes of the *Dead Sea Scrolls* during what many believe to be the time of the Shroud's origins, suggest that each human is a "convergence point"—a place where the four expressions of Nature may be fused into a single, empowering force that links us directly with the events of our lives.

Now we must ask ourselves the question: Did the man in the Shroud leave us the clues to such a force? New evidence, such as the experiments described in this article, now suggest that this may be precisely the case.

#### LOST WISDOM

The findings of the Shroud researchers, coupled with the release of studies linking the human body to the four forces of Creation, support the tenets from some of our most ancient

traditions, suggesting that we play a significant role in the events of our lives and the world around us—a role that we are just beginning to understand. How could such key understandings be "missing" from the world view traditionally offered by modern science?

The loss of such important concepts is now attributed to the two interruptions in the knowledge chain, and the loss of over 530,000 documents that have historically linked our modern world to ancient wisdom. From such unlikely sources as these timeworn manuscripts, ancient scholars suggest that our everyday world is the mirror of events playing out beyond our perception. In the words of their day, they left precise instructions to such realms. It is this "inner technology" that allows us to create blueprints of the peace, cooperation, and healing relationships that become the reality of our world.

Quantum science supports such possibilities, suggesting that it is in the ten dimensions of the String and Super String Theories, realms now linked to human emotion, that the forces of Nature are unified into a single, directive power. Perhaps it is in the higher dimensions of the heavens that science and spirit are unified as well, bringing lasting healing to our bodies, peace to our world, and the answers to the oldest questions of our existence.

Could the great mystery of science, and the great secret of ancient spiritual traditions, be one and the same? Gregg Braden explores this, and equally compelling questions, through his multimedia journey bridging science and miracles as the lost language of our reflected universe.

Footnote: Through his investigation of the Shroud, Braden was given access to 63 of the more than 10,000 images that documented the 1978 Shroud of Turin Research Project, as well as some of the most intriguing of the findings. Among this collection are rare images of the x-ray, ultraviolet, and infrared thermography studies, providing greater detail into the processes experienced by the man in the Shroud than possible from routine examination.

Additional portions of the study detail blood analysis, state-of-the-art 3-D imaging, and a report from the Deputy Coroner and Forensic Pathologist of Los Angeles County regarding the condition of the body in the Shroud and the probable source of injuries. Braden has been granted permission to share these images in an

educational, non-religious, and non-denominational setting. His 2001 programs offer a summary of the 1978 study, subsequent findings, and a context within which the Shroud of Turin may be viewed in our lives.

Best-selling author and guide to sacred sites throughout the world, Gregg Braden has been a featured guest for international conferences and media specials bridging ancient wisdom and modern science. A former earth scientist and senior aerospace computer systems designer (Phillips Petroleum, Martin Marietta Aerospace, Cisco Systems), Braden is now considered a leading authority on the spiritual philosophy of the ancient Essenes and many indigenous traditions throughout the world. His journeys into the remote mountain villages, monasteries, and temples of times past, coupled with his background in the hard sciences, uniquely qualify him to bring the benefit of long-lost traditions to the forefront of our lives today.

From the dawn of quantum physics, scientists have attempted to demonstrate the capacity of our beliefs to define our world. Braden accomplishes the same task through a language that is easy to understand, while bringing relevance to each moment of our lives. His inspiring sense of optimism is based in what he recognizes as the inner technologies of a wisdom lost to the West for over two millennia. Captivating audiences of all ages, Braden empowers our lives with a life-affirming message of hope, through his remarkable synthesis of science and spirituality. Previous books include *Awakening To Zero Point: The Collective Initiation* and *Walking Between The Worlds: The Science Of Compassion*. 

## The Secret of Our Reflected Universe

### Unlocking the Mystery of Heaven through the Science of Man

*Could the great mystery of modern science, and the lost secret of spiritual traditions, be one and the same?*

Three groundbreaking experiments reveal undeniable evidence of a newly identified form of energy, a matrix, linking each member of our global family, creation, and the events of our lives in unexpected and empowering ways.

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GREGG BRADEN  
IN SAN DIEGO

# Skolnick's News On The FBI, Washington Post, And Airline Sabotage

**SHERMAN H. SKOLNICK**

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**New Chief Of  
Secret Political Police**

(7/08/01)

A unit of America's secret political police has a new Chief Terrorist. Robert Swan Mueller III is the perfect choice to head the Federal Bureau of Investigation.

When you realize what THEY and HE have been into, calling him the new head of a sinister entity will be an acceptable description.

A few items from memory:

1. In the late 1920s and '30s, the FBI was in the forefront of subverting Freedom of the Press—when it came to the new medium, radio. The Bureau, under dictator J. Edgar Hoover, saw to it that no one critical of the government or harboring dissident views ever was allowed to have a broadcast license. (This fact somehow does not find its way into books and articles critical of the FBI, yet is known as an established fact by old-timers in the broadcast field. Chicago's WCFL, call letters for Chicago Federation of Labor, always was a joke. It was never allowed to be pro-labor or to speak out forcefully in favor of unions and the working person.)

2. To attempt to beat down the formation of labor unions as an opposition to corporate greed, the FBI used provocateurs to bomb certain offices and warehouses and such, using the monopoly press to falsely blame it on labor violence and union organizers. The FBI had, as their adjunct, the "Red Squads", falsely labeling all dissidents as "Reds". (See, for example, *Protectors Of Privilege: Red Squads And Police Repression In America*, by Frank Donner, University of California Press, 1990.)

3. Through movie-making fakers, the FBI was given the false image of grabbing bank robbers—such as in the 1930s. Years later, a retired key agent of the Bureau, with nineteen

years of direct experience and knowledge, dared relate to me the Bureau's sordid past:

- That FBI boss Hoover, in important instances, took bribes from certain bank robbers, who were then given a pass.

- That the FBI Chief connived with big-time criminals who owned race tracks and were whiskey manufacturers. To feed his ego, they allowed him to corruptly win at horse racing, his favorite pastime.

- One booze baron, Rosenstiel, actually set up a crooked foundation named for J. Edgar Hoover.

- The FBI denied there was a mafia in America. Simple reason: the criminal cartel used blackmail against Hoover; they had undercover pictures of Hoover's homosexual activities. (Plenty of details in *Official And Confidential: The Secret Life Of J. Edgar Hoover*, by Anthony Summers, Putnam, N.Y., 1993.)

4. The offices of the Bureau in the southern states were well aware of the Ku Klux Klan and lynchings of Blacks, and bombings of Jewish businesses, and outrages against some Catholics. An FBI undercover operative, Gary Rowe, was given immunity and not punished for murdering a civil rights activist, Viola Liuzzo, in the turmoil in Alabama. The FBI, in fact, gave Rowe a reward. (See, for example, *J. Edgar Hoover: The Man And The Secrets*, Curt Gentry, W.W. Norton, 1991.)

The Bureau, through their COINTEL Program, sought to snuff out the Anti-Viet Nam War Movement of the 1960s and early 1970s. The FBI played a key role in "Operation Garden Plot", that is, to put peaceniks in the cemetery by various bloody dirty tricks—plainly, murder. ("The 1960s And COINTELPRO: In Defense Of Paranoia", *NameBase Newslite*, No. 10, July-September, 1995.)

5. The Bureau played a key role in covering up airplane sabotage—such as in the Watergate plane crash in Chicago, one month after Nixon was re-elected President, in 1972. Twelve Watergate figures died in the crash, such as Dorothy Hunt, wife of the Watergate burglar, E. Howard Hunt. Together they had blackmailed

two million dollars out of the Nixon White House. They had documents of Nixon's role in the assassination of President John F. Kennedy. The details of the aircrash, supported by 1300 pages of suppressed government documents, were in a book written by me and stopped in the press cycle by the Rockefellers, major owners at the time of United Air Lines. (Alas! There are no copies of my book *The Secret History Of Airplane Sabotage*, from 1973, available. I hope to update it someday and post it, at least in part, on my website.)

6. Books by assassination researchers document the dirty, bloody role of the FBI in covering up the high-level plot to assassinate President Kennedy. (See, for example, a huge, heavily-documented book, *Act Of Treason*, by Mark North, Carroll & Graf, N.Y., 1991, detailing the role of J. Edgar Hoover.) A former FBI official, later Mayor of Memphis, Tennessee, covered up the role of the FBI in the murder of Dr. Martin Luther King, Jr. (See *Orders To Kill*, by William F. Pepper, Carroll & Graf, N.Y., 1995.)

As part of this pattern of cover-up and bloodshed is Robert Swan Mueller III.

Mueller was a key official in the Criminal Division of the Justice Department during the administration of George Herbert Walker Bush. Mueller supervised the supposed investigation of the bombing of Pan Am Flight 103, which crashed over Lockerbie, Scotland, in December of 1988, about six weeks after the Elder Bush was elected President.

A group of eight, or as many as fifty, CIA covert operatives were onboard Flight 103. Disgruntled, they were returning from a failed mission to attempt to rescue some American hostages in the Middle East. They blamed the failure on the treasonous acts of the Elder Bush as Vice President. As we showed in exclusive stories, in the 1980s, Bush was the secret PRIVATE business partner of Iraqi strongman Saddam Hussein.

Together, they, like mafioso, shook down for billions of dollars of "protection" money, the weak, oil-soaked sheikdoms of the Persian Gulf. The secret partnership details were part of the bank records sought to be suppressed by way of an unpublicized federal court suit in Chicago. I was the only reporter attending the hearing. Only one sizeable publication in America dared run my exclusive details, based on interviewing the court participants in the back of the courtroom. A populist newspaper, *SPOTLIGHT*, ran the detailed story on August 19, 1991.

Contrary to CIA regulations, forbidding their people to fly as a group on one airplane, this group of covert units stayed together for what they thought would be their mutual security. At least eight of them were scheduled to finger the Elder Bush for treason in the hostage rescue intentional screw-ups, at secretly arranged hearings set before Congress for early in 1989.

Such as: the Elder Bush was a sizeable owner of American LaFarge, the U.S. unit of a French firm, reportedly supplying the ingredients to Saddam Hussein for the making of poison gas to be used against the Iranians in the Iran-Iraq War, 1980 to 1988, and also against Iraq's own Kurdish dissidents. A director of the firm was a little-known Little Rock attorney, Hillary Rodham Clinton. She and her husband, William Rockefeller Clinton, were already part of a scheme to be played out in 1992, to install Clinton as President while shadow-boxing against his CIA mentor, the Elder Bush.

Only one newspaper in North America ran a series after the crash, outlining some of the secret arrangements of the units of the American CIA who were snuffed out by the crash. That was in Canada, the *Toronto Star*. Prior thereto, by phone hook-up, I did radio shows in Toronto with a relative of the publisher who went on the air under a pen-name.

Some were puzzled how FBI agents showed up at the Lockerbie, Scotland crash site in some instances quicker than local authorities.

As stated in an award-winning film documentary about Pan Am Flight 103: "Very strange people were at work very early on. Within a matter of three hours there were American accents heard in the town. Over that night there were large numbers, by which I mean 20, 25, 30 people arrived." This was reported by British journalist David Ben-Aryeah, in the documentary by producer Allan Francovitch, *The Maltese Double Cross*. Francovitch was later murdered as he was working on related documentaries.

As a member of a local rescue team recalled: "We arrived within two hours (of the crash). We found Americans already there."

As an author of a book (*The Medusa File* by Craig Roberts, an investigator and former law-enforcement official) pointed out: "...as odd as the fact that Lockerbie is over 350 miles from London, which is the nearest point an American FBI agent might be. To reach Lockerbie that night from London, even if traveling by air, would have taken far more than one hour considering the sequence of events that would have had to occur.

"Assuming timely notification, an American agent in London would have had to have been tracked down, considering the late hour, notified to pack-up for an investigation, rush to Heathrow, board a waiting airplane, fly immediately to the nearest airport that could land a jet transport, obtain ground transportation from there to Lockerbie, then locate the command center. An effort that would require four to six hours at the minimum."

From the details, there evidently was PRIOR KNOWLEDGE by the American FBI and the Justice Department. And who was in charge of all this? Reportedly Justice Department, Criminal Division honcho, Robert S. Mueller III. Mueller is quoted as saying in a public statement: "We have

no evidence to implicate another country (other than Libya) in this disaster." (From *The Oklahoma City Bombing And The Politics Of Terror*, by David M. Hoffman, Feral House, Venice, California, original edition, 1998, page 326 footnote.)

By his doings, reportedly in the U.S. and Scotland, Mueller falsely shifted the whole blame to Libya and a stop-over in Malta by some Libyans. (Hence the title of the late Francovitch's film documentary *The Maltese Double Cross*.) By so doing, Mueller shifted the focus away from the prior treasonous activities in the Middle East of the Elder Bush, with the assistance of his sons, Jeb and George W.

The Elder Bush, as President, rewarded Mueller for his treachery on behalf of the Bush Family. Mueller "was named to head the criminal division in 1990, under President George Bush. Dick Thornburgh, then attorney general, says he relied on Mr. Mueller for some of the department's most DELICATE TASKS. Before the invasion of Panama in 1989, for instance, Mr. Bush called Thornburgh in and asked if the drug trafficking case against the Panamanian ruler, Gen. Manuel Antonio Noriega, was solid. Mr. Thornburgh says he relied on Mr. Mueller's assurances that the case would stand up; it did. Among the other investigations that Mr. Mueller supervised at the criminal division was the BOMBING OF PAN AM 103, which had crashed over Lockerbie, Scotland, in 1988." This is quoted from the *New York Times*, July 6, 2001, in a story about Mueller by Neil A. Lewis. (Emphasis added.)

Shortly after being inaugurated as President, the Elder Bush launched the invasion of Panama in 1989, to kidnap Panama strongman Noriega to shut him up about being lured into private dope trafficking deals with the Elder Bush and sons Jeb, George W., and Neil. Playing a key role in silencing Noriega was Justice Department Criminal Division honcho Robert S. Mueller III.

Mueller reportedly arranged to terrorize Florida federal judges to lay the groundwork for them absolutely following orders to censor any mention of the Bush family being implicated in the dope trafficking into which Noriega says he was

either inveigled or was entirely innocent of, with Noriega as an Elder Bush-arranged CIA operative. Bush had helped Noriega's rise to power by Bush arranging to murder Noriega's predecessor. (The Elder Bush paved the way for Saddam Hussein to the top in Iraq in similar fashion, by arranging to assassinate Saddam's predecessor.)

One of the most outspoken critics of the Justice Department and the FBI, on the federal bench in America, was Florida U.S. District Judge Alcee L. Hastings, one of only a very few Black federal judges in the South. The FBI, as a reprisal, framed Judge Hastings on bogus bribery charges. To scare other Florida federal judges that they have to march to the orders of the Bush family, the Hastings matter was quickly referred to the House Judiciary Committee, which voted articles of impeachment.

In the impeachment trial in the Senate, contrary to the rules, only a handful of Senators attended or were interested in any way in Judge Hastings plea that he is innocent and was framed by the FBI. The monopoly press, to show him in a bad light, played up a picture of him bending down to get past a barricade blocking the entrance to the Senate as he was on the way to the Senate trial. (Hey, I thought the whole U.S. Senate, not just a couple of them, have to sit as judges in an impeachment trial.) Leave it up to the pressfakers to get a picture of someone they want to demonize, such as prominently showing a pimple on his

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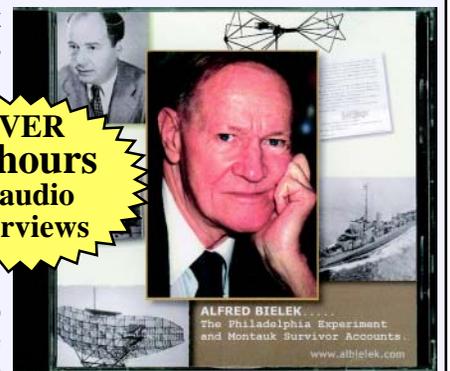
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face. On the other hand, the Rockefellers are always shown smiling and in a good image.

The voters of Florida, however, did not buy the FBI frame-up done with the apparent connivance of Criminal Division honcho Mueller. Thereafter, defrocked Judge Hastings was elected (and numerous times re-elected) as a Democratic Congressman from Florida's 23rd Congressional District. (Another one of the few Black federal judges in the South, one from New Orleans, was likewise pickled by the FBI and removed from the bench. An Hispanic federal judge in California, after hearing evidence in his court of the treachery of the FBI, pronounced them as the American Gestapo. Within a few months thereafter, as a reprisal, they attempted to send him to jail on bogus federal criminal charges. In that instance, the judge beat back the FBI/Justice Department frame-up orchestrated by Criminal Division honcho Robert S. Mueller III.

BUT, evidently the federal judge hearing the criminal charges against kidnapped General Noriega got the message. The judge blatantly and arbitrarily ruled that no mention in the court will be allowed of how the Elder Bush and his sons inveigled Noriega, as a CIA operative, into business with them, through the infamous spy-money laundry, Bank of Credit and Commerce International, BCCI.

Noriega's lawyers were forbidden to defend him with his role with the Elder Bush and Bush sons, details tending to show Noriega was innocent of the criminal charges. Few in the monopoly press mentioned a fact pertinent to people of the Third World. Noriega, as the head of Panama, was the ONLY person of color to head up a country in the Western Hemisphere.

Mueller, as a top honcho of the Criminal Division, was instrumental in suppressing and/or destroying evidence and scaring off and covering up about witnesses to protect the Bush family from being exposed in their treasonous role laundering assassination funds and funds of sworn enemies of the U.S., through the Bank of Credit and Commerce International.

U.S. Senator John Kerry (D-MA) headed a subcommittee investigating dope and weapons smuggling and terrorist activities. In a heavily censored and watered-down version of the facts,

even the big-time newsmaker, the *New York Times*, in a story referring to Kerry and Robert S. Mueller III, said: "...John Kerry, who was already in his second term as a senator from Massachusetts when the two clashed in 1991 over whether the criminal division, which Mr. Mueller then led, had been aggressive enough in investigating the BANK OF CREDIT AND COMMERCE INTERNATIONAL, a rogue operation that had ties to drug gangs and gunrunning." This is quoted from the *New York Times* for July 6, 2001, in a story by Neil A. Lewis. (Emphasis added.)

Please note: Senator Kerry is no sweet angel. He is an expert reputed blackmailer and cover-up artist. He is married to the widow of the late U.S. Senator from Pennsylvania, John Heinz, heir to the ketchup and canned beans fortune. Heinz died in a sabotaged plane crash in 1991, just as he was planning to expose U.S. government complicity in several domestic and foreign political assassinations.

As to the infamous BCCI, Senator Kerry himself had a conflict of interest in that he headed a group of U.S. Senators who accepted campaign funds from the worldwide spy-money laundry-murder machine, BCCI. Kerry's subcommittee refused to delve into the highly pertinent Chicago branch office of BCCI and their Chicago twin, a branch of Italy's largest bank, owned in part by the Vatican, Banca Nazionale Del Lavoro, BNL. (Suppressed BNL records as to the secret private partnership of the Elder Bush and Saddam Hussein were the subject of my exclusive story in *SPOTLIGHT*, August 19, 1991, referred to earlier.)

George W. Bush, the tainted OCCUPANT and RESIDENT of the White House, chose Mueller to head the FBI. Mueller has repeatedly demonstrated to the satisfaction of the criminally inclined, treasonous Bush family, that Mueller obediently follows Bush family orders to whitewash their criminality and treason. The established FBI pattern of covering up political assassinations, falsely blaming bombings on domestic dissidents, and such, will no doubt continue with America's new GESTAPO CHIEF, Robert Swan Mueller III.

Stay tuned.

\* \* \*

### The Late Grand Dragon Of The Washington Post

(7/23/01)

His fortune was ostensibly based on fraud. And his daughter ended up running the major espionage propaganda trumpet in the U.S. Capitol.

By 1912, it was evident that America was needed in Europe's upcoming and expected World War One. Basically, European-based ruling families foisted upon the American people a PRIVATE central bank, calling it by the misleading term of the FEDERAL RESERVE, as if it were a U.S. Government entity. The purpose was to suck huge money out of the growing, industrial U.S. to finance Europe's periodic killing fields, which were not part of any national purpose of the United States.

Re-elected President in 1916 as an alleged "peace" candidate, Woodrow Wilson, a professorial stooge for Wall Street, just a few weeks after being inaugurated in 1917, shoved American doughboys into Europe's own bloodbath. War music such as "Over There", was used to mold and pump up American opinion to favor WAR IN EUROPE. To help finance Europe's War, the U.S. sold, throughout America, as if it were "patriotic", war certificates called Liberty Bonds. A key figure in the sales was a Wall Street pirate, Eugene Meyer.

Meyer was later apparently rightly accused but never criminally prosecuted for having reportedly embezzled tens of millions of dollars from the Liberty Bond issues under his supervision. Cynics often note how big-time criminals are rewarded instead of jailed. Meyer became a Governor of the Federal Reserve, a ruling-class device to instigate wars and depressions for high-level profits.

Meyer went on, in the early 1930s, to organize the Reconstruction Finance Corporation, a highly corrupt entity used to rescue certain failing banks (who secretly rewarded certain RFC insiders with bank stock) while ignoring other failing banks who did not pay off insiders. (A case in point was the Continental Bank of Chicago, now merged with Bank of America, owned principally by the Rothschilds, the Jesuits, and more recently, the Japanese mafia, the Yazuka. Continental almost went under in 1931.)

Meyer also went on to become the first President of the World Bank, accused by some as a trick for exploiting non-industrialized nations.

So, with his reputed massive funds embezzled from the Liberty Bond issues, Meyer found it easy, in the depths of the Great Depression in 1933, to buy the *Washington Post* at a bankruptcy sale. Likewise in the Depression, Meyer's daughter, Katharine, was trained at Rockefeller's University of Chicago. In the 1930s, key figures at the Teutonic-structured university and its

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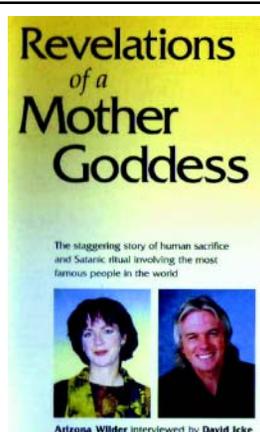
In this video interview with David Icke, she describes human sacrifice rituals at Glamis Castle and

Balmoral, in which the Queen, the Queen Mother, and other members of the Royal Family sacrificed children in Satanic ceremonies.

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adjoining hospitals were pro-Hitler (as to the hospitals, I have personal knowledge). While other Chicagoans, including unpaid or unemployed teachers, ate out of garbage cans, the students at the pro-Nazi University came and went as if nothing important economic was happening.

Meyer, purportedly a Jew, married to a Lutheran, acted more like the German Jews who favored the Nazis. As to Katharine and her siblings: "The children were brought up in the traditions of St. John's Episcopal Church in Washington, the church of presidents, where the Meyers—Mr. Meyer was Jewish, his wife Lutheran—had their own pew." (*New York Times*, July 18, 2001)

Meyer came out of the so-called "investment bankers" and bond houses of Wall St. Those high-up in those firms retain their Jewish surnames, but have not been followers of Judaism for several generations, having been converted to other religions. The public is seldom reminded of this. (See the book *The New Crowd: The Changing Of The Jewish Guard On Wall Street*, by Judith Ramsey Ehrlich, Barry J. Rehfeld, Little Brown & Co., 1989.)

Katharine married Philip J. Graham, a lawyer, who went on to run his father-in-law's business, the *Washington Post*. In 1963, a few months before the political assassination of President John F. Kennedy, Philip Graham either committed suicide or was murdered. Various explanations of his demise leave much to be considered. (Was there ever an adequate explanation by the *Washington Post* how Washington, D.C. had their entire phone system shut down during the JFK murder?) By 1963, already a long-time adjunct and front of the American CIA, the *Washington Post*, like the rest of the monopoly press, trumpeted the "lone assassin" explanation quickly planted by the espionage agencies.

In 1972, Katharine Graham, as boss-lady of the *Post*, did at least two noteworthy acts: [1] Under her control, the *Post* covered up the poison murder of the sinister dictator of the FBI, J. Edgar Hoover; and [2] under her control and on behalf of the American CIA, the *Post* was the originator of most, if not virtually all, of the stories about the alleged break-in at the Watergate Hotel, owned at the time by the Pope. The *Post* ran no stories pointing out, as some European authors have, that the whole event was set-up by double-agents, like James McCord, long-time CIA official in charge of their physical security, to finger Nixon. Most every sizeable press, TV, and radio outlet merely repeated what the *Post* printed about "Watergate".

Mrs. Graham was in a position to know full well that Bob Woodward, with virtually no journalism background, had been a courier to the White House for the CIA and others in the espionage community, including the military. Some authors contend, naming names, that some thirty admirals and generals planted the Watergate details on Woodward, an intelligence operative from a young age. It was the military way of

getting rid of Richard M. Nixon, accused by them of treason in Viet Nam, without blowing out his brains in an open car like JFK. (See *Silent Coup: The Removal Of The President*, by Len Colodny, Robert Gettlin, St. Martin's Press, Inc., 1991.)

Hence, some contend that Bob Woodward, and his Watergate book and articles, have been a mammoth fraud blindly repeated as valid by the liars and whores of the press.

Bob Woodward was the son of Du Page County Chief Judge Alfred Woodward. (Du Page is the county adjoining Cook County, site of Chicago.) It was strange to find out that Alfred Woodward had a long history of espionage, being an operative of BOTH Army and Naval Intelligence (supposedly that does not happen).

In 1973, Chief Judge Woodward had assigned to himself one of the most important but unpublicized cases in America. It involved a huge money laundry masquerading as a financial empire/insurance company—the "Equity Funding" scandal.

The Chief Judge put himself in charge of hundreds of millions of dollars of monies and assets of this swindle machine. Among the creditors were teachers' pension funds from around the nation. Also creditors into millions of dollars was Chief Watergate investigator Leon Jaworski and Nixon White House aide Bob Erlichman and his family. Ahead of most all of the other creditors, Chief Judge Woodward arbitrarily and corruptly paid out mostly in full to Jaworski and Erlichman. Teachers and other pension funds received almost nothing by Chief Judge Woodward's lawless orders.

Court records, by law, are in the custody and control of the Chief Clerk of the Court. Despite that, Chief Judge Woodward kept the Equity Funding files in his office, locked up in one of his file cabinets. He denied access to these "public records".

One day in 1973, I showed up in his office demanding that I be permitted access to the court files he kept concealed there. I informed the Chief Judge I was going to sue him for unlawfully concealing public court records.

He threatened to have me arrested for "contempt of court" inside his office. He realized, however, that that would cause publicity of the very cases he was trying to keep secret. As a result of the stand-off, I obtained copies of the rare and revealing files. They support my contention that the Equity Funding mess was one of several secret methods of laundering funds by the Nixon White House for their dirty tricks against dissidents and peaceniks.

In later years, members of our group brought a federal court lawsuit against judge Woodward and several other Du Page County judges. They were charged with, outside of court, engaging in satanic rituals in part linked reportedly to a hospital owned and operated by the judges. As shown in federal court, the judges directed their rituals to misuse and brutalize small children, the parents of whom were among those accusing

judge Woodward and the judges as defendants in the federal suit.

As a signal to insiders, on a key meeting date, one of the satanic ritual judges would put a purple flower on their judicial bench, according to the federal court pleadings. A Chicago federal judge, contending he had no time to consider such matters, refused to consider the facts and put the case arbitrarily out of court.

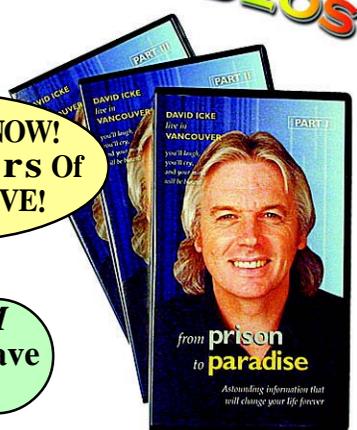
Following the notoriety of the "Watergate Affair", Katharine Graham repeatedly sent Bob Woodward to the Chicago area for press conferences. And I came to each one as a reporter. When Woodward showed up, he pointed to me and shouted: "The press conference will not proceed until that man in the wheelchair is removed." There was no basis to force my removal. I had not even said hello to anyone. I was permitted to remain, however, when I told the security police I would sue for false arrest if they removed me, without any basis in law or fact, upon the orders of Bob Woodward as sent by Katharine Graham.

Bob Woodward evidently was fearful I would raise a question about the Watergate/Equity Funding mess, and about his father the Chief Judge. Bob Woodward suspected that I knew about the details that later showed up in the book "Silent Coup". At the press conferences, I was specifically forbidden to ask any questions.

A month after Nixon was re-elected President

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in 1972, there was a plane crash near Chicago's Midway Airport. Twelve Watergate figures died in the sabotaged crash, including Mrs. E. Howard Hunt, wife of the purported Watergate burglar. She was carrying two million dollars in her luggage, which she placed on a separate first-class seat next to her. This was Nixon White House "hush money" given to her by her husband reportedly blackmailing Nixon with documents showing Tricky Dick had been implicated in the murder of President Kennedy.

The FBI had 150 of their agents already waiting near the airport for the plane to arrive. They apparently were going to arrest her for blackmailing Nixon. The plane pancaked short of the airport. In violation of law, the FBI cordoned off the crash site, forbidding local fire, police, and hospital ambulances from approaching the smoldering United Air Lines plane.

In the months after the crash, based on our private investigations, I did radio talk-shows all over the U.S. (I decided to withhold, until months later, that we had "liberated" the entire National Transportation Safety Board file showing sabotage—some 1300 documents and photographs.)

Reportedly on behalf of the American CIA, her bosses, Katharine Graham sent to Chicago, to interview me, her supposed crackerjack reporter, Ronald Kessler. After an interview of only a few minutes, he said he wanted to be driven back to O'Hare Airport to return to Washington. Kessler wrote a two-part front-page series in the *Post* condemning and heckling me. (How could he know my position if he only spent a few minutes interviewing me?) Well-wishers, however, from all over North America called me, stating: "Sherman, you must really have something for the *Post* to have you on the front page twice, heckling you for your investigations of the Watergate plane crash."

Ronald Kessler, in various books he has written, claims to be a CIA expert. Here are some of his books: *Escape From The CIA*, Pocket Books, N.Y., 1991; *Inside The CIA*, Pocket Books, N.Y., 1992; *Inside The White House*, Pocket Books, N.Y., 1995; *Moscow Station*, Scribners, N.Y., 1989; *Spy Vs. Spy*, Scribners, N.Y., 1988; *The Spy In The Russian Club*, Scribners, N.Y., 1990.

The original edition of a book pointing out Katharine Graham and the *Washington Post's* connections to the American CIA was suppressed: *Katharine The Great: Katharine Graham And Her Washington Post Empire*, by Deborah Davis, hardcover, 1991, Institute of Media Analysis, Inc.

The *Washington Post*, like others in the monopoly press, have several reporters who specialize in whitewashing espionage agency matters. Their specialty often is showing up late at night to interview an eyewitness in political assassination events. One such *Washington Post* reporter showed up after midnight to interview such a witness. An hour after the reporter left, the

eyewitness was found murdered.

Are some such reporters "pilot fish" for assassins? Why does this happen again and again over the years? A few examples: Nuclear whistleblower Karen Silkwood was on the way to meeting a mass media reporter. She was planning to show documents of misuse of dangerous plutonium at the plant where she was working. She was murdered on the way to the reporter. In the Clinton era, an eyewitness uncovered secret incriminating documents he remembered accidentally leaving in a car that ended up in the junk yard. Shortly after a monopoly press reporter interviewed him, he was murdered.

In the many decades Katharine Graham headed the *Washington Post*, no one seemed ever able to ask her about any of the foregoing. It is quite proper to call her THE LATE GRAND DRAGON OF THE WASHINGTON POST, adding: AND THE AMERICAN CIA.

Cynics find it interesting that, accidentally or otherwise, Katharine Graham fell on a sidewalk and broke her head. To some, an appropriate way to croak for someone as sinister as she was. Stay tuned.

\* \* \*

### The Secret History Of Airplane Sabotage: Part One

(8/6/01)

In November 1972, Richard M. Nixon was re-elected President. One month later, on behalf of the Nixon White House, America's secret political police, the American Gestapo—the FBI and the American CIA—arranged to sabotage a commercial airplane headed for Chicago. On board were twelve Watergate figures, including Dorothy Hunt, wife of the Watergate burglar, E. Howard Hunt. They had reportedly blackmailed two million dollars out of Nixon threatening, among other things, to publicize documents they had showing that Tricky Dick, along with top officials of the FBI and the CIA, had planned and carried out the political assassination of President John F. Kennedy.

We received a mysterious phone call: "You should look into the crash near Midway Airport. They murdered Mrs. Hunt and the others." From various circumstances we determined that the call came from an official in Midway Airport Tower, Chicago. We started our own investigation.

In 1973 I wrote a book *The Secret History*

*Of Airplane Sabotage*. So far as I could find out, there never was an authoritative book on the subject up to that time. And even now, I know of no other such book. A sizeable book publisher undertook to publish my work. The book, however, was stopped in the print cycle and no copies became available. The book was suppressed by the Rockefellers, at the time the major owners of UAL, Inc., the parent firm of United Air Lines, with the United Air Lines crash near Midway airport being a major section of the book.

I am posting, starting as Part One, excerpts from the book. In some instances, it has been updated and slightly revised to show details uncovered after 1973.

#### The Watergate Plane Crash

1. THE PEOPLE. Upwards of twelve persons, connected in one way or another with Watergate, boarded United Air Lines Flight 553 on the afternoon of December 8, 1972. They had something in common.

That week there had been a gas pipeline lobbyists meeting as part of the American Bar Association meeting in Washington, D.C. It was conducted by Roger Moreau. His secretary was Nancy Parker. Among those attending were Ralph Blodgett and James W. Krueger, both attorneys for the Northern Natural Gas Co. of Omaha, Nebraska. Associated with them were Lon Bayer, attorney for Kansas-Nebraska Natural Gas Co.; Wilbur Erickson, president, Federal Land Bank in Omaha.

This was a belligerent group determined to blow the lid off the Watergate case. Reason: Former U.S. Attorney General, John Mitchell, and his friends running the Justice Department were putting the spear into Northern Natural Gas. Some officials of that firm and its subsidiaries were indicted on federal criminal charges September 7, 1972, in Omaha, Chicago, and Hammond, Indiana. Charge: Bribery of local officials in Northwest Indiana to let the gas

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pipeline go through. (*Chicago Daily News*, 9/8/72)

To blackmail their way out of these charges, the Omaha firm had uncovered documents showing that Mitchell, while U.S. Attorney General in 1969, dropped anti-trust charges against a competitor of Northern Natural Gas—El Paso Gas Co. The dropping of the charges against El Paso was worth \$300 million. A spokesman for Mitchell belatedly claimed, in March, 1973, that Mitchell had “disqualified” himself in 1969, because Mitchell’s law partner represented El Paso. The Justice Department, under Mitchell, dropped the charges. Period.

About the same time, Mitchell, through a law partner as nominee, got a stock interest in El Paso. Gas and oil interests, such as El Paso, Gulf Resources, and others contributed heavily to Nixon’s spy fund, supervised by Mitchell.

(Earlier, I had spoken out about the apparent bribery of Mitchell as Attorney General by El Paso which caused him to proceed to prosecute, on my charges, Chicago Federal Appeals Judge Otto Kerner, Jr., for bribery. This was the highest-level, sitting federal judge sent to jail for bribery in U.S. history.)

Pipeline official Krueger was carrying the Mitchell-El Paso documents on the plane. He had told his wife that he had in his possession irreplaceable papers of a sensitive nature. For months after the crash, his widow demanded, to no avail, that United Air Lines turn over to her his briefcase. It later came out in the pipeline trial, in Hammond, that Blodgett had been browbeating federal officials to drop the criminal charges just prior to the crash. (*Chicago Tribune*, 5/18/73) (Our investigation uncovered that most of the local officials, who were to be government witnesses against the pipeline, were murdered just prior to trial. In all, this included some five Northwest Indiana officials.)

Dorothy Hunt, Watergate pay-off woman, who offered executive clemency directly on behalf of Nixon to some of the Watergate defendants, was seeking to leave the U.S. with over \$2 million in cash and negotiables that she had gotten from CREEP, Committee to Re-Elect the President. (She was so concerned about these valuables, she purchased a separate first class seat next to her on the plane for this luggage.) She and her husband, E. Howard Hunt, the Watergate conspirator, were a “CIA couple”—two agents “married” and living together.

Early in December, 1972, both were threatening to blow the lid off the White House if: (a) he wasn’t freed of the criminal charges; (b) Nixon didn’t pay heavy to suppress the documents they had, showing he was implicated in the planning and carrying out, by the FBI and the CIA, of the political murder of President Kennedy; and (c) Dorothy and Howard Hunt didn’t both get several million dollars. Some of these details are in the Memo of Watergate double-agent, James McCord, a CIA official in charge of the Agency’s physical security; details

were before the Senator Ervin Committee. (*New York Times*, 5/9/73)

Hunt claimed, according to McCord, to have the data necessary to impeach Nixon. McCord said matters were coming to a head early in December, 1972. Mrs. Hunt was unhappy with her job of going all over the country to bribe defendants and witnesses in the bugging case. She wanted out.

Mrs. Hunt was on the way to arrange to take her money out of the country, possibly Costa Rica, to link up with international swindler Robert Vesco, who was there at the time, through Harold C. Carlstead, whose wife was Mrs. Hunt’s cousin. Carlstead reportedly did accounting and tax work for mobster-owned businesses in the Chicago area. He operated two Holiday Inn motels in Chicago’s south suburbs—at 174th and Torrence, Lansing, Illinois, and at 171st and Halsted, Harvey, Illinois.

Carlstead’s motel on Torrence was reportedly a favorite hangout for gangsters and dope traffickers, such as apparently “Cool” Freddie Smith, Grover Barnes, and the late Chicago mobster Sam DeStefano (who aided the American CIA in bloody tricks and was snuffed out to silence him), to name a few. Mrs. Hunt had: (a) \$10,000 in untraceable cash; (b) \$40,000 in so-called “Barker” bills, traceable to Watergate spy Bernard Barker; and (c) upwards of \$2 million in American Express money orders, travelers checks, and postal money orders. (As shown by testimony before the National Transportation Safety Board, re-opened Watergate plane crash hearings, June 13-14, 1973. Hearings re-opened as a result of my lawsuit claiming sabotage covered up by the N.T.S.B.) Carlstead issued a fake “cover” story that had (only) \$10,000 with Mrs. Hunt—a story swallowed up by the Establishment Press.

Mrs. Hunt got on Flight 553 with Michele Clark, CBS Network newswoman, going to do an exclusive story on Watergate. Mrs. Hunt, Mitchell, Nixon—the story could have destroyed Nixon at the time. Ms. Clark had lots of insight into the bugging and cover-up through her boyfriend, a CIA operative.

In the summer of 1972, prior to any major



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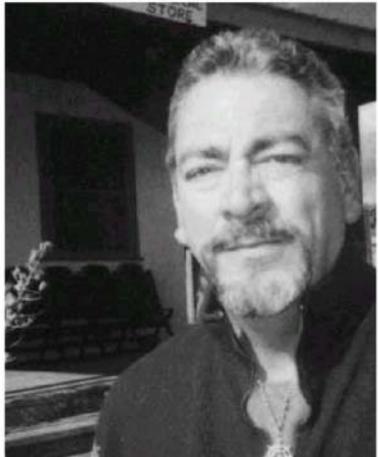
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revelations of Watergate, Ms. Clark tried to pick the brains of Chicago Congressman George Collins, regarding the bugging of the Democratic headquarters. Ms. Clark was sitting with Congressman Collins on the plane. (Testimony 6/14/73 of Congressman Collins’ public relations director.)

After the crash, Michele Clark’s employer, CBS Network News, ordered and demanded that the body be cremated by the southside Chicago mortician handling the matter—possibly to cover up foul play. Later, the mortician was murdered in his business establishment, an unsolved crime. (We interviewed close confidants of her family, who informed us of the details about how CBS applied tremendous pressure and offered large sums for silence on the crash details and having her body cremated contrary to her family’s wishes.)

Also on the plane were four or more people who knew about a labor union that had given a large “donation” to CREEP to head-off a criminal indictment of a Chicago labor union hoodlum (at the time of my book, 1973, actively investigated by us).

For many years, like clockwork, one Chicagoan went to Washington, D.C. on Monday and came back Friday afternoon on Flight 553 or its equivalent—Lawrence T. O’Connor, Apt. 5-C,

999 North Lake Shore Drive, Chicago, Illinois. On Friday, December 8, 1972, he received a call from someone he knows in the White House telling him not to take Flight 553 but to go instead to a special meeting.

My long-time friend, political activist Dick Gregory, informed me that there had been strenuous efforts to steer him that same afternoon onto United Air Lines Flight 553. Luckily, he had changed his mind.

Also getting on Flight 553 was a reputed "hit-man", pursuing Mrs. Hunt and others, and going under the "cover" of being a top narcotics official with DALE (Drug Abuse Law Enforcement). He used the name Harold R. Metcalf. He is an unusual "narc"; he worked directly for Nixon.

Metcalf told the pilot he was packing a gun, and so Metcalf was assigned seat B-17, near the stewardesses' jump seats and also near the food galley and the rear door of the plane. After the crash, he walked out of the cracked open fuselage of the pancaked plane wearing a jumpsuit.

A former Military Intelligence investigator, who used his credentials to get into the crash site, identified the person posing as "Harold Metcalf" as an overseas CIA parachute spy (investigator's testimony at re-opened N.T.S.B. hearings, 6/14/73). Also see Metcalf's statement about being a "narc" and his gun on the plane (N.T.S.B. Docket SA-435, Exhibit 6-B, p.17, surviving passenger statements).

Metcalf evidently supervised certain foul play, possibly cyanide, directed at certain passengers, but he didn't know of the overall sabotage plan. One of our staff investigators confronted Metcalf about a week after the crash:

(a) Metcalf, supposedly a government narcotics bigshot, knows nothings about dope.

(b) In response to our question "Did you know the plane was sabotaged?" he blurted out half a sentence: "It was not supposed to...." Turning purple, he then left the room.

Evidently, he was a double cut-out, an espionage term for an operative to be himself eliminated by someone else. His survival was an oversight (N.T.S.B. testimony, 6/13-14/73).

More details from the suppressed book in further parts of this story. Stay tuned.

\* \* \*

### The Secret History Of Airplane Sabotage: Part Two

(8/9/01)

We called it the Watergate Plane Crash. As our private investigation continued, the National Transportation Safety Board (NTSB) set public hearings for February, 1973. Conducted in a large meeting hall in one of the very large motels near O'Hare Airport, Chicago, they started with the witness list. After some of the witnesses testified, we were able to interview some of them in the hallway.

One witness was a former four-motor military bomber pilot with loads of aircraft and air-tower experience. Retired from the military, he worked for a firm that supplied materials for the paving of parking lots. By a strange coincidence (or on purpose?) someone at his firm told him to measure the parking lot starting at 2 p.m., Friday afternoon, December 8, 1972, which turned out to be right under the in-coming flight path of United Air Lines Flight 553. He observed some things which fit in with our probe that it was sabotage.

With his help and that of others, including witnesses, we compiled a list of details showing what the NTSB panel were carefully evading from going into. I went home and began quickly putting together a lawsuit against the Safety Board for covering up airplane sabotage.

We filed the lawsuit in Cook County Circuit Court and arranged with the County Sheriff to have one of his deputies accompany us as we together went to the NTSB hearings in session. I had prepared over a hundred copies of the lawsuit, all suitably stamped with the Clerk's Office markings, just like the original filed copy. The deputy sheriff had a copy of the lawsuit, together with a summons commanding the NTSB officials to appear in court.

As we arrived, the Safety Board panel was already proceeding with testimony. "How do you want me to do this?" the deputy sheriff whispered to me.

I instructed him: "Go right up to the stage on which the Safety Board panel of five is sitting. Do not wait for a recess. Serve the papers, as provided by law, on the woman in the middle, the Chairperson."

That is what he did. As he approached her with the court papers, she asked him: "What is this?"

He politely answered: "It is for you, ma'am." The minute the Safety panel boss looked at the court papers, she was

alarmed. She abruptly recessed the hearing.

Most of those in the large meeting room spilled out into the hallway. There we handed out copies of the lawsuit to whosoever seemed interested. The Safety Board's general counsel came up to me: "I have to have a private talk with you, away from this crowd, Mr. Skolnick."

We went down the hall to be alone. "How much do you want?" he barked at me. "If it is within reason, we'll take care of it today. It'll be cheaper than litigating this. You have to sign an agreement not to further divulge any of this."

I must have had an angry look on my face when I responded: "Hey, where did you get the idea that my charges of sabotage are a shake-down?" And I began hollaring: "Listen, you mouthpiece, your job is to show up in court to answer our charges. I AM NOT FOR SALE. Go back to the panel and tell them. SKOLNICK IS NOT FOR SALE! You're not going to buy me like some crooked judge."

Thereafter another lawyer sat down and talked to me in the motel restaurant: "Mr. Skolnick, I represent the families of those who died in that crash. We have pending claims against United Air Lines. Your assertions of air sabotage tend to let United Air Lines off the hook. Please, for the sake of these families, drop your lawsuit. You are undermining our multi-million-dollar claims, and that is not fair."

I responded: "Are you saying I should also be part of this cover up? Our motto is 'Let the truth be told, though the Heavens crumble.' Do you realize that United Air Lines is part of covering up the sabotage of one of their own planes? One of Nixon's closest pals is the head of United Air Lines. The cover up included Mrs. E. Howard Hunt's documents showing Nixon was part of an FBI/CIA plot to assassinate President John F. Kennedy. You want me to shut up about all that? No way. I am sorry."

The lawyer took a narrow view as if he did not understand any of that. As if he were suddenly stupid. "I do not want to know anything about all that. I simply want to push our claims against United Air Lines. Can we somehow make it up to you?" he said. Miffed, I replied: "Hey, hey, don't start offering me a piece of your deal in return for my silence."

In Chicago my discussions about air sabotage and the Watergate Plane Crash caused some student groups to invite me to speak at their college or university. As a result, persons showed up at such meetings who later spoke to me privately.

"Here. Look at my credentials. I drive an ambulance for one of the hospitals. On the afternoon of the crash, I was sent to the crash zone. Hey, but get this. They did not allow me to approach the burning airplane. I was on a mission of mercy and these strange types stopped me. There were about 150 to 200 of them. They refused to show me their credentials."

That is what one eyewitness told me. He continued: "Friends of mine in the fire and police

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departments told me they also were not allowed to approach the airplane. These apparent federal types were there on location ahead of both the fire and police.”

After the crash, we made public statements that 200 FBI and Defense Intelligence Agency (DIA) operatives, refusing to show their credentials, had taken over the crash zone, coincident with the crash or even shortly BEFORE. We were called “liars”.

Then, on June 13, 1973, Chairman John Reed, of the National Transportation Safety Board, told the House Government Activities Subcommittee that he sent a letter to the FBI, that:

(a) Never in living memory had the FBI acted as in the Flight 553 crash. Reed said 50 FBI agents came into the crash zone shortly after the crash.

(b) One FBI agent proceeded into Midway Control Tower and took over the tape relating to Flight 553, without asking permission.

(c) Before the NTSB investigation could do so, the FBI conducted 26 interviews, including of surviving flight attendants. The FBI interviews were completed within 20 hours of the crash.

For 6 months, they claimed we were “liars” when we said 200 FBI and DIA agents were in the crash site, coincident with the crash. Thereafter, the FBI admitted that 50 were there.

How is that possible? The Chicago Fire and Police Department people responded in a couple of minutes. The FBI and DIA headquarters is downtown Chicago. Even if they immediately, after the crash, took a helicopter, they could not have arrived, as they somehow did, AHEAD OF THE FIRE AND POLICE.

We took up this angle with a member of Congress who quizzed the FBI about this. Back came a letter that the FBI had apparently been surveilling the plane and had jurisdiction because of what they termed federal statutes relating to “Air Piracy”. This was in a letter signed by the Acting Director of the FBI. (This was about a year after Director J. Edgar Hoover had been poison-murdered in his home, May, 1972, just as the Watergate matter was about to occur.)

The FBI has jurisdiction because of AIR PIRACY? Did someone on the plane radio the FBI that someone else on that plane was either trying to steal Mrs. Hunt’s two million dollars of “hush money”, in negotiables, she and her husband got from the Nixon White House? Was someone trying to steal her baggage, enroute to Chicago, containing documents proving Nixon was part of an FBI/CIA plot to assassinate President Kennedy?

Mrs. Hunt, worried about her valuables, bought a separate first class seat right near her on which she piled her luggage. So AIR PIRACY was one way the FBI had of trying to explain away why upwards of 150 of their agents were already waiting at or near Midway Airport that afternoon, for the in-coming flight with the Watergate 12.

From various sources we found out that the

FBI and the DIA were under Nixon White House “national security” orders to arrest Mrs. Hunt and others on the plane for being part of a plot to blackmail Nixon. That is how and why the FBI/DIA was already there ahead of the local authorities.

A Chicago Fire Department official we interviewed told us: “Nobody explained to us how and why the FBI was able to keep us out of the crash site. The plane had pancaked on top of one or more residences and was smoldering.”

In an interview, a supervisory official of the Chicago Police Department informed us: “I was told to assemble my men in Marquette Park, which is several blocks away from where the plane crashed. We were forbidden by our brass from approaching the crash site. The higher ups said it was upon orders of the FBI and the DIA and the White House. Someone mumbled something to me about ‘national security’.”

Saturday, the day after the crash, parts of the airplane fuselage were quickly buried in a city dump. An official of the City Department told us: “The orders came from the top. Someone of authority did not want parts of Flight 553 to be examined at all. We came with heavy equipment, a special select crew pledged to silence, and buried deep parts of the plane in a city dump. I am in trouble if you ever use my name.”

A few months after the crash, at a United Air Lines company meeting, one of their stewardesses got up and began loudly complaining the company bosses were covering up sabotage in the Flight 553 crash near Midway Airport. She was quickly hooted down. Security people shoved her out of the meeting. Later, she was fired.

So the air sabotage cover-up pieces were, one by one, falling into place. On December 9, 1972, one day after the crash, Nixon White House aide Egil (Bud) Krogh, Jr., also involved in the Ellsberg burglary caper, was appointed Undersecretary of Transportation, supervising the National Transportation Safety Board and The Federal Aviation Administration (FAA), the two agencies supposedly going to “investigate” the crash of Flight 553.

On December 19, 1972, White House deputy assistant to Nixon, and secretary to the Cabinet, Alexander P. Butterfield, was appointed as the new head of the FAA. Butterfield, an air officer for 20 years, was also CIA aviation liaison. (See, for example, Jack Anderson’s column, *Chicago Daily News*, for 5/8/73.)

During the Senate Watergate Committee hearings, summer of 1973, Butterfield, as a witness, suddenly blurted out that Nixon had everything occurring in or near the Oval Office taped. These tapes, which Nixon originally refused to disclose, became the subject of a U.S. Supreme Court decision against Nixon, as well as part of the Nixon impeachment matters resulting in his resignation, August, 1974.

Dwight L. Chapin, Nixon’s appointment secretary, became, five weeks after the crash, a top executive of United Air Lines. Chapin reportedly had no prior business experience. At the original NTSB crash hearings in February, 1973, he reportedly threatened media people with reprisals if they mentioned sabotage—reprisals such as using Clay Whitehead, Nixon’s communications czar, to seek the break-up of the networks on anti-trust charges.

Remember: in the 1970s the Rockefellers were the largest stockholder of UAL, Inc., parent of United Air Lines. Further, in the 1970s, the Rockefellers owned all three major news networks—CBS, NBC, and ABC. To an extent, even now, the Rockefellers still have a heavy presence in the ownership of the major networks.

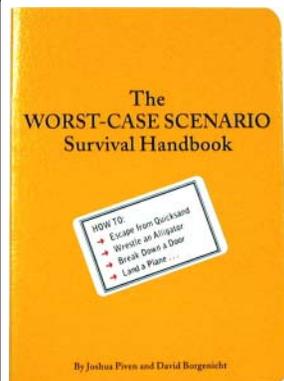
Even before the crash, Herbert W. Kalmbach, Nixon’s personal attorney, was the lawyer for United Air Lines and Marriot Corporation which, at the time, had an airplane in-flight food catering service.

So, if I was right about Flight 553 and United Air Lines, at the time the largest air carrier in the U.S., they could have lost their certificate to fly.

The Rockefellers orchestrated the media against our investigation. This was long before the era of the Internet, long before TV on the web through video streaming, long before more open-minded radio talk shows, and many years before public-access cable-TV used by some, like us, to get around the press whores. (Our one-hour weekly public-access cable-TV show, *Broadsides*, cablecast within Chicago, reaches some 400,000 viewers each week, on a public-access cable-TV system that is the largest in the U.S. Portions of our show, on video streaming, are on our website.)

The latest technology and changes like that, for the moment, help the underdogs tell the awful truth. Such as about a forbidden subject like “The Secret History of Airplane Sabotage”.

More parts of this coming. Stay tuned. 



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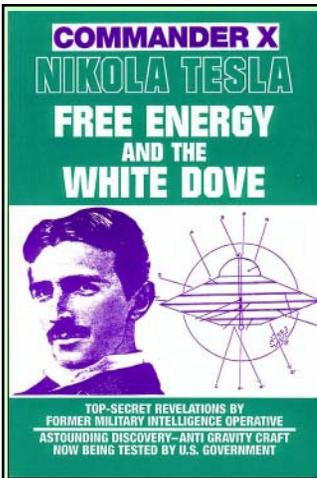
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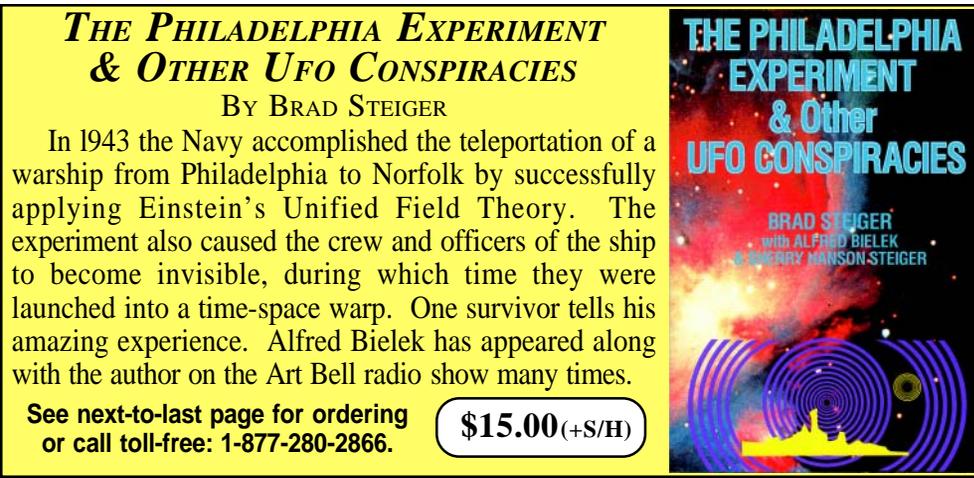
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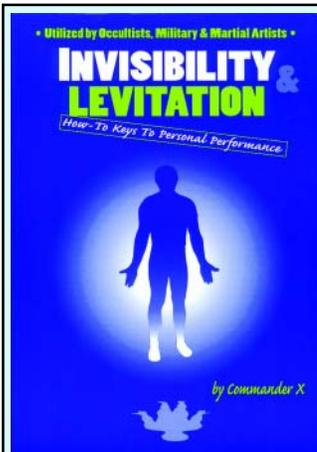


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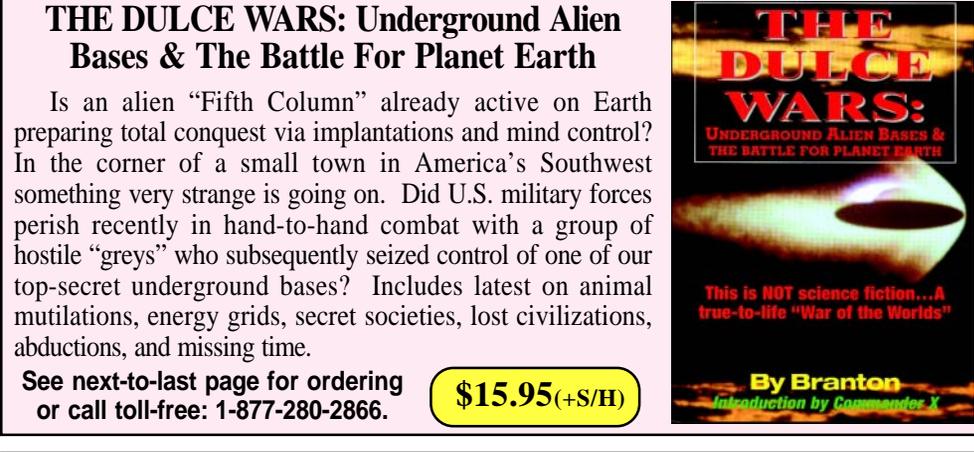


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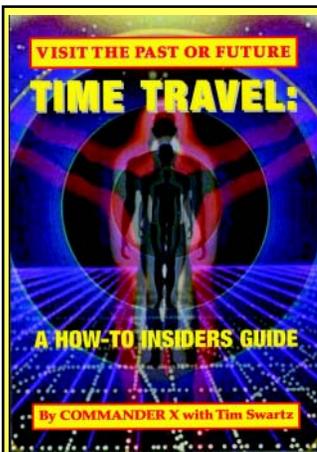
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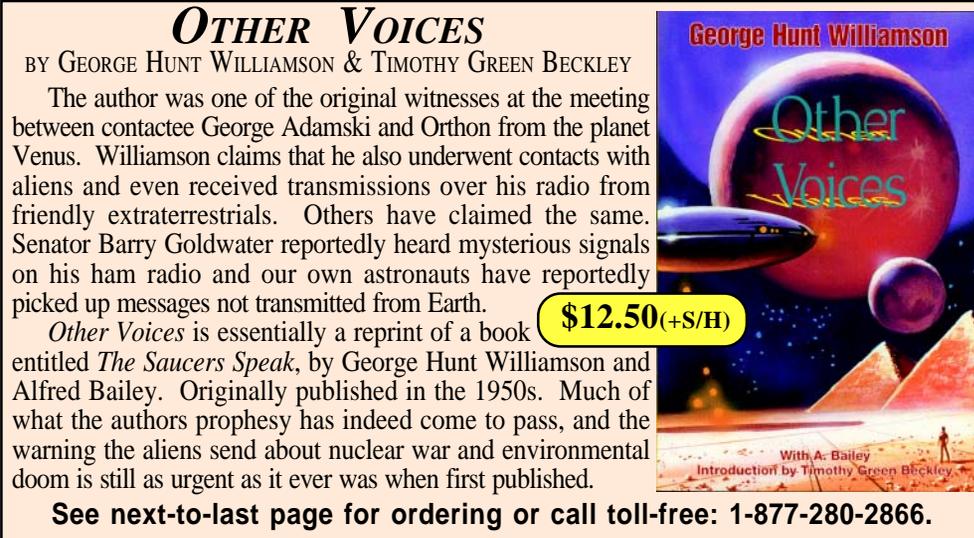


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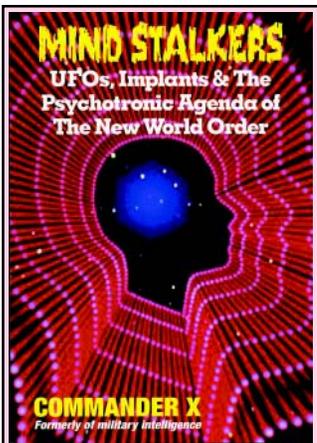
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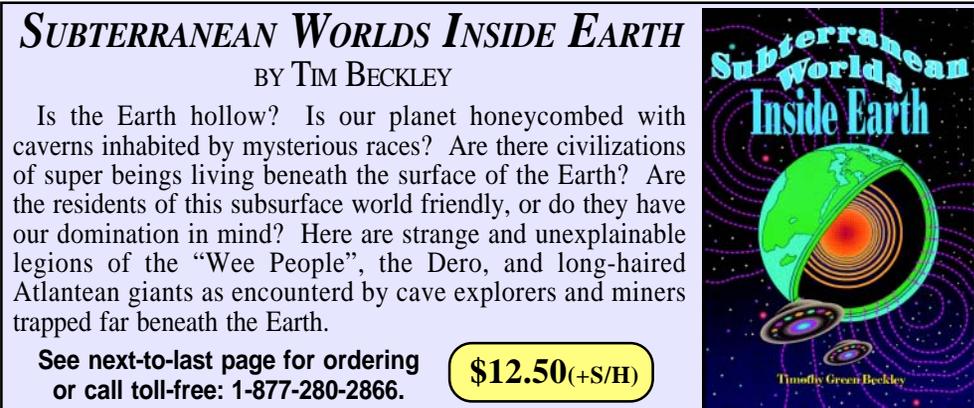
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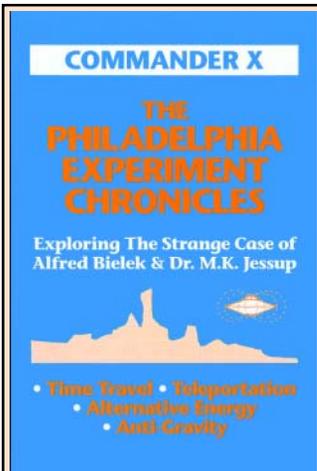


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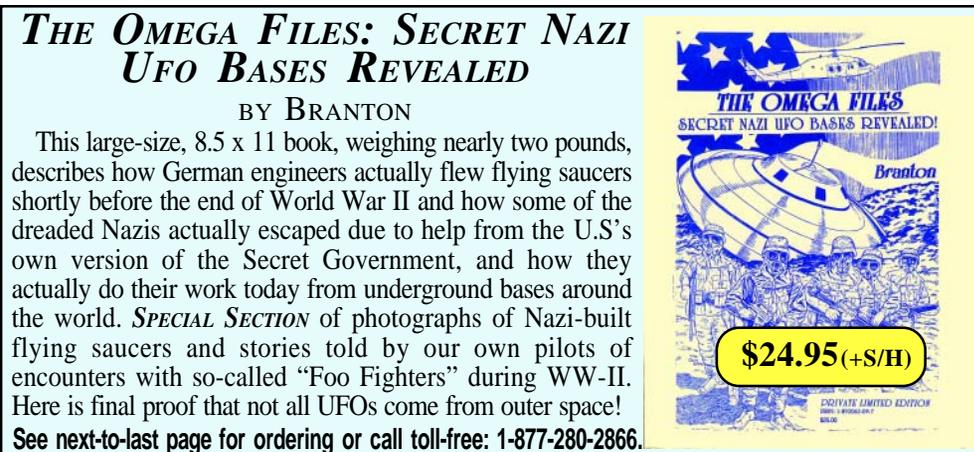


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